



Lady Veterans Connect 2023 Impact Report

Hope, Homes, and Healing for Women Veterans in KY
and Surrounding states.

Problem

WOME VETERAN SUICIDE AND HOUSING INSECURITY RATE IS VERY HIGH

- Estimates from 16 (VA) to 44 (Operation Deep Dive) PER DAY Avg
- Veteran Women are twice as likely to die by suicide. (NIH)
- PTSD and Substance Addiction are two major factors in the cause.
- Houseless women veteran population is projected to exceed 30,000 by 2025



Solution

- **COMMUNITY**
- **SUPPORT NETWORK**
- **FINANCIAL STABILITY**
- **MENTAL HEALTHCARE**
- **REHABILITATION**
- **FINANCIAL ASSISTANCE**

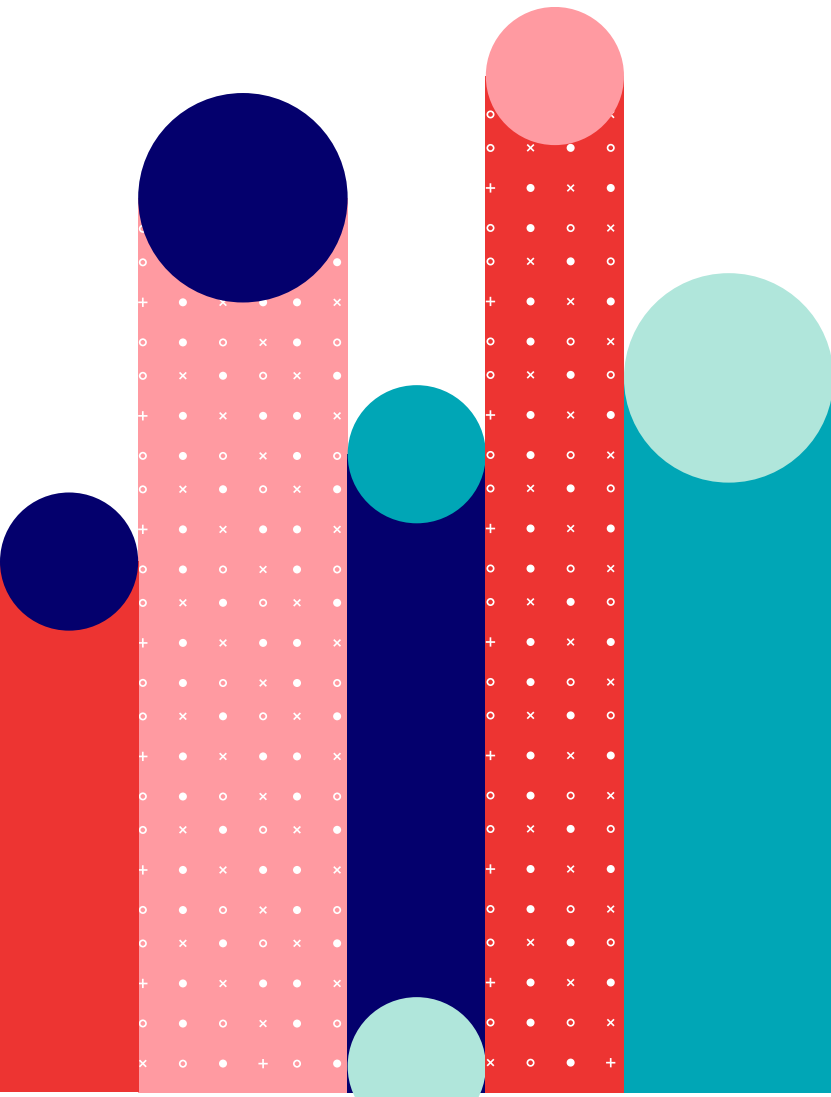




Multipronged Approach

- Conferences*
- Resource Fairs*
- Job Fairs*
- Writing Retreats*
- Resilience Training*
- Community Outreach*
- Art Therapy*
- Equine Facilitated Therapy*
- Volunteer Opportunities*
- Housing Program*
- Social Events*
- 5k Runs/Walks*
- Yoga, fitness classes*
- Concerts*

Community Partnerships



Bath County Middle School
Military Missions

Connie Griffith Home
Ballard Place

Cambridge Nursing Home

St. Elizabeth Catholic Church

Perry County Flood Victims

Clark County Constable

Team Rubicon

JECVO

Hilton Downtown Lexington

Generation Center

Olive Branch Wellness

Sound Healing Center of
Lexington

and many more....



Supporting our
Community

Lady Veterans Connect Gives 2023

- 350 Boxes, cases, backpacks, and bags of goods given to the community.
 - Approx \$10,000 put back into the community in the form of Household items, food, clothing, rental assistance, personal hygiene, and Christmas gifts for families.
- Grocery cards for 15 National Guard Members
- Provided housing for 20 Team Rubicon volunteers for Fayette county storm cleanup efforts.

Lady Veterans Connect Gives 2023 - Events

- Hosted a JECVO meeting and a resource fair in June.
- Co-hosted Veterans Day of Valor in Owingsville in September.
- Two writing retreats (20 veterans).
- EmpowHer retreat (3-days) (12 veterans).
- Three Coffee Musters in Lexington and 5 in Winchester
- Hosted first Women Veterans Appreciation Day at the capitol in recognition of the 75th anniversary of the signing into law the Women's Armed Service Integration Act (~100 women veterans attended).

Lady Veterans Connect Gives 2023 - Events

- Hope and Healing Conference in Lexington regarding suicide awareness and prevention (50+ people in attendance including providers). (Video will be shared in other venues
- as well)
- Hosted 3rd Annual Gala (Red, White, Bluegrass) 76 women veterans in attendance as well as family members and supporters.

About Us



All Volunteer Staff

Established in 2012 by Phyllis Abbott

Looking ahead - Mission Focus



Mental pain is less dramatic than physical pain, but it is more common and also more hard to bear.

C.S. Lewis

**CARRYING
A GREAT
WEIGHT**

Organizations We Work With

SPREADING AWARENESS

NABVETS

Active Heroes

American Legion

VFW

KDVA

KY Historical Society

and many more...





Talk to Us

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