



PRESENTATION TO THE INTERIM JOINT COMMITTEE ON HEALTH SERVICES

VOILENCE PREVENTION INITIATIVES: A PERSPECTIVE ON CHILDHOOD  
SERVICES AND EARLY INTERVENTION

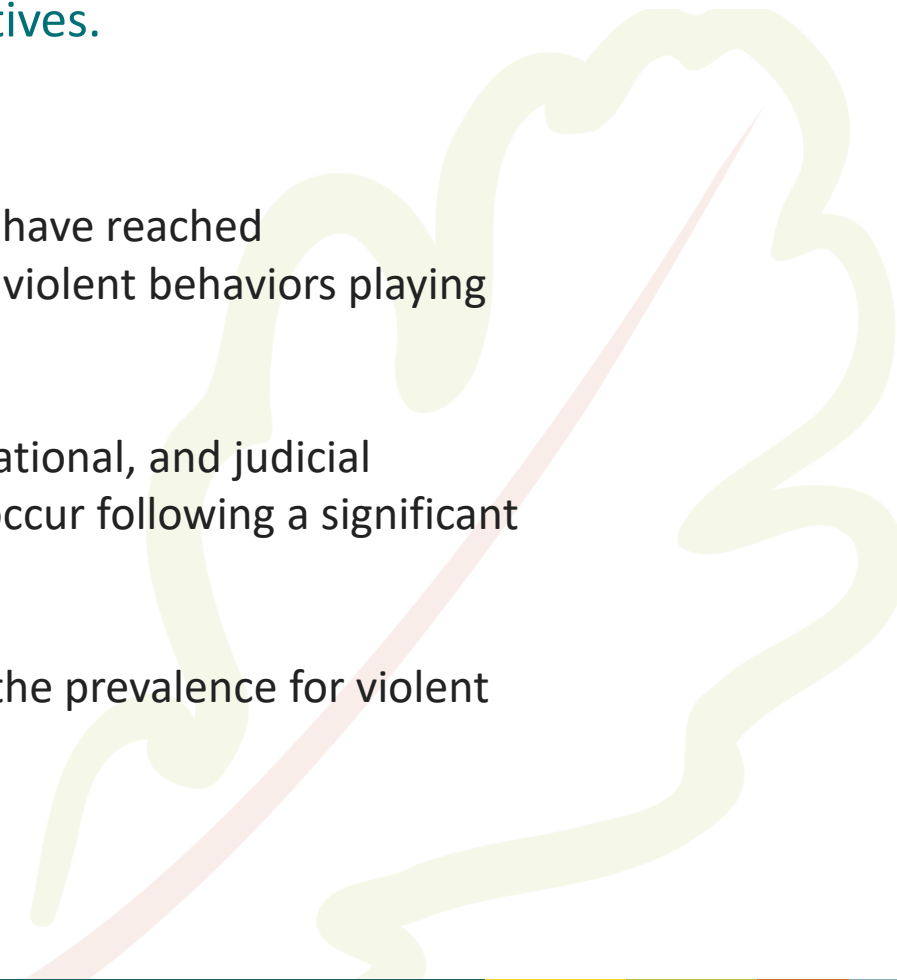
MONDAY, JULY 24, 2023

CHNK appreciates the opportunity to highlight mental health services as a vital component to current and future violence prevention initiatives.

As you are aware, the mental health needs of the Commonwealth have reached unprecedented levels and represent a primary factor in the rise of violent behaviors playing out in our communities.

Efforts to integrate mental health services across healthcare, educational, and judicial systems have reaped benefits, but have not kept pace, and often occur following a significant event or crisis.

How to bring early intervention services to youth that will reduce the prevalence for violent behaviors and have long-term favorable results?



## CHNK SUGGESTS A 4-PRONGED APPROACH:

1.

EMBRACE A CULTURE OF  
TRAUMA-INFORMED  
CARE

2.

MOVE MENTAL HEALTH  
SERVICES UPSTREAM

3.

ADVANCE  
IMPLEMENTATION OF  
EVIDENCE-BASED  
PRACTICES DESIGNED TO  
ADDRESS VIOLENT  
BEHAVIORS

4.

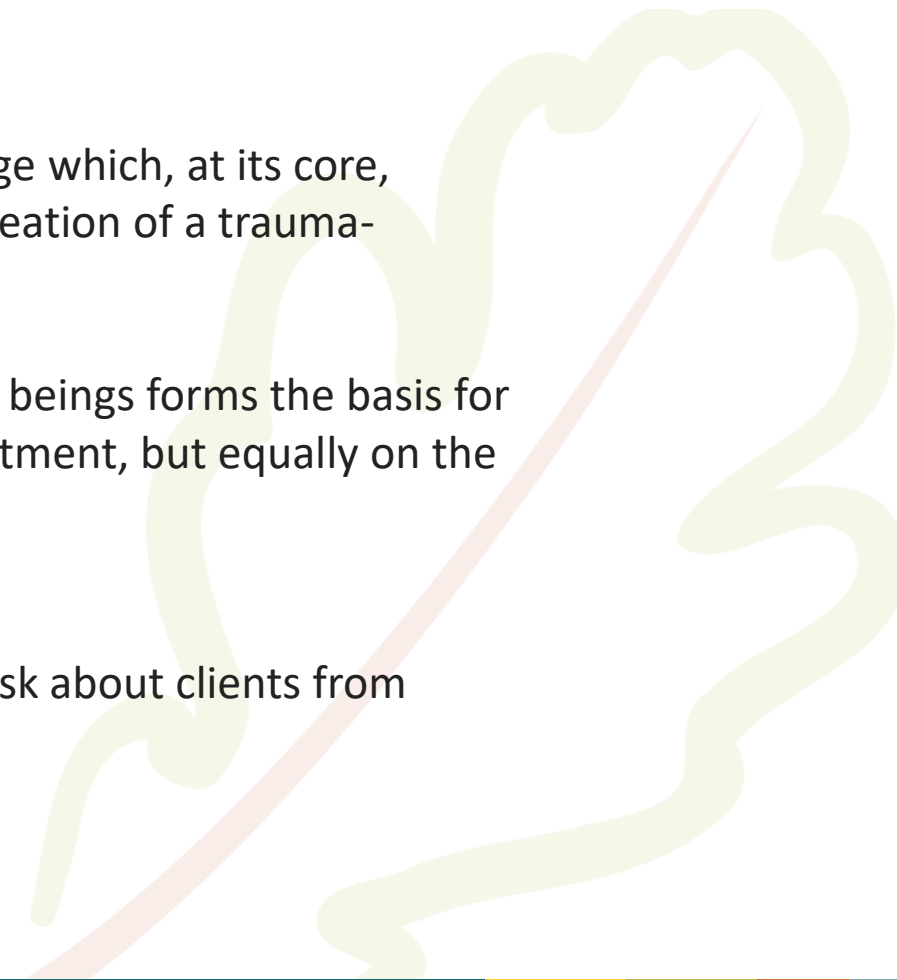
EXPAND ACCESS TO  
MENTAL HEALTH  
SERVICES

# SANCTUARY MODEL: A CULTURE OF TRAUMA INFORMED CARE

Sanctuary Model is a blueprint for clinical and organizational change which, at its core, promotes safety and recovery from adversity through the active creation of a trauma-informed community.

A recognition that trauma is pervasive in the experience of human beings forms the basis for the Sanctuary Model's focus not only on the people who seek treatment, but equally on the people and systems who provide that treatment.

Nonviolence is the first of the Seven Sanctuary Commitments. Sanctuary Model recommends changing the central question we ask about clients from "What's wrong with you?" to "What's happened to you?"



# MOVING SERVICES UPSTREAM: ADDRESSING A PROBLEM BEFORE IT BECOMES A PROBLEM

*In collaboration with community partners across healthcare, education, and judicial systems:*

Expanding day treatment (in-school) services to elementary and middle schools, with the goal of normative classroom reintegration.

Expanding family preservation (in-home) services to families whose children are at-risk of removal due to abuse and/or neglect, with the goal of improved family functioning.

Growing partial hospitalization and intensive outpatient services for youth stepping down from psychiatric hospitalization, with the goal of safely returning home.

Leveraging telehealth to remove barriers to access.

# ADVANCING USE OF EVIDENCE-BASED PRACTICES

## MULTISYSTEMIC THERAPY

targets youth with presenting concerns such as conduct disorder, violent acting-out, substance abuse, and criminal behavior.

## FUNCTIONAL FAMILY THERAPY

targets youth with presenting concerns such as conduct disorder, violent acting-out, and substance abuse.

## TRAUMA-FOCUSED COGNITIVE BEHAVIORAL THERAPY

sensitive to the unique problems of youth with post-traumatic stress and mood disorders resulting from abuse, violence, or grief.

## EXPANDING ACCESS TO MENTAL HEALTH SERVICES

**NEED  
OUTPACING  
AVAILABILITY:**

Mental Health America, Youth Data 2023 Report, lists Kentucky 31/51 for prevalence of mental illness among youth in relation to access to care.

To add context, 15% (51,000) of KY youth ages 12-17 experienced at least 1 major depressive episode this past year. **Only 59% (30,090) of these youth received needed care.**

## EXPANDING ACCESS TO MENTAL HEALTH SERVICES

# PROFESSIONAL SHORTAGE AREAS EXACERBATING BARRIERS TO ACCESS:

Per County Health Rankings & Roadmaps, Kentucky's ratio of residents to mental health professionals' averages 390:1 versus the national average of 350:1.

Kentucky counties considered professional shortage areas have as many as 4,140 residents for every 1 mental health professional.

All 12 counties of the Northern Bluegrass Region have ratios worse than that of the state average, as high as 6 times the state average.



## EXPANDING ACCESS TO MENTAL HEALTH SERVICES

**TOGETHER,  
WE CAN DO  
MORE.**

**With this 4-pronged approach CHNK has achieved significant growth, as evidenced by a 434% growth in total annual impacts since 2014.**

Building on this success, CHNK has committed to a 5-year expansion plan to broaden its reach and close the gap.

# CHILDHOOD SERVICES AND EARLY INTERVENTION

*Advancing collaboration and integration across systems.*



Northern Kentucky Cooperative for Educational Services



Kentucky Association of Chiefs of Police

# CHILDHOOD SERVICES AND EARLY INTERVENTION

*Creating an easier path to mental health.*

Reduced number of Kentucky youth in juvenile justice systems

Reduced youth suicide rates and addiction

Reduced number of children in state custody

Safer communities



*Thank you.*



**CHNK**  
BEHAVIORAL HEALTH

