

Kentucky Association of Adult Day Centers

Budget Review Subcommittee on Human Resources

September 8, 2021

11:00 AM

Capitol Annex Room 129



Purpose of 1915(c) Waiver Services

- HCBS Waivers provide a community-based alternative to institutionalization.
- Uses a combination of natural supports and services to allow individuals to live safely in the community.
- HCBS Waivers are the most cost-effective alternative to LTC.



Kentucky's1915(c) HCBS Waivers





Home and Community Based (HCB) Waiver

The Home and Community Based (HCB) waiver is part of Kentucky's 1915(c) HCBS Medicaid waiver program. HCB provides assistance to the elderly or to adults with physical disabilities to help them live in the community as independently as possible.



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ALL PATIENTS ENROLLED IN THE HCB WAIVER MEET NURSING HOME LEVEL OF CARE AND HAVE BEEN CERTIFIED BY THEIR PHYSICIAN THAT IF HCB SERVICES WERE NOT AVAILABLE, THEY WOULD BE ADMITTED TO A NURSING FACILITY.



Adult Day Health Care Services

- There are 118 Adult Day Health Care Centers (ADHC's) throughout the Commonwealth.
- Adult Day Health Care is the safety net service for the frail, elderly, and disabled individuals in Kentucky.
- Adult Day Health Care is an "all inclusive" model of service.
- There are no à la carte services or unbundling of services. We address <u>all needs</u> within our scope of practice.
- Patients must meet nursing facility level of care before they can attend Adult Day Health Care facilities. In addition, ADHC is the only Waiver service where skilled nursing services are required in order to qualify.



Adult Day Health Care Services

- Skilled Nursing Services
- In-Home Attendant Care
- Medication Management
- Chronic Disease Care
- Wound Care
- IV Medication/Injections
- Tracheotomy Care
- Urinary Catheter Care
- PT/OT/SP Therapy
- Nutritious Meals
- Case Management Services
- Day Supervision
- Socialization/Activities
- Respite Services
- Transportation



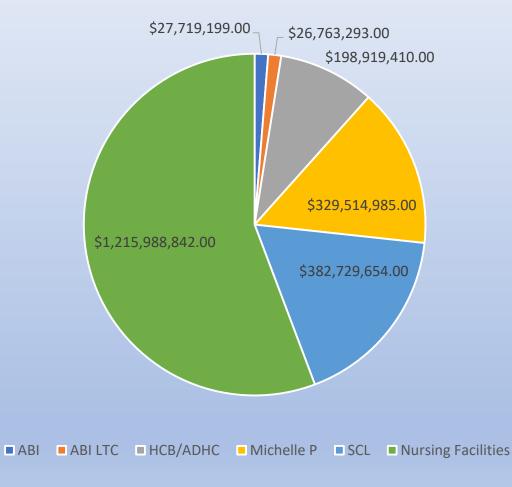
2020-2021 1915(c) HCBS Waiver Expenditures

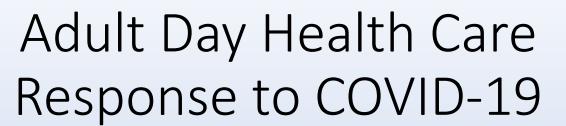
Waiver	Population Served	Total Paid Claims	Cost Per Participant
ABI	204	\$27,719,199	\$135,878.43
ABI LTC	303	\$26,763,293	\$88,327.70
HCB/ADHC	<mark>9,713</mark>	\$198,919,410	\$20,479.71
Michelle P	9,534	\$329,514,985	\$34,562.09
SCL	4,214	\$382,729,654	\$90,823.36
Long Term Care	27,744	\$1,215,998,842	\$43,829.25

^{*}Open Records Request July 27, 2021



2020-2021 Long Term Care and Waiver Expenditures







- This year Adult Day Health Care (ADHC) acted as the safety net for 9,713 frail, elderly, and disabled individuals in the Commonwealth.
- During this pandemic we continue to provide non-emergency medical trips for patients to their doctor's offices and vaccinations sites.
- Some ADHC acted as vaccinations sites for patients that were unable to arrange for a trip to an alternative vaccination site.
- ADHC's provided one-on-one, in-home skilled nursing services at \$11.32 per hour during the early stages of the pandemic, and some ADHC's continue this practice to date.
- Since March 2020 ADHC facilities have delivered 776,410 meals to Medicaid Recipients. *
- ADHC's continue to provide unreimbursed PPE to all staff and participants. KAAD is appreciative of the one-time Covid-19 Relief Fund retainer fees provided by the Commonwealth. The retainer fee equated to 2.3% of the total operating budget for ADHC's.



COVID-19 Impact On Adult Day Health Care



2021 ADHC Survey

- ADHC centers that have permanently closed, or will close, this year: 4
- ADHC centers that are temporarily closed but reported uncertainty about their ability to reopen: 8
- 60% of respondents state that they are experiencing a 50% to 75% decrease in ADHC daily attendance compared to pre-COVID numbers. 30% of respondents reported a 25% to 49% decrease.
- ADHC's reported that the current distancing requirements and a patient's inability to mask safely as the primary reason for the drop in attendance.
- 100% of respondents reported difficulties in hiring and retaining staff.

^{*}Phone survey conducted August 9^{th} to 20^{th} , 2021 by KAAD



Recommendations

- 1. Direct the one-time American Rescue Plan Act funds to assist Adult Day Health Care providers to recruit and retain employees. *
- 2. Utilize one-time American Rescue Plan Act funds to assist Adult Day Health Care providers to recover from COVID-19 related losses. *
- 3. Increase reimbursement rate for Adult Day Health Care to insure the viability of the service. The last ADHC increase was in 2016. KAAD is asking for a 10% rate increase in the 2022 budget to cover cost of living increases and assistance in recruitment and retention of ADHC employees.
- 4. Implement continued funding strategies that insure the viability of Adult Day Health Care providers in the next budget.



On behalf of the Kentucky Association of Adult Day Centers, we thank the Committee for the opportunity to testify.

Questions?