

# Building a 21<sup>st</sup> Century DCBS: Building Capacity to Serve

Budget Review Subcommittee on Human Resources Department for Community Based Services (DCBS) Commissioner Marta Miranda-Straub Deputy Commissioner Lesa Dennis



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## **DCBS Overview**

- DCBS is responsible for delivering services to families to prevent the disruption of the family unit and reduce poverty and adult and child maltreatment throughout the state.
- The delivery of essential services for families and children are designed to protect individuals from abuse, neglect, and exploitation with safety, permanency, and self-sufficiency as the paramount goals.
- Over 4,300 full-time staff in central office and every county in Kentucky.



#### Children in the Custody of or Committed to the Cabinet

June 2015 – June 2021



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## Child Protective Services (CPS) Intakes - CY2020



\*Other Response Intakes are intakes that are received that meet acceptance criteria, but do not necessarily have allegations of abuse or neglect including but not limited to: community based, dependency, general, guardianship/interdisciplinary, juvenile, law enforcement assists.



## **Quality Services in Care**

- Focus on placement stability and best placement possible.
- Ensuring children in care achieve permanency timely.
- DCBS continues to focus on recruitment and retention of qualified staff to maintain manageable caseloads.
- Quality service to children and families is dependent on valued, experienced staff.





#### **Average Child Protective Services Caseloads**



The Council on Accreditation and other national child welfare experts recommend 15-18 cases per social worker.



## **DCBS Turnover**

• 2020 statewide and regional DCBS social worker turnover data:

OFFICE/REGION	WITH INTERNAL TRANSFERS	W/OUT INTERNAL TRANSFERS
DCBS (ALL)	12.93%	13.98%
EASTERN SERVICE RETION	10.38%	11.11%
JEFFERSON SERVICE REGION	20.08	20.86%
NORTHEASTERN SERVICE REGION	11.88%	12.77%
NORTERN BLUEGRASS SERVICE	13.72%	14.50%
REGION		
SALT RIVER TRAIL SERVICE REGION	17.23%	18.55%
SOUTHERN BLUEGRASS SERVICE	19.31%	20.44%
REGION		
THE CUMBERLAND SERVICE REGION	12.78%	14.47%
THE LAKES SERVICE REGION	15.94%	16.42%
TWO RIVERS SERVICE REGION	15.23%	15.97%

• Currently, 44% of DCBS caseload carrying social workers are a Social Services Worker I, meaning they have less than 1 year of professional experience.



## **Exit Reasons**

• 2019-2021 top reasons listed for separation from DCBS:

Better job outside of state government, retirement, insufficient pay, too many cases, lack of promotional opportunities, career change, family reasons/responsibilities.



Reasons for DCBS Separations, 2020



### Systemic Themes Oct. 2019 to Sept. 2020





## Building a 21<sup>st</sup> Century DCBS The Challenge

- Continuous exposure to multiple traumatic events
- High risk positions similar to EMS and police
- Toxic stress, burn out, vicarious trauma, and compassion fatigue
- Secondary Post Traumatic Stress Disorder
- Quality of services is diminished
- Work capacity/retention/turnover
- Trauma triggers the desire to leave the work



## Implementing a Safety Model

A safety model is a practice used in child welfare that assists workers and supervisors with making decisions regarding safety and risk throughout multiple points in the case.

#### Safety model tools are a prompt for practice

- Tools do not make decisions
  - People make decisions



+ 💸 Tools help people make better decisions



### **Alternative Response**

In alternative response, there is more than one way to respond to a family who experiences an accepted, or screened-in CPS report.

- Traditional investigation: focused on the alleged incident, resulting in a formal determination (substantiated or unsubstantiated) of whether maltreatment occurred.
- 2. Alternative response: non-incident based, holistic assessment of family strengths and needs without a formal determination of whether maltreatment occurred.







Designed within a culture of safety through the infusion of primary and secondary prevention initiatives

Phase I: Stabilization (6 months)

Phase II: Innovation (18 months)

Phase III: Thriving (3 year plan)



## Building a 21<sup>st</sup> Century DCBS The Five Pillars

- Equity: Social and Economic: Racial Disparities & Poverty: Economic Support
- Trauma/Resilience and Engaged Healing: Clients and Staff
- Families/Children/Youth
- Health and Wellness: Behavioral Health, Mental Health, and the Opioid Crisis
- Operations/Implementation and Evaluation: Systemic and Structural Changes



## Building a 21<sup>st</sup> Century DCBS The Vision

- Robust virtual and in person workforce
- Reduce brick and mortar
- Open concepts
- Flexibility work life balance
- Review, revise, and modernize all the features and physical conditions in which DCBS work is performed
- A living example of who we are as an agency and what and who we value





## **DCBS Budget Request**

- SFY 2022, CHFS requested and Governor recommended \$7M for additional social worker positions and to provide increased staff development and training.
- \$6M for 76 additional social workers and \$1M to provide greater supports and assist with training and retention.
- Finalizing plan for \$20M child welfare prevention appropriation.
- SFY 2023 budget requests under development.



#### **Questions?**



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