



Holly Hill

Child & Family Solutions

Interim Joint Committee on Families and Children
November 12, 2023



Who We Are



OUR FOUNDING

- **Founded in 1884** to provide a safe home for Kentucky Youth
- We are the **oldest and only agency** in Northern Kentucky that **specializes in treating adolescent females** in a residential setting
- One of the first Polit agencies for Qualified Residential Treatment Program (QRTP)

OUR FOCUS

- **Fill the critical need** of supporting youth in the state with complex mental health needs
- **Specialized in the treatment** of confirmed/ suspected victims of human trafficking
- Increase our QRTP **census by 200%**
- **Keeping youth out of alternative placements**

OUR SERVICES

Holly Hill Child & Family Solutions is a nonprofit community behavioral and mental health organization providing critical services to children and families in Kentucky through:

- Qualified Residential Treatment
- Out-Patient Services
- Targeted Case Management
- Supervised Visitation

Who We Serve

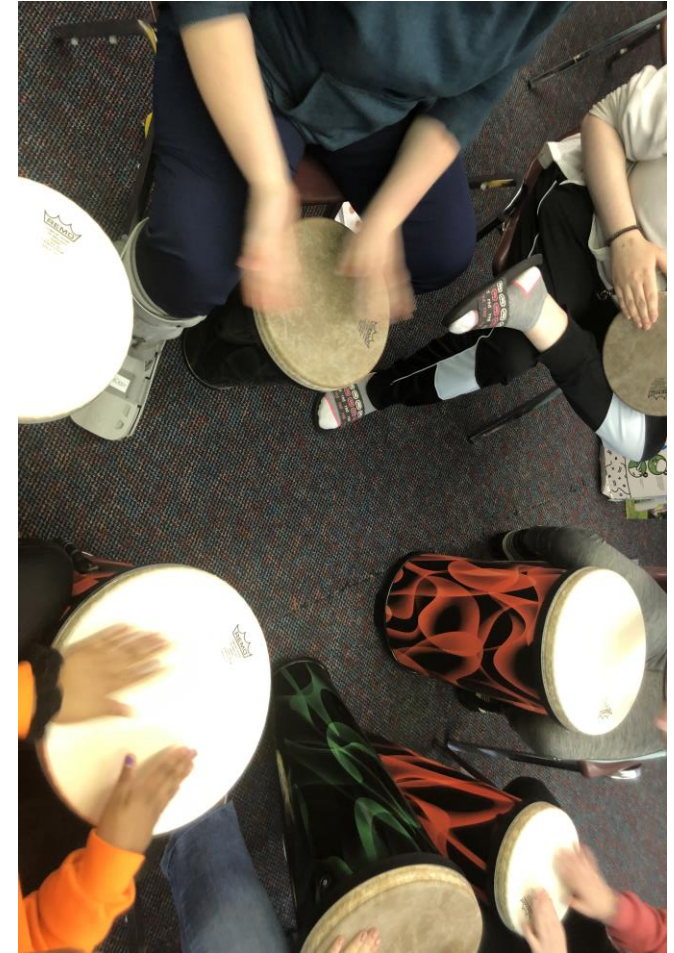
OUR YOUTH

- Females ages 11-17
- 100% are **unable to be safe** in a home environment
- 100% have a confirmed history of **physical and verbal abuse**
- 40% have **suspected or confirmed history of human trafficking / exploitation**
- Average ACE score is 8 for our
- 100% of our youth have a **history of hospitalizations** and placement disruptions

OUR GOAL

To provide clinical treatment in a therapeutic supervised environment that will

- Youth to develop skills to form safe and healthy relationships
- Reduce dangerous behaviors (self injury, sexual acting out, fighting, ect)
- Process traumas
- **Allow them to live successful lives outside of a residential setting.**



Expressive Therapy Group

Our challenges



CLINICAL ACUITY

Suicidal behaviors with plan and intention

- Our windows are the same that are in your home. Over the past 2 years we have had youth with use items to break windows in order to have glass shards to engage in self injury.

Constant state of survival (fight or flight response)

- QRTP we have seen youth report increased feelings of paranoia and intense triggers in which they have used the everyday as a weapons against staff or peers

Sexual and behavioral grooming of youth for commercial exploitation

- Increase of the belief that healthy relationships must be romantic resulting in sexualized behaviors

DIFFICULT DECISIONS

Working with youth and DCBS to **preserve and maintain placements** through hospitalizations

- Creating staffing ratios of 1:1 and 3:1 to ensure clients had therapeutic supports
- Creating smaller caseloads for clinical staff to ensure they can provide increased hours of direct therapy

Moving double bedrooms to single bedrooms to ensure we can take youth who require a single room

- This has difficult decision has fiscally impacted our program but created critical bed space for victims of human trafficking

A Systematic Issue

Hospital

PRTF

Specialized QRTP

QRTP

Foster care

Youth are unsafe in their home

We are dealing with an overloaded system that requires the Commonwealth and agencies like Holly Hill to **collaborate** in order to meet the needs of our children.

QRTP's are closing or transitioning to other service lines

When a youth is unable to be placed in the correct level of care due to any reason it impacts the whole continuum;

High acuity youth need to be able to access hospitals while in residential and transition to foster care

Rate increases are part of the solution

Innovation as Solution



Infrastructure

Critical Investments
Optimizing current resources at Holly Hill

Specialized QRTP

Clinical Optimization to meet needs of youth who need 24/7 therapeutic care and support

Collabroration

Increased work among partners in the continuum to support the journey of a youth

Our Ask

Provide the critical funding outlined in the provided **Infrastructure Modernization Proposal**.

Ensure that after 148 years of providing care to Kentucky's most vulnerable youth we are able to continue to provide these essential services as a QRTP with specialized care.

Support an innovative solution to increase the number of youth that we can serve by addressing a tangible support that will directly impact the daily care of the youth that live at Holly Hill

Encourage Collaboration and a Deeper Understanding of the needs of the most vulnerable youth in Kentucky.



THANK YOU!

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information