

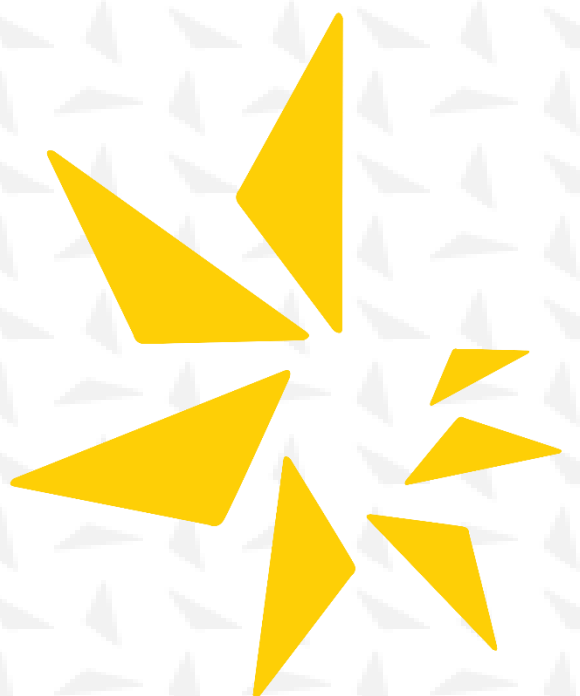


the **ION** center

for Violence Prevention

Power-based Personal Violence

Power-based personal violence refers to any time someone uses their power to hurt someone else. This includes partner violence and sexual violence as well as things like bullying, stalking, child abuse, and elder abuse.



Our Story

Since 1976, our organization has used several names to present our services to our communities. The Rape Crisis Center of Northern Kentucky and Women's Crisis Center were names that served us well. However, our growing work in violence prevention helped bring discussions of preventing power-based personal violence to the forefront.

In 2021 we added a new chapter to a 45-year story. Our name was revealed to us by the philosophies that drive our center and the services we provide. Our identity is found in everything we do: intervention, prevention, transformation, collaboration, protection, compassion.



AppreciatlON!!!!

Intervention services

Emergency shelters:

Located in both Northern Kentucky and Buffalo Trace, our shelters provide services for adults and children fleeing partner/domestic violence.



Housing for **519** adults and children fleeing domestic violence and seeking safety.



Counseling for **13,602** hours for individuals and groups.



25,589 bednights.



73,767 meals served.

Outreach:

Primarily through our walk-in offices in Covington and Maysville as well as our satellite offices in Warsaw and Williamstown.



Support on **6,117** hotline calls and **764** text conversations to provide crisis intervention services.

**text line started June 2021*



Provided **762** hours of hospital advocacy responding to **366** emergency room calls.



Administered **1,798** hours of legal advocacy and court accompaniment.



Fostered **89** pets for **4,345** bednights**.

***kennel opened in March 2021*

All services prior to June 2021 were provided under the name Women's Crisis Center.

The Ion Center implements several trainings to middle school, high school, and college students as well as to community members. Trainings cover topics such as bystander intervention, violence prevention, shifting cultural norms, and recognizing boundaries.



Overview:

A 45-60 minute summary of what a violence prevention program such as Green Dot entails. Participants receive entry-level tools to intervene in high-risk situations, prevent them from arising, and play their part in a shift toward a culture that doesn't tolerate violence.

6,424 high school/college students and **198** community members received an overview.

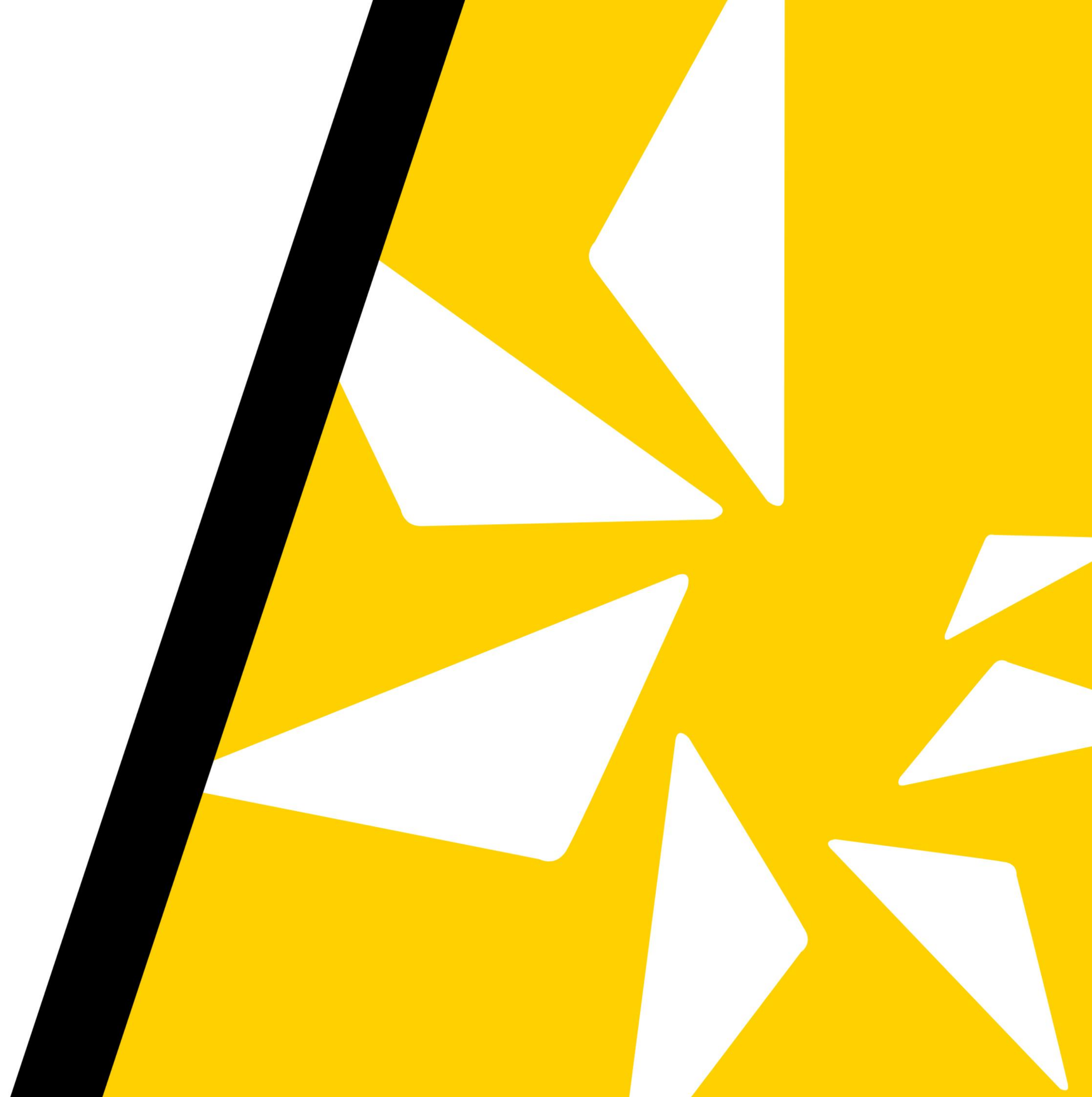


Training:

Interactive trainings that total 3-8 hours and provide in-depth discussions to take a closer look at topics such as boundaries, defining the role of bystanders, understanding the obstacles to successfully intervening, and giving simple and realistic options to preventing violence.

254 high school/college students and **198** community members received bystander training.
160 middle school students received boundaries training.

- **1 in 7 KY youth were physically hurt by a dating partner**
- **1 in 10 KY youth were sexually assaulted**
- **KY has the highest rate of interpersonal violence for women in the country at 45.3%**



Three Levels of Prevention



Primary:

Preventing anything from happening in the first place

Secondary:

Preventing things from getting worse

Tertiary:

Preventing the long-term effects

Level 1

Primary Prevention

Upfront:

Work done in the community to educate, bring a connection to the issues, and build skills and knowledge on what to do before an incident of power-based personal violence has happened.

1. Public Education
2. Middle & High School Programs
3. Community Partnerships

Level 2

Secondary Prevention

During:

Services to stop emergency situations from continuing or escalating.

1. 24-Hour Hotline
2. Walk-in Services
3. Community Partnerships
4. Hospital Advocacy
5. Pet Protection
6. Emergency Shelter
7. Court Advocacy
8. Safety Planning

Level 3

Tertiary Prevention

Aftermath:

Ongoing work to help survivors address short-term and long-term effects and/or trauma.

1. Therapy
2. Support Groups
3. Court Advocacy
4. Safety Planning
5. Financial Literacy

engaging in prevention

1. believe there's an issue
2. believe they're a necessary part of addressing the issue
3. know what to do
4. know how to do it
5. feel like their contribution is manageable

CRISIS TEXT LINE |

text HELLO to 741741



@greendotgcky





red dot

each time there is an act
of partner violence or
sexual assault, a small red
dot appears in one of
your spaces

CRISIS TEXT LINE |

text HELLO to 741741



@greendotgcky



2 types
of
green dots:

reactive
—————
proactive

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text HELLO to 741741



@greendotgcky

the
3 Ds:

- direct
- delegate
- distract

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text HELLO to 741741



@greendotgcky

the goal

more
green dots
than red dots

CRISIS TEXT LINE |

text HELLO to 741741



@greendotgcky

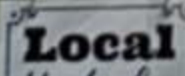


Schools with Green Dot reported a decrease in the perpetration of sexual violence by

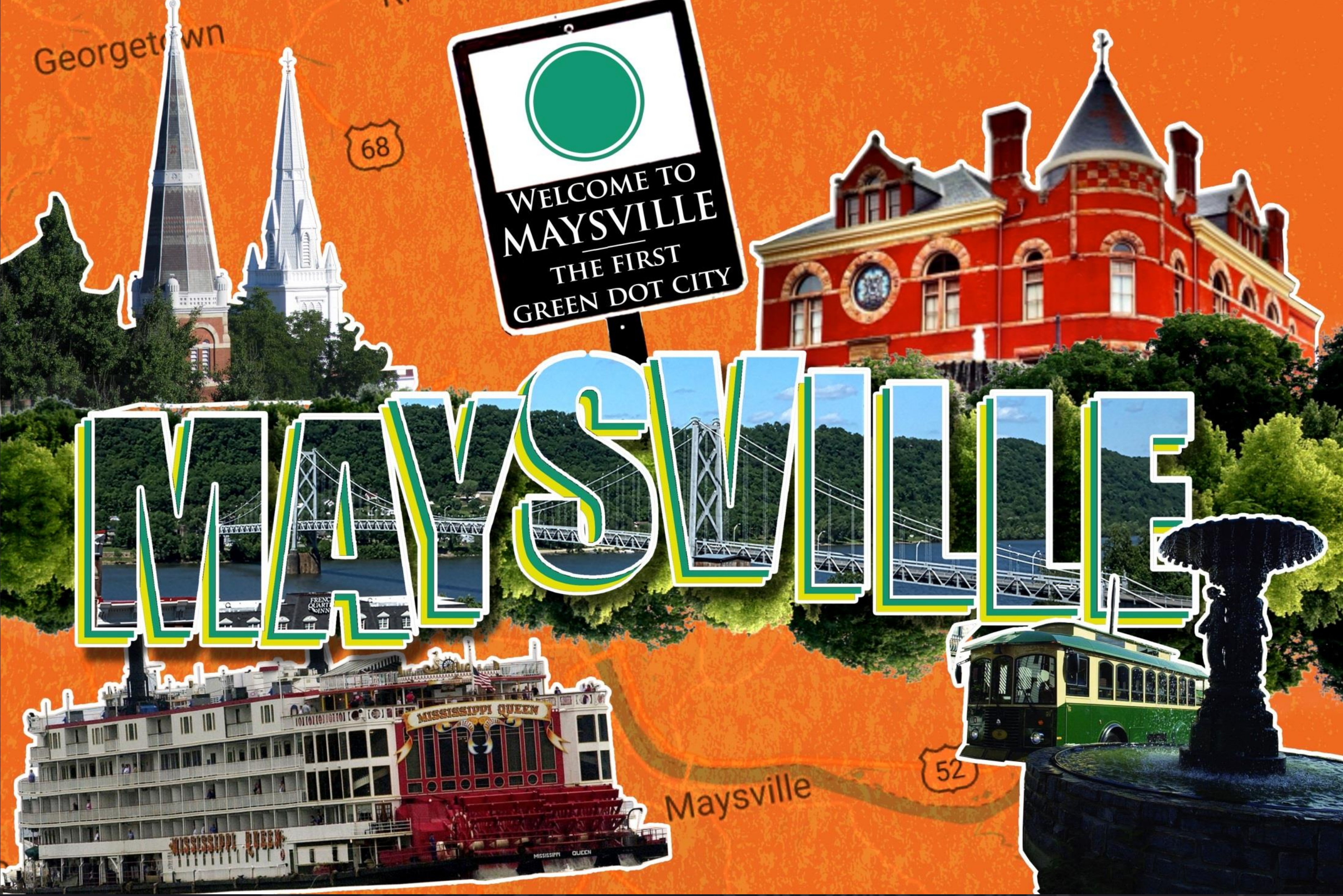
17-21%



WELCOME
TO
GREEN
DOT
maysville
MAYSVILLE



Local
Kentucky



Georgetown

68

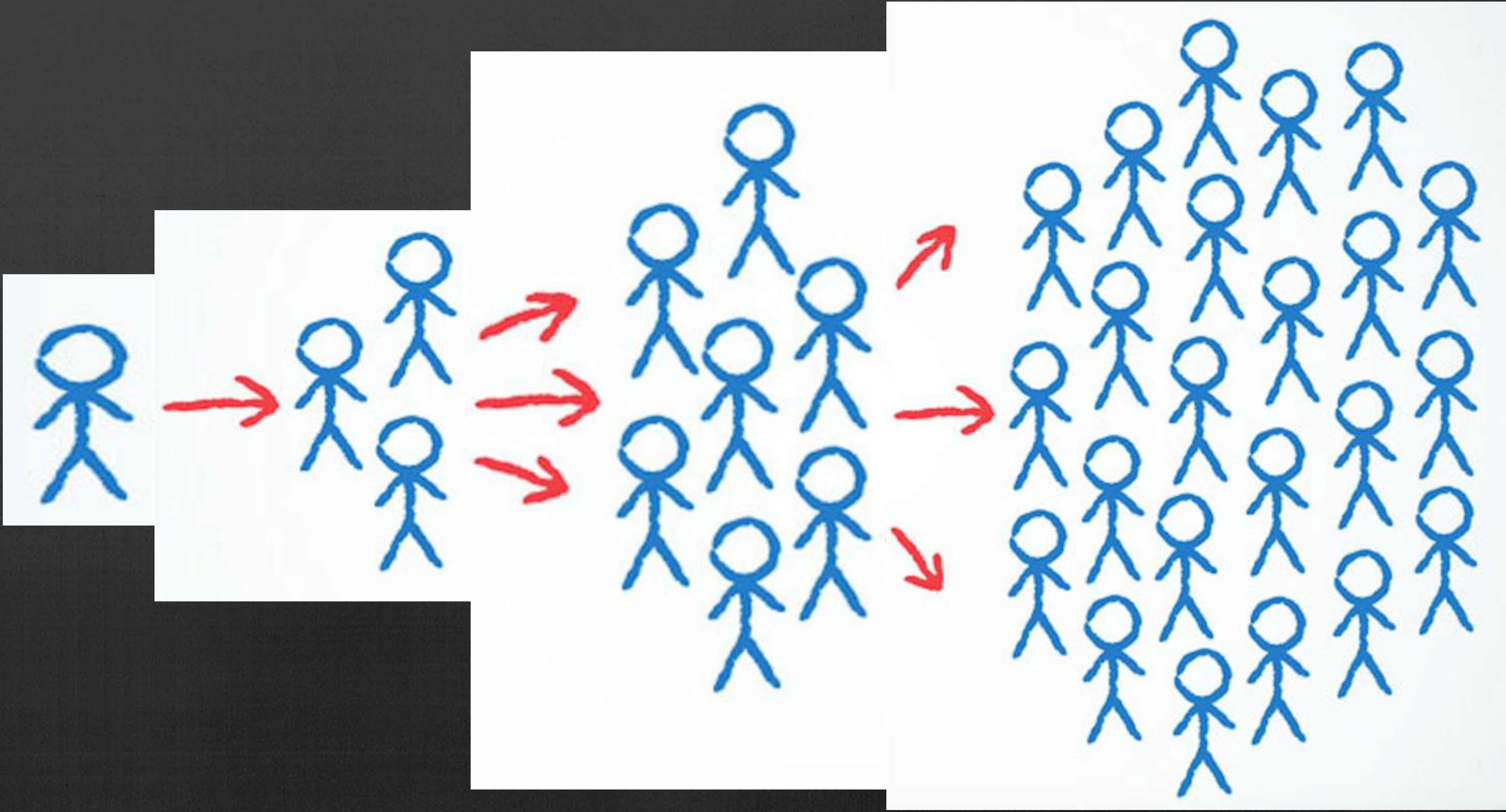
WELCOME TO
MAYSVILLE
THE FIRST
GREEN DOT CITY

MAYSVILLE

MISSISSIPPI QUEEN

Maysville

52



CRISIS TEXT LINE |

text HELLO to 741741



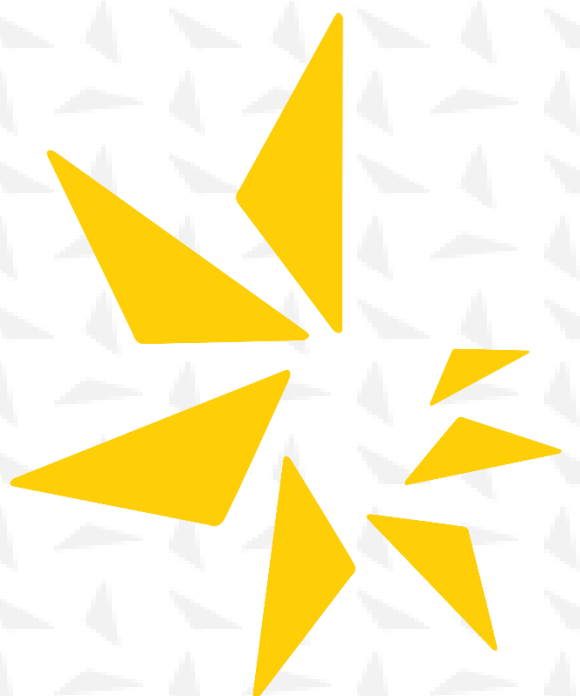
@greendotgcky

Three Levels of Prevention and Green Dot

Primary – Changing social norms in order to stop violence before it happens. This aspect is seen in the proactive green dot section and modeling intervention to peers (the latter can also be considered secondary prevention). Specific narrative from the training includes the following language “by engaging in proactive green dots, we don’t have to wait for violence to occur before we work to stop violence.”

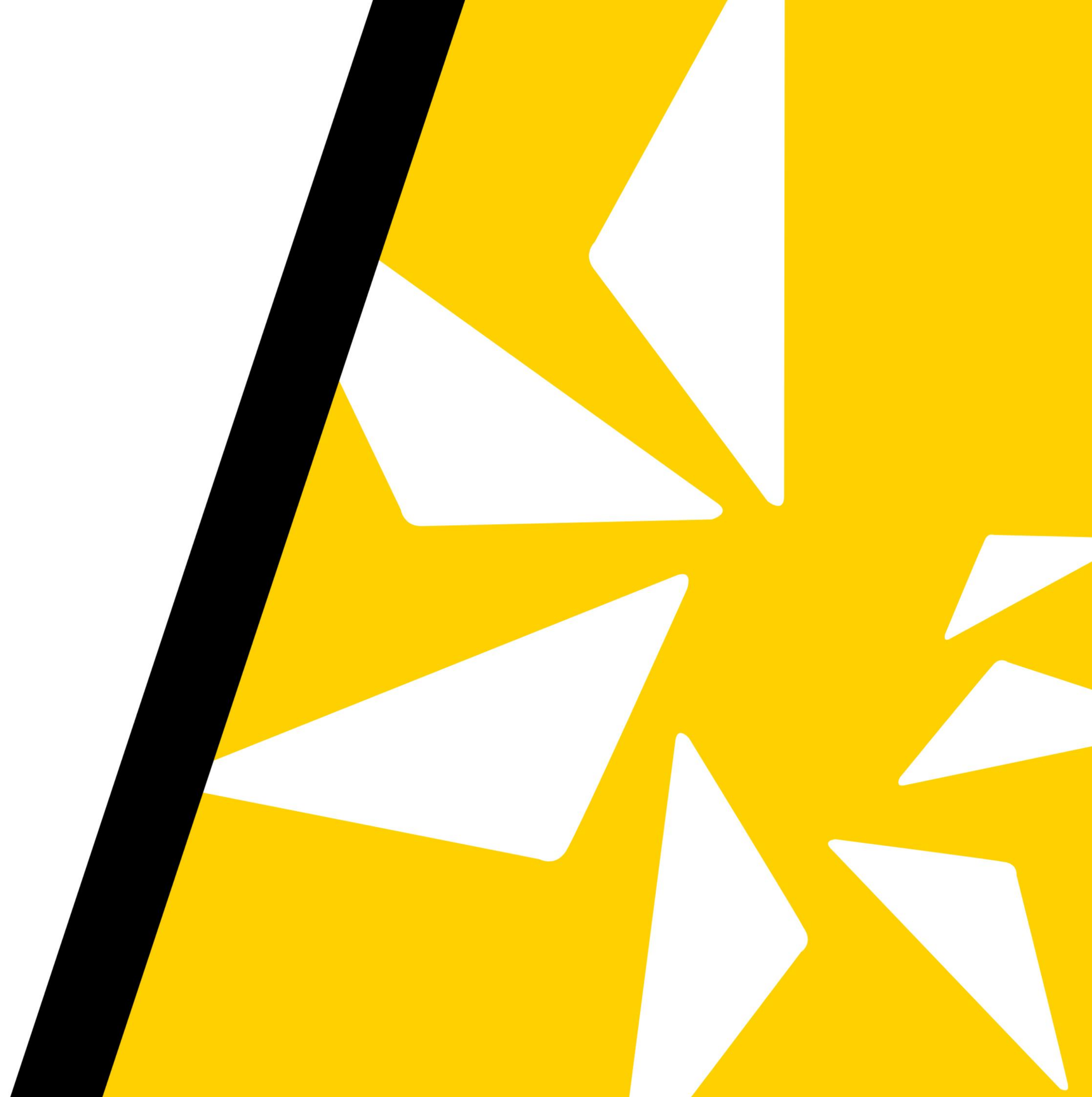
Secondary – Learning to identify high-risk situations of power-based personal violence and safely interrupt those situations as they occur (i.e. reactive green dots). These interventions occur in the moment of a crisis situation and frequently involve supporting the recipient of the violence.

Tertiary – Connecting with survivors, providing services/resources, and healing opportunities through action, meeting them where they are, and peer support. This evidence is reflected in the number of students and community members who disclose their own victimization or that of someone they know. Students and communities learn ways to access support for themselves and their loved ones, friends, and peers. Also, skill-building time is spent practicing ways to respond to disclosures



Ion Center's 5-Year Data:

- 55% of high school students have seen or experienced sexual assault**
- 73% have seen or experience dating violence**
- 58% of community members disclosed experiencing and act of power-based personal violence**
- 46% of college students experienced violence**



Initial Trainings

- 6-8 virtual and/or in-person trainings (around 25 staff at each)
- training materials and proactive green dot aids
- two facilitators
- topics of focus: partner violence, sexual assault, and harassment

Cost:
\$25/person

All staff receive two-hour training.

Informal and formal leadership (15% of organization) receive tailored third hour of training.

Strategic Coaching

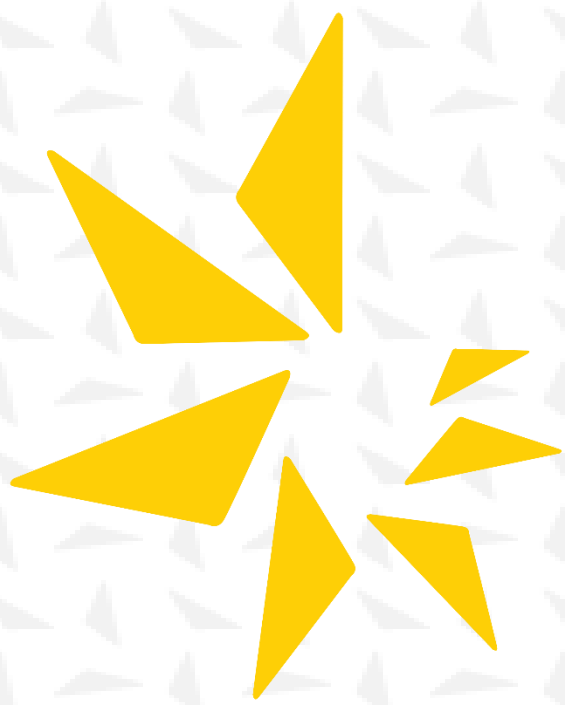
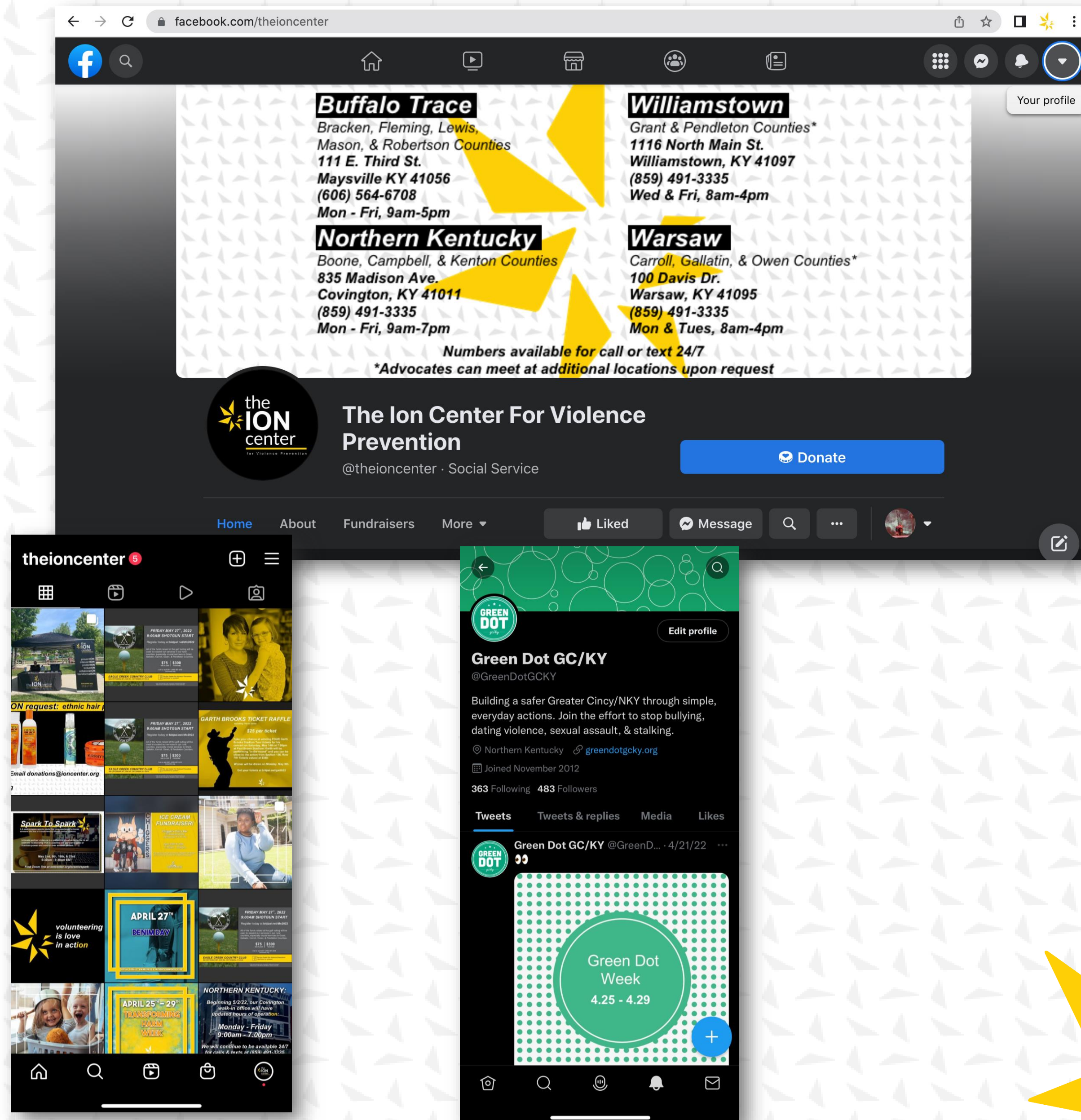
- recommended 90 minute quarterly meetings for informal and formal leadership
- creating a plan or structure for accountability throughout organization
- specific plans are largely up to organization leadership

Cost:
\$250/session

Informal and formal leadership (about 25 people) receive group coaching to consciously drive norms change.

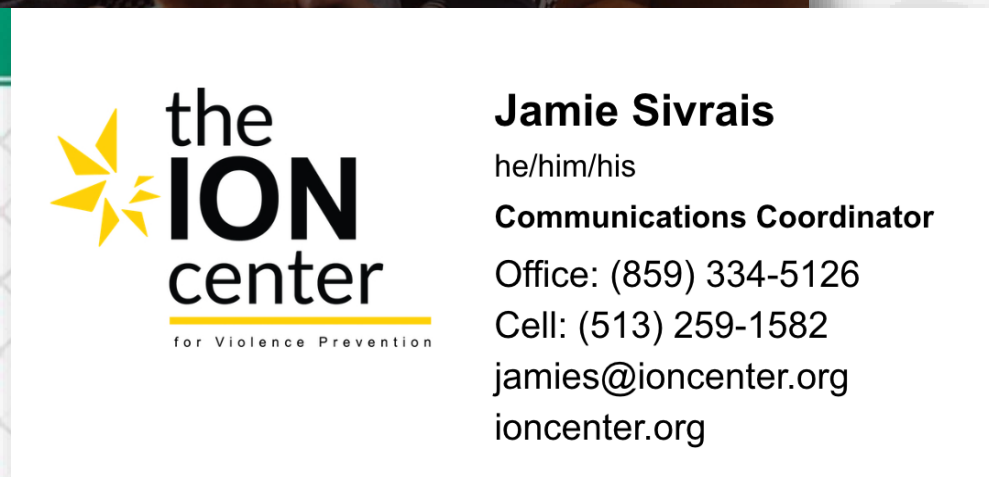
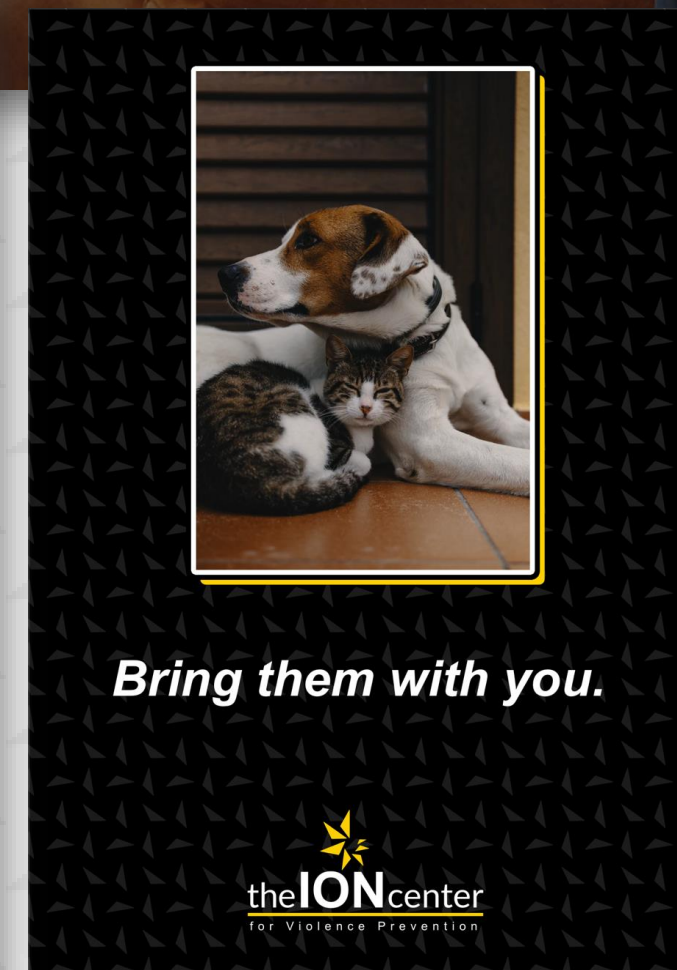
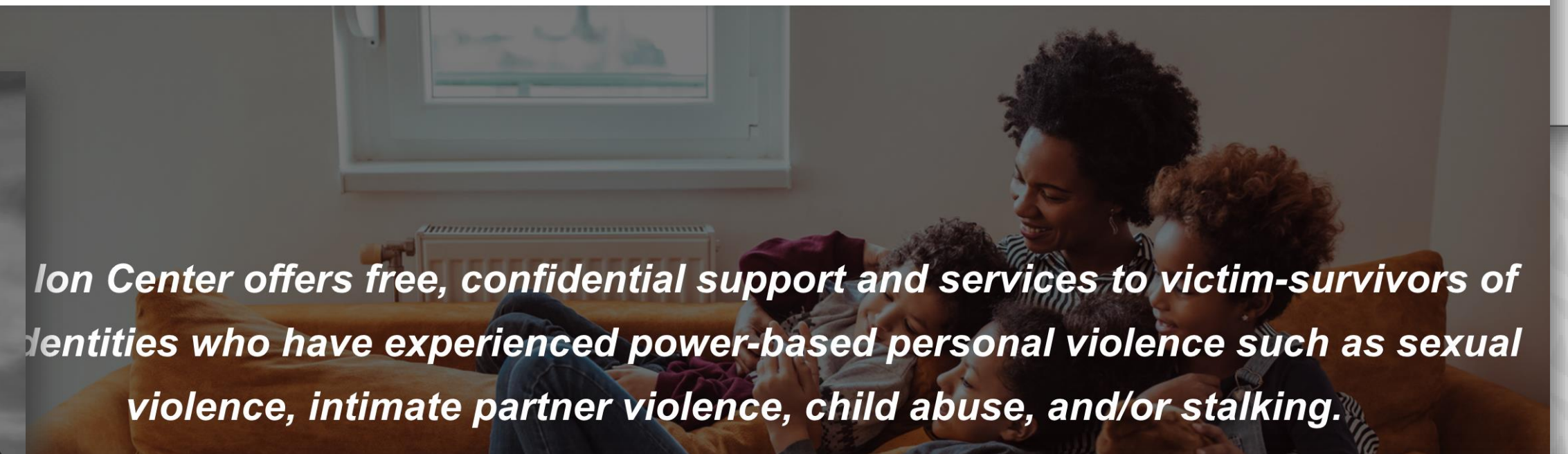
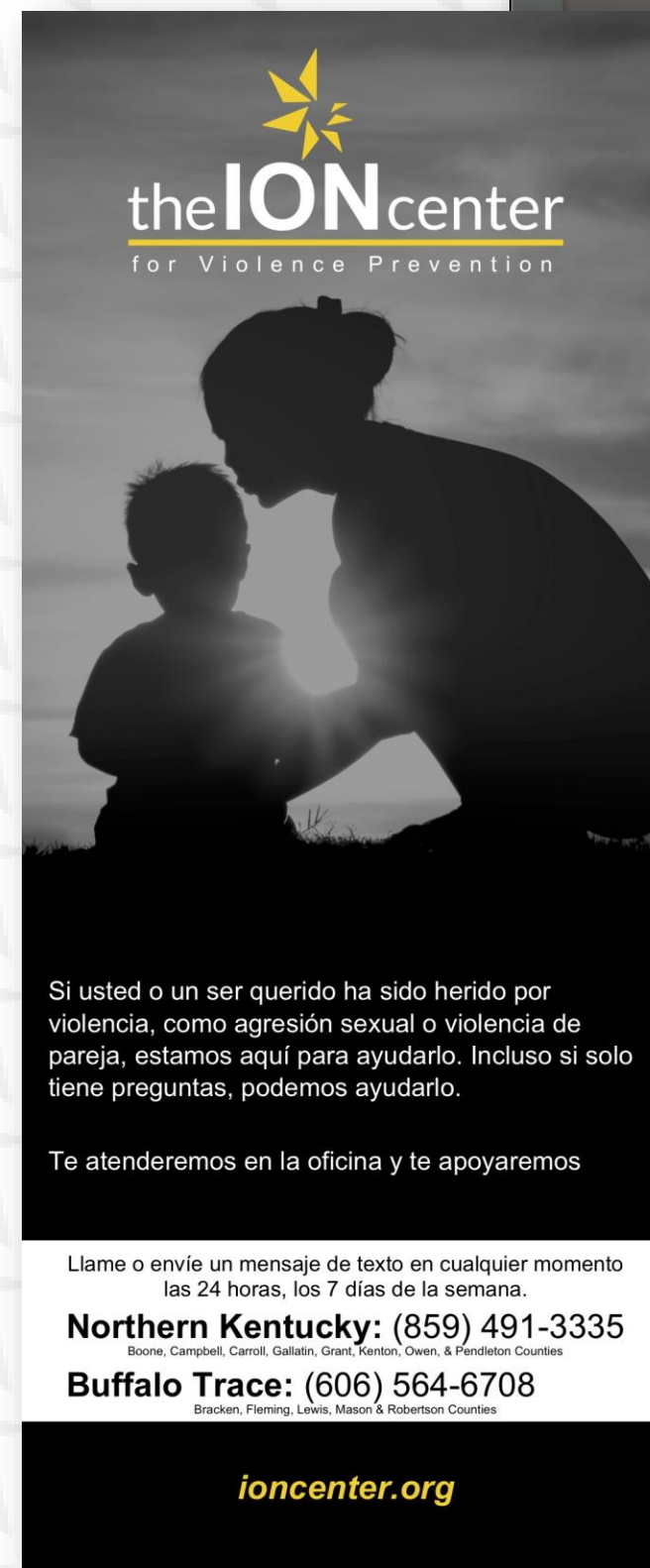
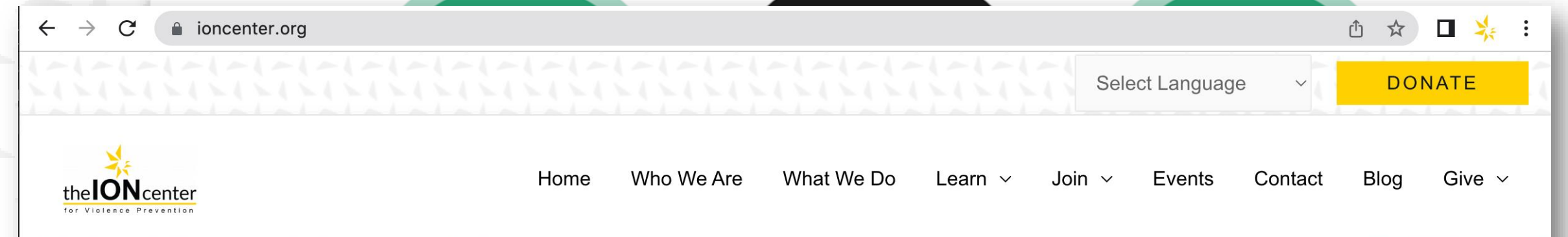
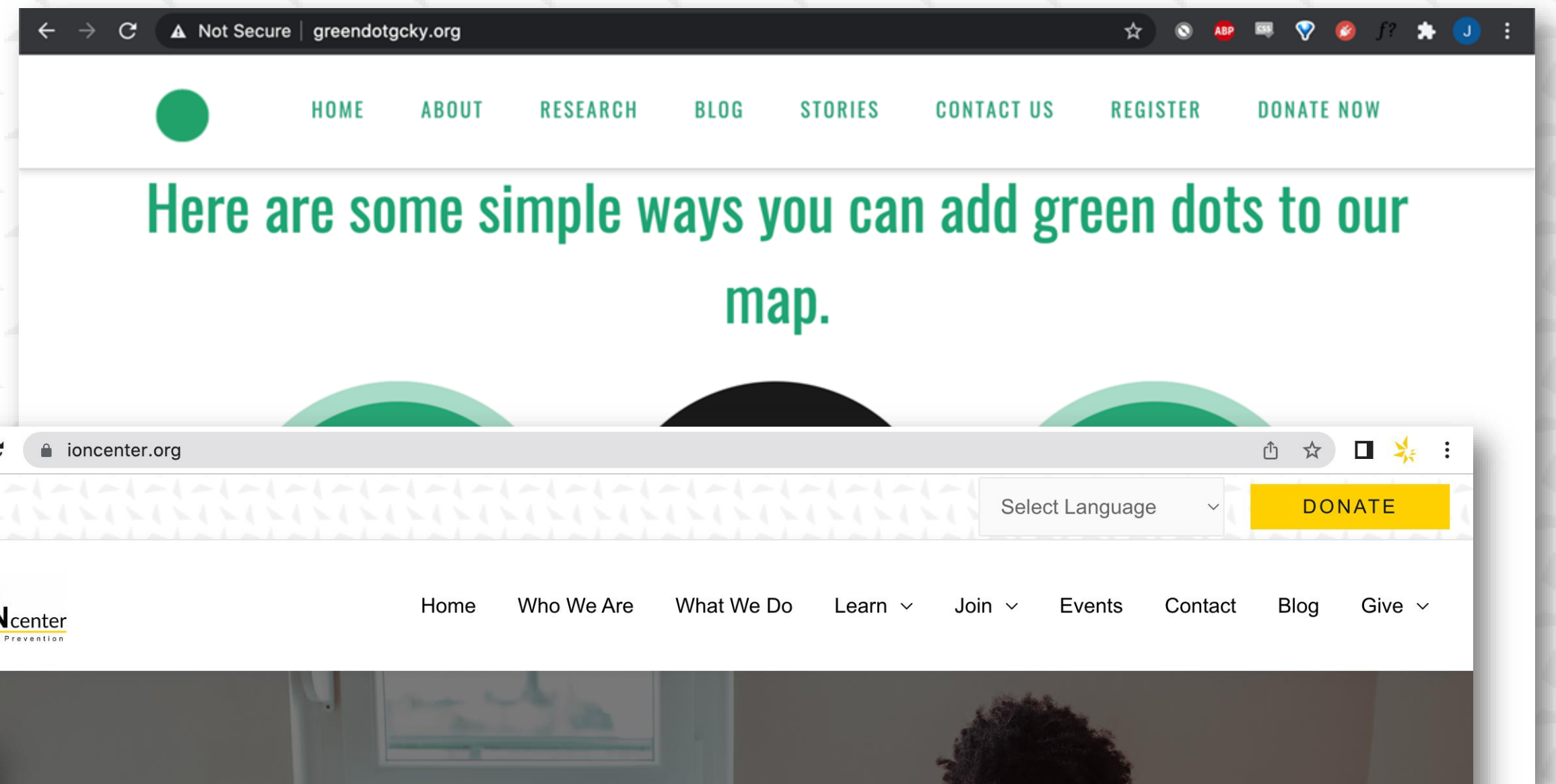
Social Media:

- **Facebook**
 - The Ion Center
 - Green Dot GCKY
 - Green Dot Maysville
- **Instagram**
 - @theioncenter
 - @greendotgcky
- **Twitter**
 - @theioncenter
 - @greendotgcky



Platforms:

- Email
- Websites
 - ioncenter.org
 - greendotgcky.org
- Print
- Social media



Contact:

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