



CABINET FOR HEALTH
AND FAMILY SERVICES

Secretary John Hicks, OSBD
Secretary Steven Stack, CHFS
Interim Joint Committee on Appropriations & Revenue
November 5, 2025

Senior Meal Operations

Federal

- Older Americans Act

State

- Older Americans Act
- Expanded Senior Meal Program

Regional

- Area Development Districts
- 13/15 Contract to Subrecipients

Senior Meal Program

- Senior Citizen Center (Congregate)
 - Eligible to any Kentuckian age 60 or older and their spouse of any age
 - No asset requirements per Older Americans Act ([45 CFR Part 1321](#))
 - Select senior citizen centers utilize meal reservation system to minimize food waste and maximize funding
- Home Delivered Meal
 - Eligible to any homebound Kentuckian age 60 or older
 - Need assistance with activities of daily living and/or instrumental activities of daily living
 - No one in home able to prepare nutritious meals on a regular basis
 - Unable to drive to a senior citizen center

Older Americans Act

- 45 CFR 1321.81

(A) An individual must be age 60 or older at the time of service to be eligible to participate in services under the Act, unless the Act otherwise provides an explicit exception.

(1) Nutrition services:

(i) Services shall be available to spouses of any age of older individuals;

(ii) Services may be available to:

(A) A person with a disability who lives with an adult age 60 or older or who resides in a housing facility that is primarily occupied by older adults at which congregate meals are served; and

(B) A volunteer during meal hours.

Nutrition Program for Older Persons

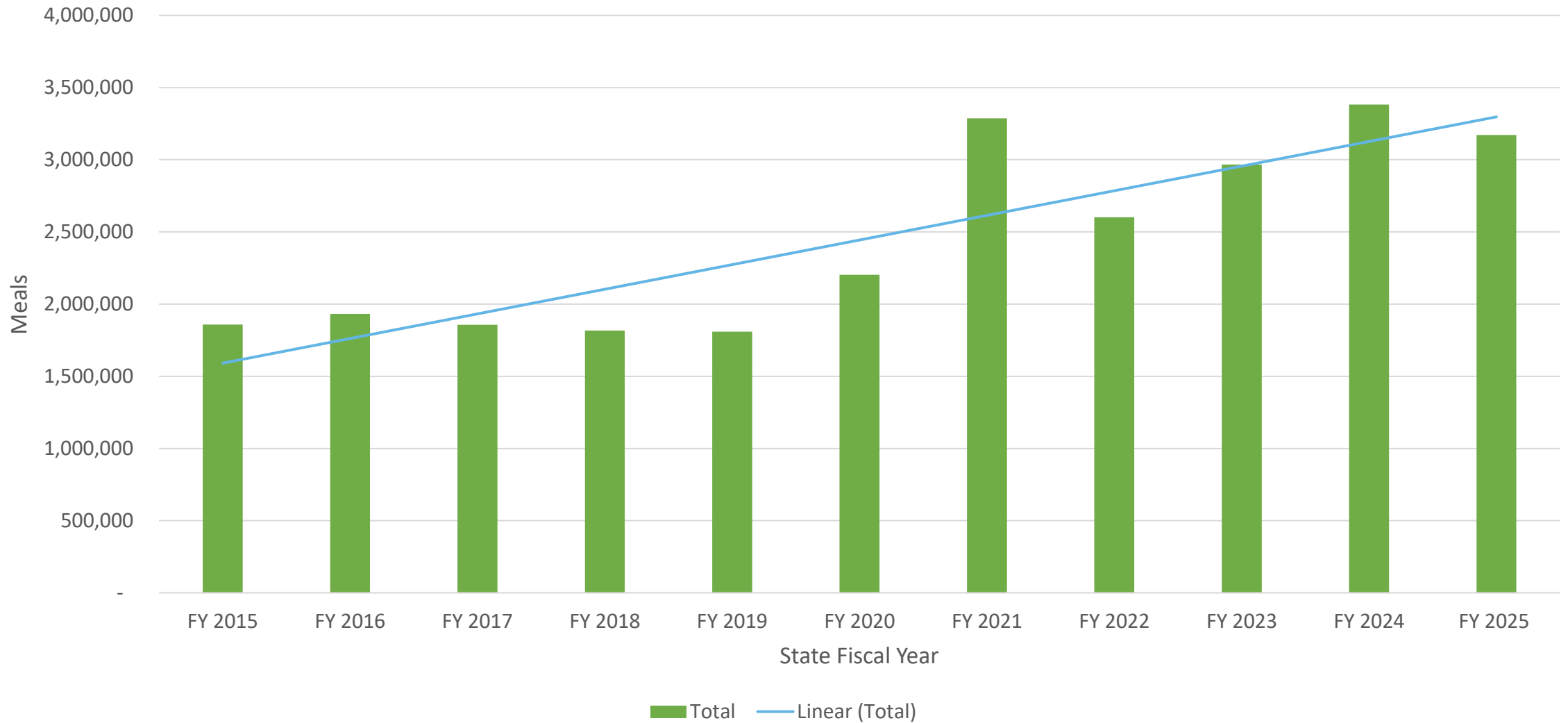
- 910 KAR 1:190 (2) Eligibility

(1) Except as provided in subsection (2) of this section, an individual shall be eligible for congregate meals and congregate nutrition services if the individual:

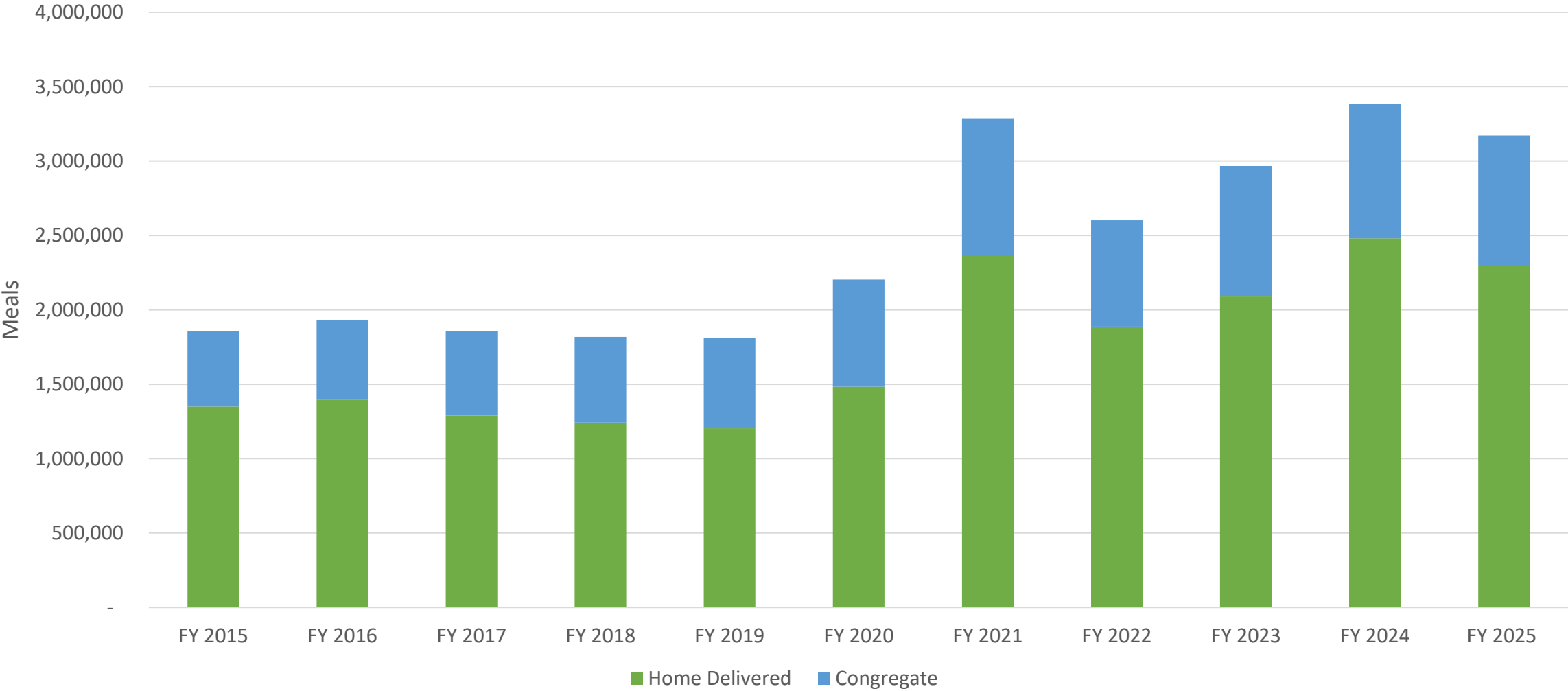
- (a) Is aged sixty (60) or older;
- (b) Is the spouse of an individual aged sixty (60) or older; or
- (c) Has a disability and resides at home with the eligible older individual.

Senior Meal Data

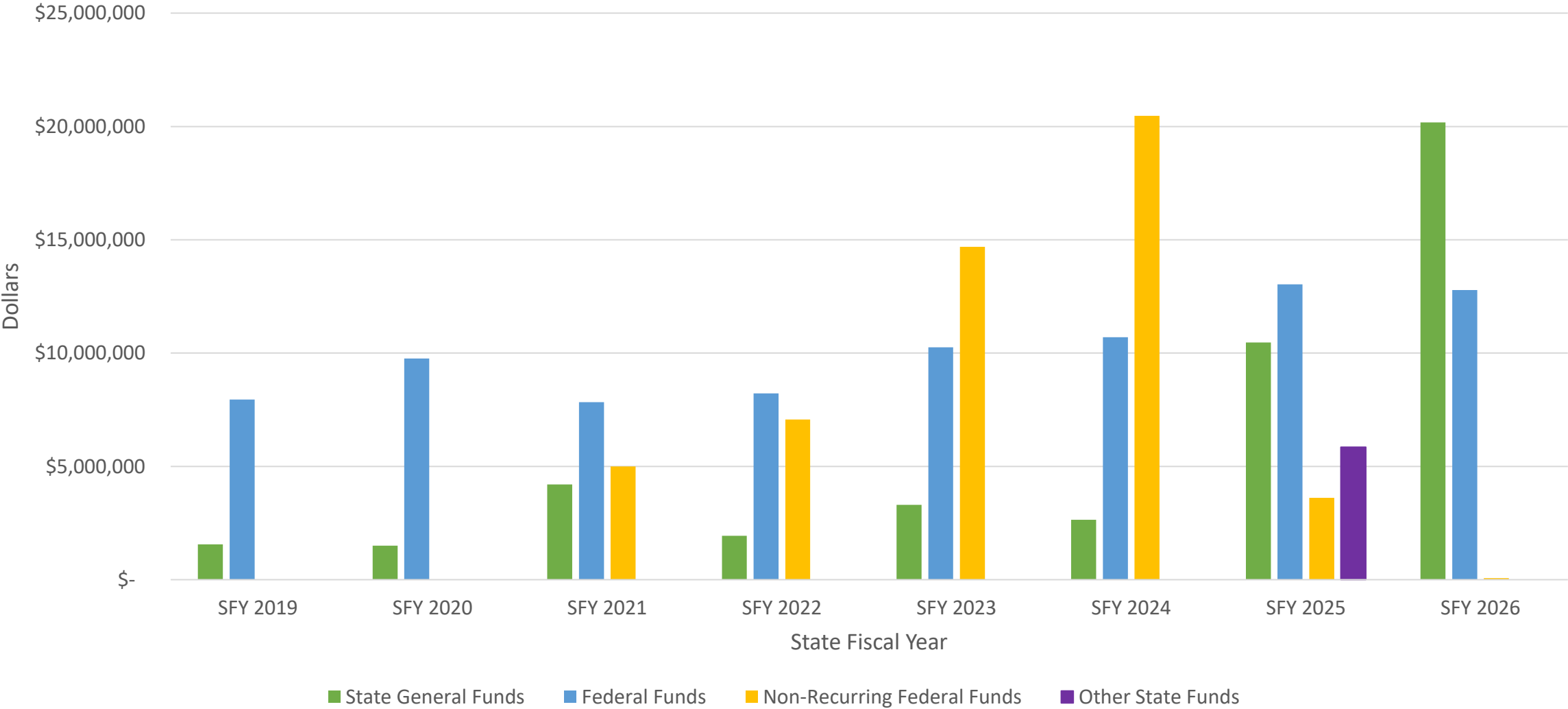
10 Year Senior Meals Provided Data



10 Year Senior Meals Provided Data



Senior Meal Funding Source





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Questions