



# Department for Behavioral Health, Developmental and Intellectual Disabilities

Prepared for the Budget Review Subcommittee on Economic Development/Tourism/Environmental Protection

Wendy T. Morris, Commissioner

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# Department Overview

The Department is responsible for the administration of state and federally funded mental health, substance use disorder, developmental and intellectual disability programs and services throughout the Commonwealth.

Our mission is to provide leadership, in partnership with others, to prevent disability, build resilience in individuals and their communities, and facilitate recovery for people whose lives have been affected by mental illness, substance abuse, intellectual disability, or developmental disability.

# DEPARTMENT OVERVIEW: SERVICES

## Central Office

### Hospitals:

- Appalachian Regional Healthcare
- Central State Hospital
- Eastern State Hospital
- Kentucky Correctional Psychiatric Center
- Western State Hospital

### Long Term Care:

- Glasgow State Nursing Facility (GSNF)
- Western State Nursing Facility (WSNF)

### Intermediate Care Facilities:

- Bingham Gardens
- Hazelwood (Del Maria, Meadows, Windsong)
- Oakwood
- Outwood

### Personal Care Home:

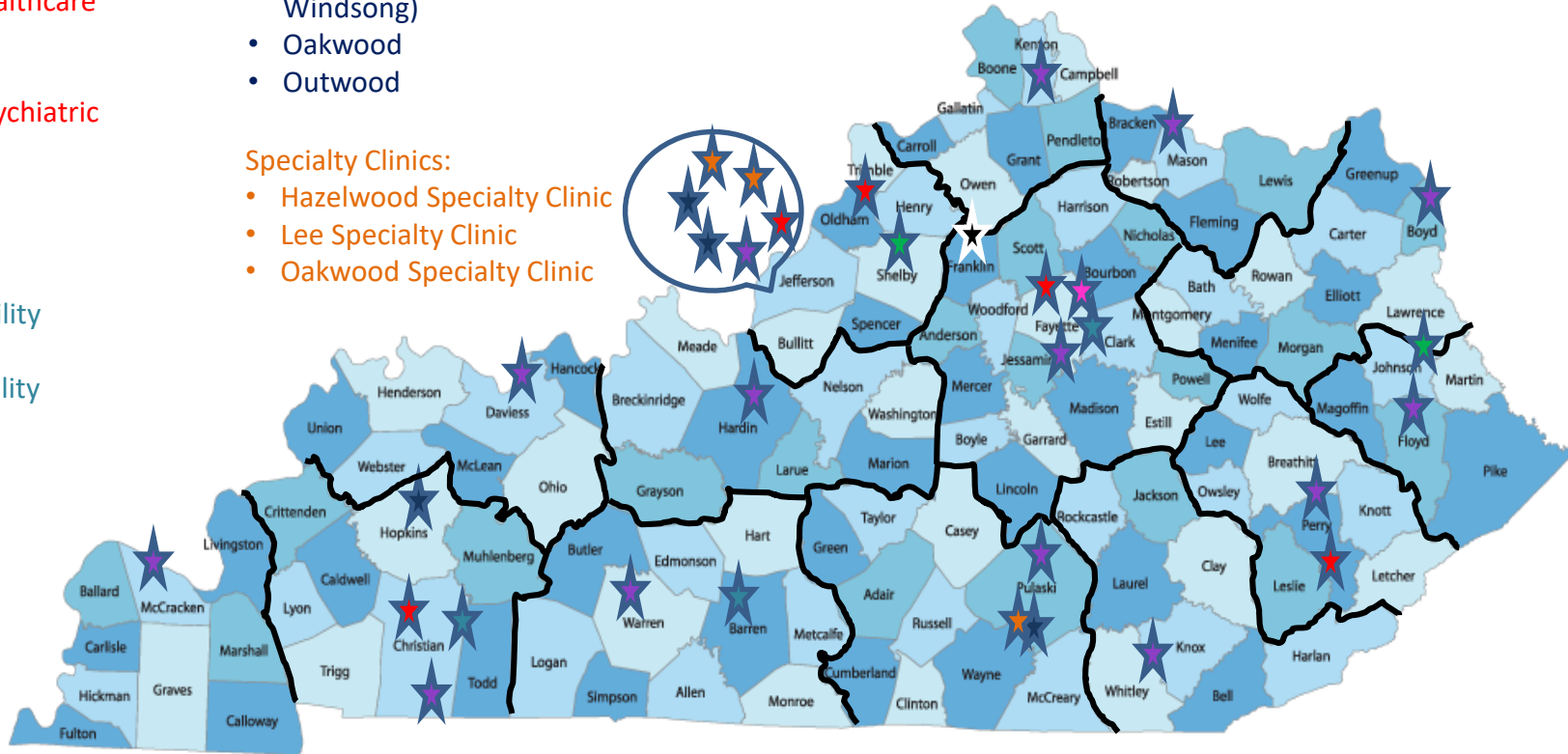
- Central Kentucky Recovery Center

### Community-Based Residential Substance Abuse Programs:

- Serenity House
- Women's Renaissance Center

### Specialty Clinics:

- Hazelwood Specialty Clinic
- Lee Specialty Clinic
- Oakwood Specialty Clinic



### Community Mental Health Centers (CMHC):

- |                             |                                 |                               |                                  |
|-----------------------------|---------------------------------|-------------------------------|----------------------------------|
| • Adanta                    | • Cumberland River              | • Mountain Comprehensive Care | • River Valley Behavioral Health |
| • NewVista of the Bluegrass | • Four Rivers Behavioral Health | • NorthKey                    | • Centerstone                    |
| • Communicare               | • Kentucky River Community Care | • Pathways                    |                                  |
| • Comprehend, Inc.          | • LifeSkills                    | • Pennyroyal Regional Center  |                                  |

# Department Goals



Continue to develop and expand the recovery-oriented system of care to address the opioid crisis and other substance use disorders.



Support and promote the behavioral health and wellness of children and families involved with or at risk of involvement with child welfare.



Preserve and enhance the behavioral health safety network to ensure access to meaningful, trauma-informed services for at-risk and underserved populations.



Advance efficient and effective operations of the Department's inpatient and residential facilities.



Assure a safe and adequate system of care for individuals with intellectual and developmental disabilities.

# Issues of concern during pandemic

- Access to behavioral health treatment and recovery supports
  - Pre-existing illness
    - Serious Mental Illness (SMI)
    - Severe Emotional Disability (SED)
    - Substance Use Disorder (SUD)
  - New onset of symptoms
  - Crisis intervention
- Suicide prevention
- Overdose prevention

# Strategies

- Telehealth
- Virtual forums
  - Alcoholics Anonymous, Narcotics Anonymous
- Harm reduction
  - Messaging and overdose prevention training
  - Narcan distribution
- Frequent calls with safety net providers
- COVID-19 emergency grants
  - Mental Health/Substance Use Services
  - Suicide Prevention

# Building Back Better

- Continue strategies that are working well
- Explore new strategies as crisis abates
  - Certified Community Behavioral Health Centers (CCBHC)
  - Serious Mental Illness waiver (SMI)

mental health  
**IS HEALTH**