

Serving Kentucky's Hard-to-Place Youth

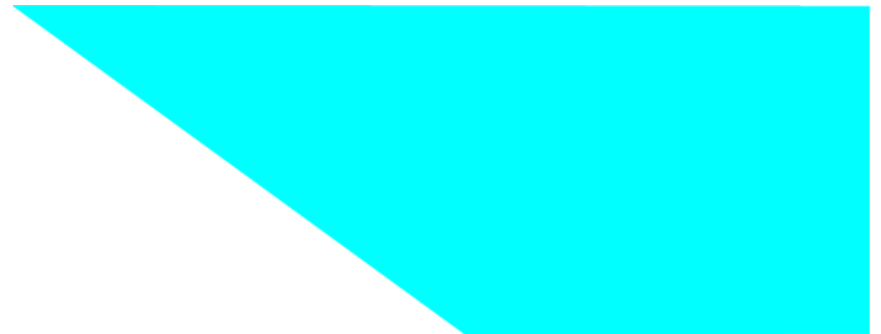


Kentucky's voice for at-risk children and families

Families and Children Committee

November 8, 2023

Michelle Sanborn, President



Support and Maintain a Full Continuum of Care

- **Intensive In-Home Services**
- **Emergency Shelter Services**
- **Kinship Care**
- **Basic Foster Care**
- **Therapeutic Foster Care**
- **Intensive Therapeutic Foster Care**
- **Qualified Residential Treatment Programs (QRTP)**
- **Psychiatric Residential Treatment Facilities (PRTF) Level I**
- **Psychiatric Residential Treatment Facilities (PRTF) Level II**
- **High Acuity Youth Inpatient Psychiatric Services**
- **Acute Psychiatric Hospital**

AREAS WE NEED TO DEVELOP (RE-DEVELOP)



QRTP

We must support the entire QRTP, before the QRTP can serve a higher acuity child.

- Based on the 2020 Cost Report data, 30 out of 35 programs reported a ***financial loss***. On average the ***loss*** was ***\$744,593/program***.
- Last year, 5 QRTPs closed their programs.
- In 2021, 6 different agencies referred a youth for psychiatric hospitalization and were told the ***youth was too severe for the psychiatric hospital***.



PRTF

We must support the entire PRTF, before the PRTF can serve a higher acuity child.

- In 2015, Kentucky had 23 9-bed PRTF I programs operating (207 beds)
- Today, Kentucky has 12 9-bed PRTF I programs operating (108 beds)

➤ In 2020, 1 PRTF I program closed and 1 paused operation.

➤ In 2021, 2 PRTF I programs paused operations citing financial losses.

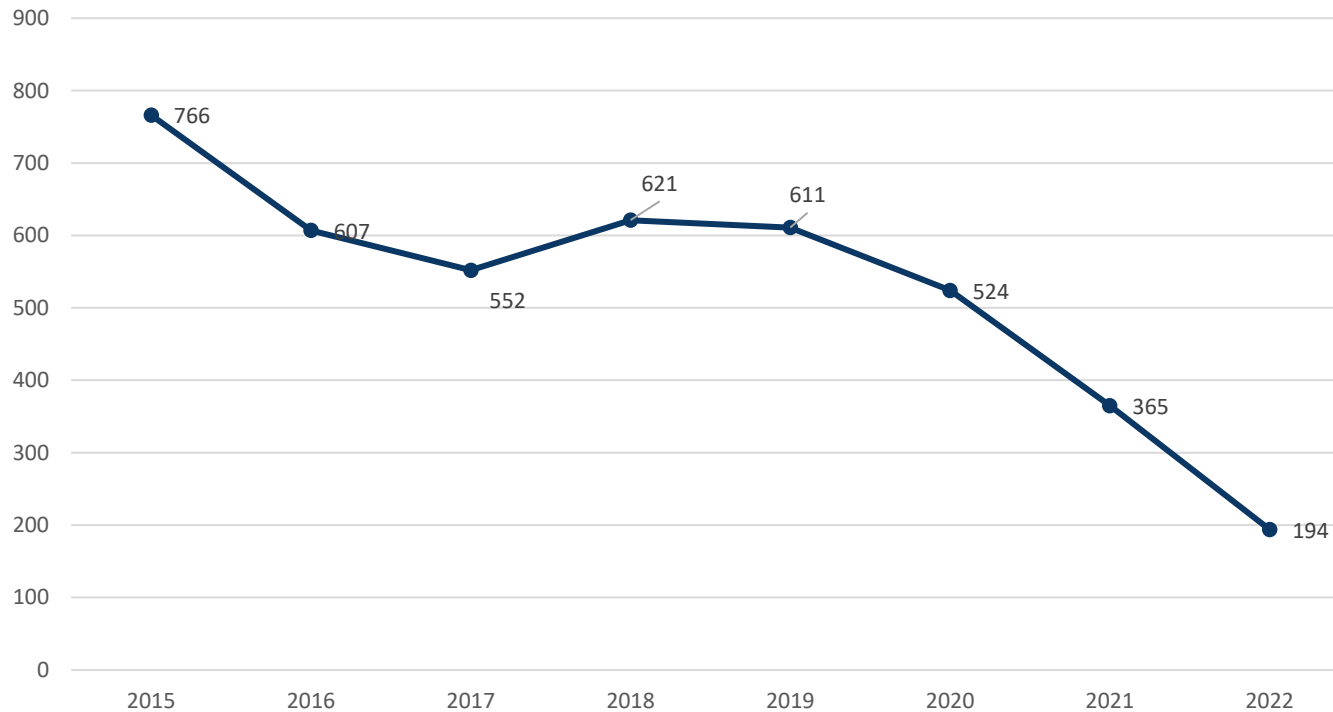
➤ In 2021, 3 PRTF I programs were closed due to the Cabinet revoking their license.

➤ In 2022, 3 PRTF I programs closed and 3 PRTF I programs were closed due to pending review of licensure plan of correction.

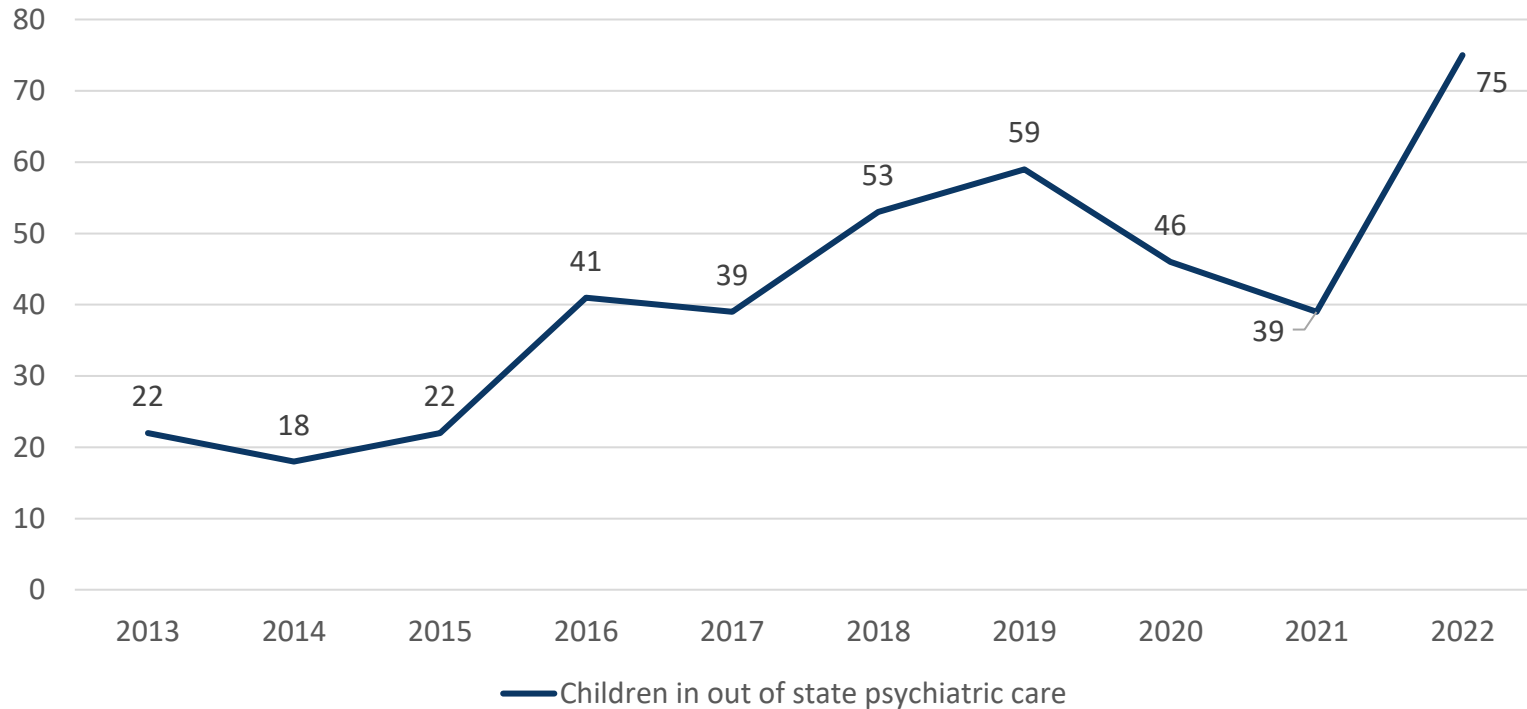


Kentucky PRTF I Utilization

PRTF I Admissions



of DCBS children placed out of state for psychiatric/residential care



Based on data obtained from the Department of Community Based Services (DCBS) August 2023

For Additional Information:

420 Capital Avenue
Frankfort, KY 40601
Office: 502-875-3399 +3
Mobile: 502-320-6484

Michelle M. Sanborn

President
michelle@childrensallianceky.org

childrensallianceky.org

PURCHASE YOUTH VILLAGE
HEARTLAND YOUTH VILLAGE

Denise Lester, Executive Director & Chief Executive Officer
Purchase Youth Villages & Heartland Youth Villages
11/8/23

About Purchase Youth Village

- 24-bed Psychiatric Residential Treatment Facility (PRTF II)
- Located in Benton, Kentucky
- Trauma-informed treatment services for male and female children and adolescents ages 7-17.
- Diagnoses addressed include Mood Disorders, Disruptive Behavior Disorders, co-occurring Mental Health/Substance Abuse Disorders, co-occurring Mental Health/ Developmental Disabilities, ADHD, and other Disorders of Childhood and Adolescence.

Staff Composition Administrative

- Chief Executive Officer
- Psychiatrist/Medical Director
- Director of Nursing
- Clinical Director
- Human Resources/Medical Records
- Business Office Manager
- Admissions/ Utilization Review

Staff Composition Clinical

- Registered Nurses and Licensed Practical Nurses
- Therapists: Licensed Clinical Social Workers and Professional Counselors
- Mental Health Technicians
- Dietitian (Contract)
- Teachers (Contract)

Staff Composition

Support Staff

- Kitchen Staff
- Housekeeping
- Maintenance

Clinical Services Provided by PYV

- Psychiatric assessment, treatment, and medication consultation
- Nursing care which includes medication management, physical health monitoring and treatment, clinical observation and intervention
- Individual, group, and family therapy provided by Licensed Professional Social Workers and Counselors
- Monitoring, Observation, and Mentoring provided by Mental Health Technicians and Associates

Challenges of the Facility

- “Home-like” environment. This is difficult when admitting residents with physically aggressive behaviors. Cost for replacement and repair of building and furniture the first year: Approximately \$30,000.
- Staff injuries: Between July 2017 through December 2018, Worker’s Compensation paid \$47,619.81 in injury claims. As a result, our costs for Worker’s Compensation insurance dramatically increased and only one company would offer us a policy.
- Staff recruitment and retention: Due to the severity of symptoms of our residents. 2018 Turnover Rate: 14%.
- Per diem rate as established by regulations ranged from \$345-\$405 based on age and severity of symptoms.

Challenges of the Facility

- First PRTF II in Kentucky; therefore, no state benchmarks available.
- Reimbursement was difficult in the first year, as what billing codes to use was not clear and criteria differed somewhat depending on the MCO.
- As this is the first PRTF II and no other Residential program within 100 miles, recruiting seasoned staff was challenging.

Opportunities

- November 6 marked the opening of Heartland Youth Village in Bardstown, Kentucky. HYV is a 24-bed PRTF II with the capacity to accommodate 22 more residents in the future.
- HYV will admit both male and female residents, ages 12-17.
- Adding Heartland Youth Village in Bardstown will be more convenient for families in Central and Eastern Kentucky to be involved in their child's care. Also, the number of children in the state with access to this level of care will increase.

GOALS

- Purchase Youth Village and Heartland Youth Village will work with our community partners to educate the community about the needs of children and adolescents and advocate on their behalf to raise awareness regarding the impact of psychiatric and substance abuse issues on our community's families.
- PYV and HYV will engage local and state lawmakers in advocacy efforts when there is legislation that impacts children and adolescents.
- PYV and HYV will be a workplaces of which their employees feel proud.



Paula Garner, Executive Director &
Chief Executive Officer
Maryhurst, Inc.

Maryhurst's mission is to serve children and families in **GREATEST NEED**.

Throughout our history we have operated to uphold that mission.

Maryhurst is an innovator:

- First residential program to implement trauma-informed care in the state of Kentucky.
- 5S program
- Since 2015, we have Invested heavily in upstream behavioral health services to build the state's capacity for early intervention.

5 Specialized (5S) – serving those in greatest need

- Created to solve the problem of children going out of state in 2011.
- Started with approximately 12 beds and has increased to 40+ beds.
- Serves adolescent females ages 12-18.
- Currently serving 42 clients in the 5S program; 9 in PRTF level I.
- Populations Served: Aggression, Significant Self-injury and Suicidality, Developmentally and Intellectually Delayed with medical complexity.
- Staffing ratio: 1 staff per 3 clients, one cottage operates closer to 1 staff to 2 clients.
- Currently serving 5 clients requiring 1:1 staffing - 370 hours of 1:1 last week.
- In 2023 we've had 18 clients deemed too acute for acceptance into a psychiatric hospital.

Challenges- People

Maintaining optimal staffing for the positions closest to our children:

- In 2023 189 first reports of injury in 2023
 - 46 of these required outside treatment

Investments to stabilize staffing:

- Starting hourly rate has increased from \$12.25 in 2020 to \$18.00 plus shift differentials.
- Therapists' salaries have increased 30%.
- Since 2022 \$175,000 in hiring bonuses and a new full-time recruiter.
- Additional staff supports and technology enhancement to increase retention.

Challenges- Physical Treatment Environment

- Programs for the children displaying highly acute behaviors require specialized, trauma-informed treatment environments.
- Funding must cover the evolving need for facility and technological upgrades to provide safe and therapeutic environments for these children.
- Need for enhancements to meet the specific requirements of PRTF I and II regulations.

Maryhurst Solutions for Children

Maryhurst is committed to continuing to partner with CHFS and fellow providers for timely solutions.

Potential solutions:

- Intensive wraparound services as well as short-term stabilization for therapeutic and/or state foster homes.
- Short-term residential care for children in immediate need due to removal or disruption of foster homes.
- An intensive residential program built in partnership with other providers for those requiring more intensive services than 5S.



Children's
Alliance

Kentucky's voice for at-risk children and families

Solutions to Serve Kentucky's Hard-to- Place Children

Sustain the continuum of care
with reimbursement rates
that cover the cost of care
on an ongoing basis!!!!



- 24 new PRTF II beds in Bardstown
- Several providers evaluating opening PRTF I beds with the recent rate increase
- Several providers entering a special contract for emergency shelter beds
- Cabinet close to implementing intensive therapeutic foster care
- Increase the Medicaid Behavioral Health reimbursement rates and develop a Medicaid code for intensive in-home services for children
- Work with Psychiatric Hospitals to develop High Acuity Youth Inpatient Psychiatric Services
- Reduce administrative burdens for Medicaid providers by reducing the number of Medicaid Managed Care Organizations