



PRESENTATION TO THE INTERIM JOINT COMMITTEE ON FAMILIES AND CHILDREN

AN EASIER PATH TO MENTAL HEALTH:  
EXPANDING ACCESS TO CARE

THURSDAY, AUGUST 24, 2023

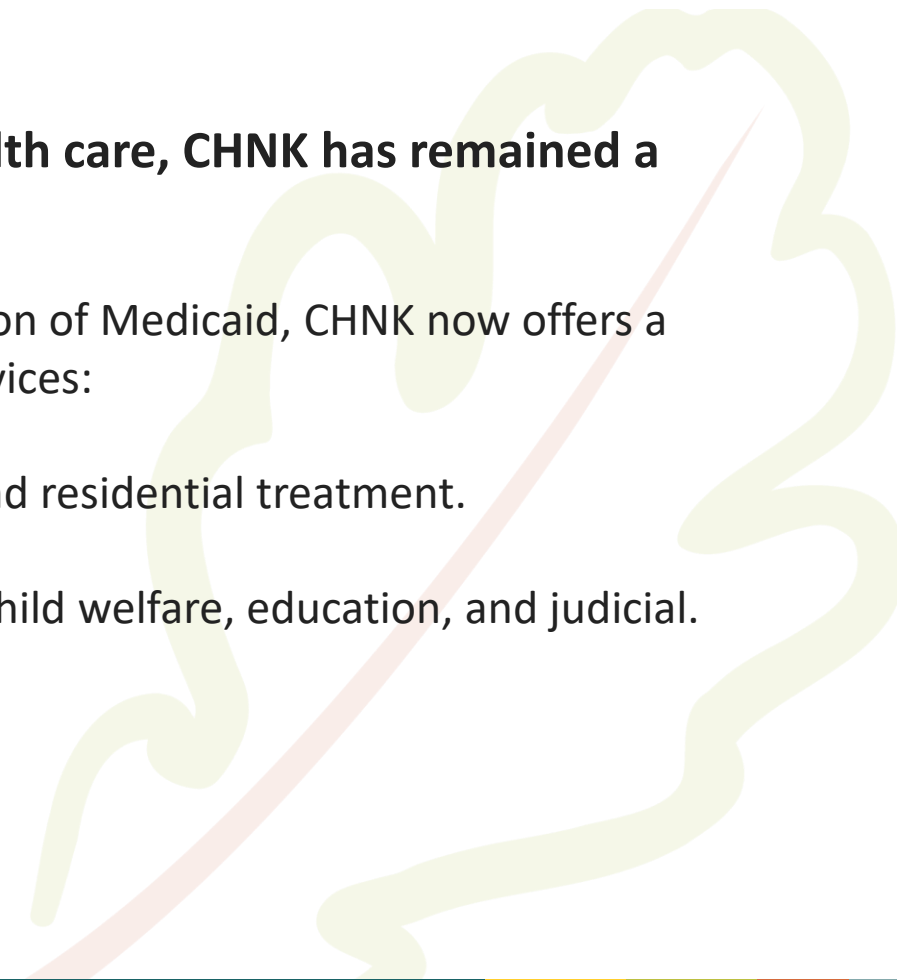


## CHNK BEHAVIORAL HEALTH AT-A-GLANCE:

**From orphanage to child welfare to behavioral health care, CHNK has remained a vital partner in service to community.**

Leveraging opportunities made available through expansion of Medicaid, CHNK now offers a broad continuum of mental health and substance use services:

- Prevention, early intervention, intensive outpatient, and residential treatment.
- In collaboration with and across systems; healthcare, child welfare, education, and judicial.



# ACHIEVING MISSION AND VISION WITH A 4-PRONGED APPROACH:

1. EMBRACE A CULTURE OF TRAUMA-INFORMED CARE
2. MOVE MENTAL HEALTH SERVICES UPSTREAM
3. ADVANCING IMPLEMENTATION OF EVIDENCE-BASED PRACTICES
4. EXPANDING ACCESS TO CARE



## GROWTH AND CHANGE

HAVE BEEN **SIGNIFICANT:**

**434%** increase in total annual impacts since 2014.

Average of **30,000** treatment services per year.

Impacting more than **3,000** children, adults, and family members annually.

*Significant, but only meeting a fraction of the need.*

# EVIDENCE OF THE MENTAL HEALTH CRISIS BEFORE US IS WELL RESEARCHED AND DOCUMENTED

## You are likely already aware that:

Kentucky ranks 48th in state prevalence of untreated youth with depression.

An estimated 70 percent of our state's population live in a community that lacks enough mental health professionals.

7 in 10 Kentucky youth in the juvenile justice system have a mental health condition.

Suicide is the 2nd leading cause of death among persons under age 45 nationally.

*How can we create an easier path to mental health?*

# AN EASIER PATH TO MENTAL HEALTH: **BEGINS WITH ACCESS.**

## NEED OUTPACING AVAILABILITY.

According to Mental Health America, Youth Data 2023 Report, Kentucky ranks 31/51 for prevalence of mental illness among youth in relation to access to care.

To add context, the same report notes 15% (51,000) of KY youth ages 12-17 experienced at least 1 major depressive episode this past year.

**Only 59% (30,090) of these youth received needed care.**



# AN EASIER PATH TO MENTAL HEALTH: BEGINS WITH ACCESS

## PROFESSIONAL SHORTAGE AREAS EXACERBATING BARRIERS TO ACCESS:

Per County Health Rankings & Roadmaps, Kentucky's ratio of population to mental health professionals' averages 390:1 versus the national average of 350:1.

Some Kentucky counties have more than 4,000 residents for every 1 mental health professional.

All 12 counties of the Northern Bluegrass Region (NBR) have ratios greater than that of the state average, up to 6 times greater.

## AVERAGE RATIO OF RESIDENTS TO MENTAL HEALTH PROFESSIONALS

KENTUCKY AVERAGE	390:1
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NATIONAL AVERAGE	350:1
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NBR AVERAGE	1,226:1
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# AN EASIER PATH TO MENTAL HEALTH: EXPANDING ACCESS.

**CHNK HAS DEVELOPED A 5-YEAR PLAN TO EXPAND  
MENTAL HEALTH SERVICES ACROSS THE NORTHERN  
BLUEGRASS REGION.**

With a primary focus on youth ages 12-17 and goal of expanding access by 40%.

Including outreach to rural and other professional shortage areas.

Resulting in a 200% increase in the number of clients served annually.







# AN EASIER PATH TO MENTAL HEALTH: **EXPANDING ACCESS.**

## ACHIEVEMENT WILL REQUIRE:

**Workforce attraction and retention.**

**Expansion of telehealth and other critical programs.**

**Expansion of needed facilities in multiple locations.**

**Significant financial investment.**



# AN EASIER PATH TO MENTAL HEALTH: THE CAMPAIGN

## OUR COMPREHENSIVE \$38 MILLION CAMPAIGN WILL SUPPORT:

- *Growth of clinical capacity.*
- *Increased partnerships and collaborations across systems.*
- *Alignment of strategies across local, state, and federal initiatives.*
- *Investments in facilities, human capital, and evidence-based programming.*

# AN EASIER PATH TO MENTAL HEALTH:

## THE CAMPAIGN

- ***Funding from public and private sources***, including \$19 million request to the state for capital funding priorities.
- ***Request for one-time funding***; an investment in growth and expanded infrastructure.
- ***Unprecedented times requiring an unprecedented response.***



## WHY CHNK?

- **Trusted partner in collaboration and service to the Cabinet for Health and Family Services for decades.**
- **Demonstrated competencies, relevancy, and good stewardship of funds.**
- **Have a plan that is responsive and aligned with community need.**
- **Strong community support for investment in CHNK including:**
  - Northern Kentucky Cooperative for Educational Services
  - Northern Kentucky Association of Chiefs of Police

AN EASIER PATH TO  
MENTAL HEALTH:

TOGETHER WE CAN DO MORE

RESULTING IN:

**Improved family functioning, keeping families together safely**

**Reduced youth suicide rates and addiction**

**Reduced number of children in state custody**

**Reduced number of Kentucky youth in juvenile justice systems**

**Healthier, safer, communities**

*Thank you!*





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