



CABINET FOR HEALTH
AND FAMILY SERVICES

Medicaid Behavioral Health and Substance Abuse Treatment

Prepared for the Budget Review Subcommittee on Health and Family Services

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Kentucky Medicaid at a Glance

Approximately 1.4 million members

Over 600,000 children – more than half of the children in Kentucky

485,000 expansion members

Over 69,000 enrolled providers

\$18.5 billion in total SFY 2024 expenditures (Administrative and Benefits combined)

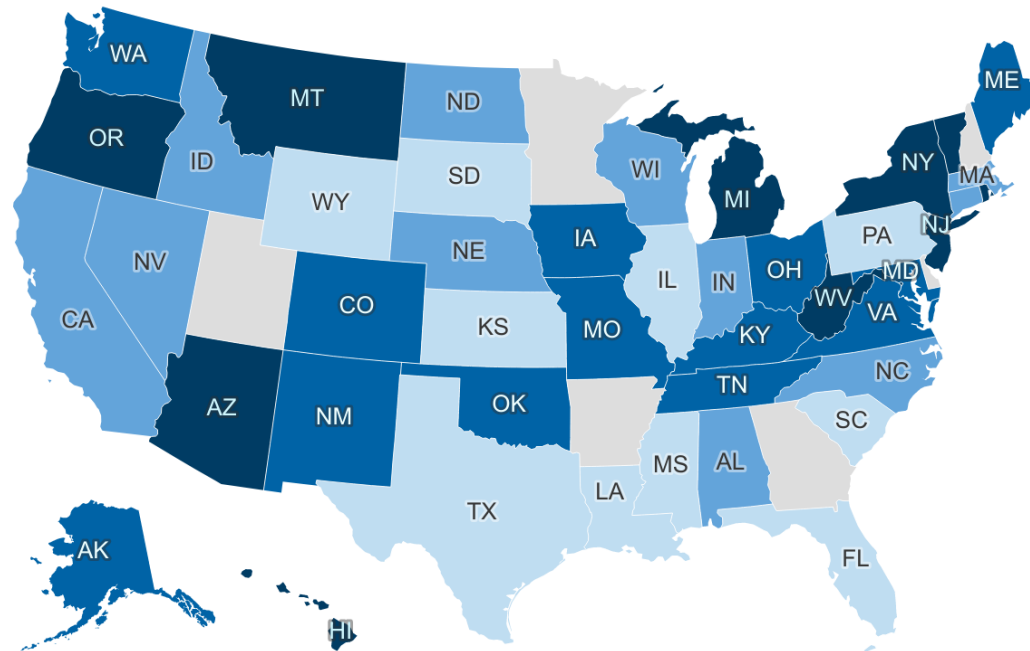
Figure 1

State Coverage of Behavioral Health (BH) Services in FFS Medicaid, as of July 1, 2022

Of the **55 services** queried, the median covered over all states was **44 services**

Of 55 BH services queried, # of states that cover:

■ < 41 (10 states) ■ 41–43 (11 states) ■ 44–47 (13 states) ■ ≥ 48 (11 states, including DC)



NOTE: Findings are from KFF's Behavioral Health Survey of state Medicaid programs, fielded as a supplement to the 22nd annual budget survey of Medicaid officials conducted by KFF and Health Management Associates (HMA). 6 states did not respond to the Benefits survey section: AR, DE, GA, MN, NH, and UT. These findings are limited to fee-for-service (FFS) Medicaid. For more information, see this brief.

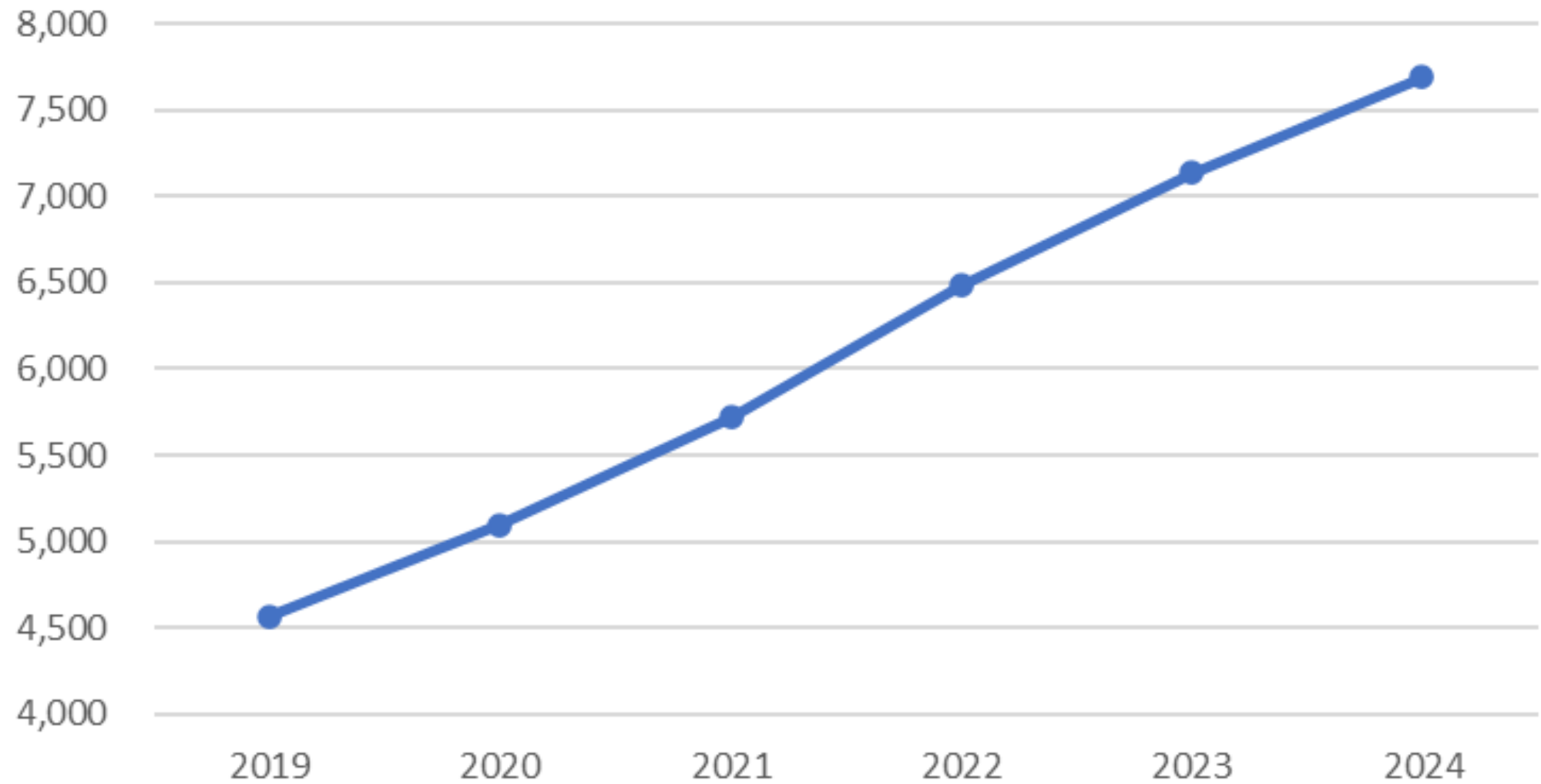
SOURCE: Medicaid Behavioral Health Services database



Medicaid Behavioral Health Services (not an inclusive list)

- Screening
- Assessment
- Psychological Testing
- Crisis Intervention
- Residential Crisis Stabilization
- Day Treatment
- Peer Support
- Intensive Outpatient Program
- Individual Outpatient Therapy
- Individual Outpatient Therapy
- Group Outpatient Services
- Family Outpatient Therapy
- Collateral Outpatient Therapy
- Partial Hospitalization
- Residential Services for Substance Use Disorders
- Assertive Community Treatment
- Comprehensive Community Support Services (mental health only)
- Therapeutic Rehabilitation Program (mental health only)

Total Behavioral Health Provider Enrollment



Medicaid Behavioral Health Provider Enrollment

Provider Type	2019	2020	2021	2022	2023	2024
Psychiatric hospital	13	13	13	14	14	14
Behavioral Health Service Organization (BHSO)	162	174	169	182	199	211
PRTF Level 1	24	24	23	21	22	20
PRTF Level 2	1	1	1	1	2	2
Chemical Dependency Treatment Facility	1	1	3	3	3	3
Certified Community Behavioral Health Center				4	4	4
Residential Crisis Stabilization	3	3	5	5	6	7
Community Mental Health Center	14	14	14	13	13	13
Licensed Professional Art Therapist	28	32	37	45	51	57
Licensed Behavioral Analyst	188	248	335	415	486	562
Behavioral Analyst Group	19	23	32	28	49	57
Behavioral Health Multi-Specialty Group	355	443	539	631	759	845
Licensed Alcohol and Drug Counselor	141	155	188	232	258	294
LCADC Group	4	6	6	7	9	11
Licensed Professional Clinical Counselor	1308	1433	1588	1814	1990	2141
LPCC Group	70	84	107	127	151	165
Licensed Clinical Social Worker	1430	1589	1721	1917	2057	2179
LCSW Group	98	115	144	162	185	200
Licensed Marriage and Family	233	228	252	275	282	299
LMFT Group	8	11	12	13	15	18
Licensed Psychological Practitioner	75	78	80	85	88	85
LPP Group	3	4	5	6	6	5
Psychologist	475	511	528	578	593	621
Psychologist Group	55	59	61	65	71	71
Psychiatric Distinct Part Unit	21	23	24	23	24	21
TOTAL	4729	5272	5887	6666	7337	7905

Identifying Behavioral Health Claims in Medicaid Data

Medicaid Claims and Encounters Data

- State fiscal year 2023 and 2024
- Pulled claims based on the behavioral health fee schedule and behavioral health diagnosis codes, includes substance use disorder
- Utilized paid date of service

Categorized behavioral health claims into categories:

- Fee-for-Service
- Managed Care
- Adults
- Children aged 18 and under



Medicaid Members Utilizing Services

MCO	Primary Diagnosis Match only		Primary OR Secondary Diagnosis Match	
	Total Members with BH Services	Members that received SUD Services	Total Members with BH Services	Members that received SUD Services
SFY 2023	421,483	118,618	466,991	133,264
SFY 2024	426,717	121,864	470,738	133,010

FFS	Primary Diagnosis Match only		Primary OR Secondary Diagnosis Match	
	Total Members with BH Services	Members that received SUD Services	Total Members with BH Services	Members that received SUD Services
SFY 2023	32,899	3,781	37,870	5,123
SFY 2024	38,730	4,133	44,432	5,543

MCO Top Procedure Codes 2023

Code	Description
90791	PSYCHIATRIC DIAGNOSTIC EVALUATION
90832	PSYCHOTHERAPY
90834	PSYCHOTHERAPY
90837	PSYCHOTHERAPY
90853	GROUP PSYCHOTHERAPY
90887	COLLATERAL THERAPY
96110	DEVELOPMENTAL SCREENING
96112	DEVELOPMENTAL TEST ADMINISTRATION
96127	BRIEF EMOTIONAL/BEHAVIORAL ASSESSMENT
97153	ADAPTIVE BEHAVIOR TREATMENT BY PROTOCOL
99203	OFFICE OR OTHER OUTPATIENT VISIT FOR THE EVALUATION AND MANAGEMENT OF A NEW PATIENT
99204	OFFICE OR OTHER OUTPATIENT VISIT OF A NEW PATIENT
99213	OFFICE OR OTHER OUTPATIENT VISIT OF AN ESTABLISHED PATIENT
99214	OFFICE OR OTHER OUTPATIENT VISIT OF AN ESTABLISHED PATIENT
H0011	Behavioral Health, Residential Treatment Program
H0015	ALCOHOL AND/OR DRUG SERVICES, INTENSIVE OUTPATIENT PROGRAM
H0020	METHADONE MAT BUNDLE
H0032	MENTAL HEALTH SERVICE PLAN DEVELOPMENT BY NON-PHYSICIAN
H0038	SELF-HELP/PEER SERVICES
H2015	COMPREHENSIVE COMMUNITY SUPPORT SERVICES
H2020	THERAPEUTIC BEHAVIORAL HEALTH SERVICES
H2027	PSYCHOEDUCATIONAL SERVICE
H2034	Behavioral Health, Residential Treatment Program
T2023	TARGETED CASE MANGEMENT

Aged 18 and Under			Over 18 Years		
Procedure	Claims	Amount Paid	Procedure	Claims	Amount Paid
99213	1,569,276	\$72,698,057.03	99213	2,983,415	\$141,363,353.78
90837	514,437	\$54,551,373.37	99214	1,670,264	\$101,154,057.59
99214	483,416	\$32,462,174.44	H0038	705,941	\$80,111,776.35
90832	224,258	\$13,119,846.97	90837	699,776	\$76,560,420.30
90887	155,508	\$13,013,236.40	90832	345,995	\$20,459,945.35
90834	132,144	\$10,485,141.29	H0020	316,500	\$66,973,279.71
99203	118,473	\$9,200,731.98	H0011	293,285	\$245,874,395.98
T2023	101,782	\$40,612,034.25	H0015	257,366	\$64,218,606.42
H2015	79,599	\$7,814,161.47	99204	227,461	\$23,452,751.00
97153	75,937	\$29,949,289.46	90853	226,206	\$6,698,226.53
99204	62,671	\$6,794,546.77	99203	223,254	\$17,871,984.18
H0032	60,315	\$5,179,262.80	H2027	212,173	\$40,425,461.72
96110	51,897	\$1,719,153.44	T2023	184,167	\$89,597,904.95
90791	49,565	\$6,425,899.01	90834	133,237	\$11,070,780.85
96127	48,011	\$206,614.80	H2020	105,925	\$44,362,626.02

MCO Top Procedure Codes 2024

Code	Description
90791	PSYCHIATRIC DIAGNOSTIC EVALUATION
90832	PSYCHOTHERAPY
90834	PSYCHOTHERAPY
90837	PSYCHOTHERAPY
90853	GROUP PSYCHOTHERAPY
90887	COLLATERAL THERAPY
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Aged 18 and Under			Over 18 Years		
Procedure	Claims	Amount Paid	Procedure	Claims	Amount Paid
99213	1,579,466	\$71,985,191.65	99213	2,770,847	\$127,599,006.32
99214	563,013	\$37,230,725.26	99214	1,791,222	\$112,241,864.32
90837	535,760	\$55,636,292.16	H0038	918,178	\$67,241,405.91
90832	238,714	\$13,915,027.37	90837	706,295	\$75,834,308.91
90887	165,639	\$13,513,768.62	H2027	345,870	\$168,307,488.61
90834	145,617	\$11,541,243.40	H0020	326,767	\$71,643,739.49
99203	112,962	\$8,623,559.41	90832	318,858	\$17,541,179.67
T2023	108,636	\$44,201,906.02	H0015	312,059	\$72,705,633.13
H2015	101,278	\$11,735,544.23	H0011	277,842	\$224,825,335.62
97153	100,162	\$34,900,501.37	99204	234,908	\$24,151,603.35
99204	71,249	\$7,374,910.62	99203	208,594	\$16,644,230.24
H0032	66,150	\$5,531,381.66	H2015	207,446	\$28,781,700.99
96110	54,894	\$1,836,844.97	T2023	196,504	\$94,870,495.87
96127	53,715	\$242,695.00	90853	189,199	\$5,240,254.48
90791	50,653	\$6,532,887.37	H2034	163,801	\$91,366,460.51

Total Spend
on Behavioral
Health
Services by
MCO

	SFY 2023	SFY 2024
Total MCO Spend on BH	\$2,098,998,314.77	\$2,300,422,123.38
Spend By MCO		
Aetna	\$312,501,264.87	\$364,488,373.83
Anthem	\$242,991,284.38	\$270,788,535.79
Humana	\$297,095,804.64	\$326,022,999.77
Molina	\$509,004,420.70	\$535,803,866.50
WellCare	\$598,815,404.92	\$626,798,349.80
UHC	\$138,590,135.26	\$176,519,997.69

MCO Spend by Provider Type

Provider Type Code	Provider Type Desc	SFY 2023	SFY 2024
		Paid Amount	Paid Amount
03	Behavioral Health Service Organization (BHSO)	\$747,308,517.40	\$841,360,731.50
66	Behavioral Health Multi-Specialty Group	\$234,636,541.58	\$304,532,181.71
01	Hospital	\$280,211,091.40	\$290,334,733.80
65	Physician - Group	\$147,187,660.36	\$139,439,302.38
30	Community Mental Health Center	\$125,975,544.60	\$125,115,714.38
31	Primary Care Center/Federally Qualified Health Ctr	\$96,934,105.35	\$102,266,863.38
02	Psychiatric Hospital	\$73,471,331.86	\$76,263,898.48
35	Rural Health Clinic	\$63,950,506.20	\$74,355,169.78
78	Certified Nurse practitioner	\$63,970,755.11	\$65,669,347.57
16	Certified Community Behavioral Health Clinic	\$42,732,958.04	\$51,345,112.01
37	Independent Laboratory	\$49,599,851.94	\$39,121,478.55
82	Licensed Clinical Social Worker	\$37,251,215.92	\$37,425,289.80
06	Chemical Dependency Treatment Center	\$13,517,162.66	\$36,298,173.30
81	Licensed Professional Clinical Counselor	\$40,108,033.68	\$28,032,913.72
63	Licensed Behavioral Analyst	\$6,693,784.64	\$10,745,233.88
64	Physician Individual	\$11,768,816.08	\$9,518,784.54
67	Licensed Alcohol and Drug Counselors	\$3,810,924.55	\$8,733,697.84
95	Physician Assistant	\$8,405,175.35	\$8,639,263.96
89	Psychologist	\$6,459,782.40	\$6,739,815.34
92	Psychiatric Distinct Part Unit	\$7,204,445.84	\$6,436,102.93
45	EPSDT Special Services	\$6,156,112.87	\$5,363,170.70
83	Licensed Marriage and Family Therapist	\$2,402,845.06	\$3,392,145.78
76	Multi-Therapy Agency	\$1,557,219.29	\$2,038,154.43
26	Residential Crisis Stabilization Units	\$1,281,829.58	\$1,838,256.74
33	Support for Community Living (SCL)	\$2,091,105.03	\$1,608,191.31
20	Preventive and Remedial Public Health Services	\$1,409,415.50	\$1,366,281.07
93	Rehabilitation Distinct Part Unit	\$163,723.36	\$402,792.64

Substance Use Disorder (SUD) Overview

	SFY23	SFY24
SUD Spend per year (included in total dollars spent on behavioral health services)	\$945,196,578	\$1,065,394,953
Avg. # of beneficiaries receiving SUD residential per month	4,254	4,458
Avg. # of beneficiaries receiving Medication Assisted Treatment (MAT) per month	36,935	35,324
Avg. # of ED visits for SUD per 1,000 beneficiaries	2.84	2.86
Avg. # of Inpatient stays for SUD per 1,000 beneficiaries	2.22	2.23
Number of overdose deaths	1,634	1,317

Trends

>1% ↓



Members receiving SUD treatment.

5% ↑



Members receiving SUD residential treatment per month.

4% ↓



Members received Medication Assisted Treatment (MAT) per month.

19% ↓



Reduction in overdose deaths.

**QUESTIONS
and/or
Comments?**