



CABINET FOR HEALTH AND FAMILY SERVICES

**Budget Review Subcommittee on Health and Family Services
Medicaid Managed Care Chronic Disease Management Pilot Program**

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Kentucky Medicaid at a Glance

Approximately 1,660,700 members
(as of July 31, 2023)

Over 600,000 children – more than
half of the children in Kentucky

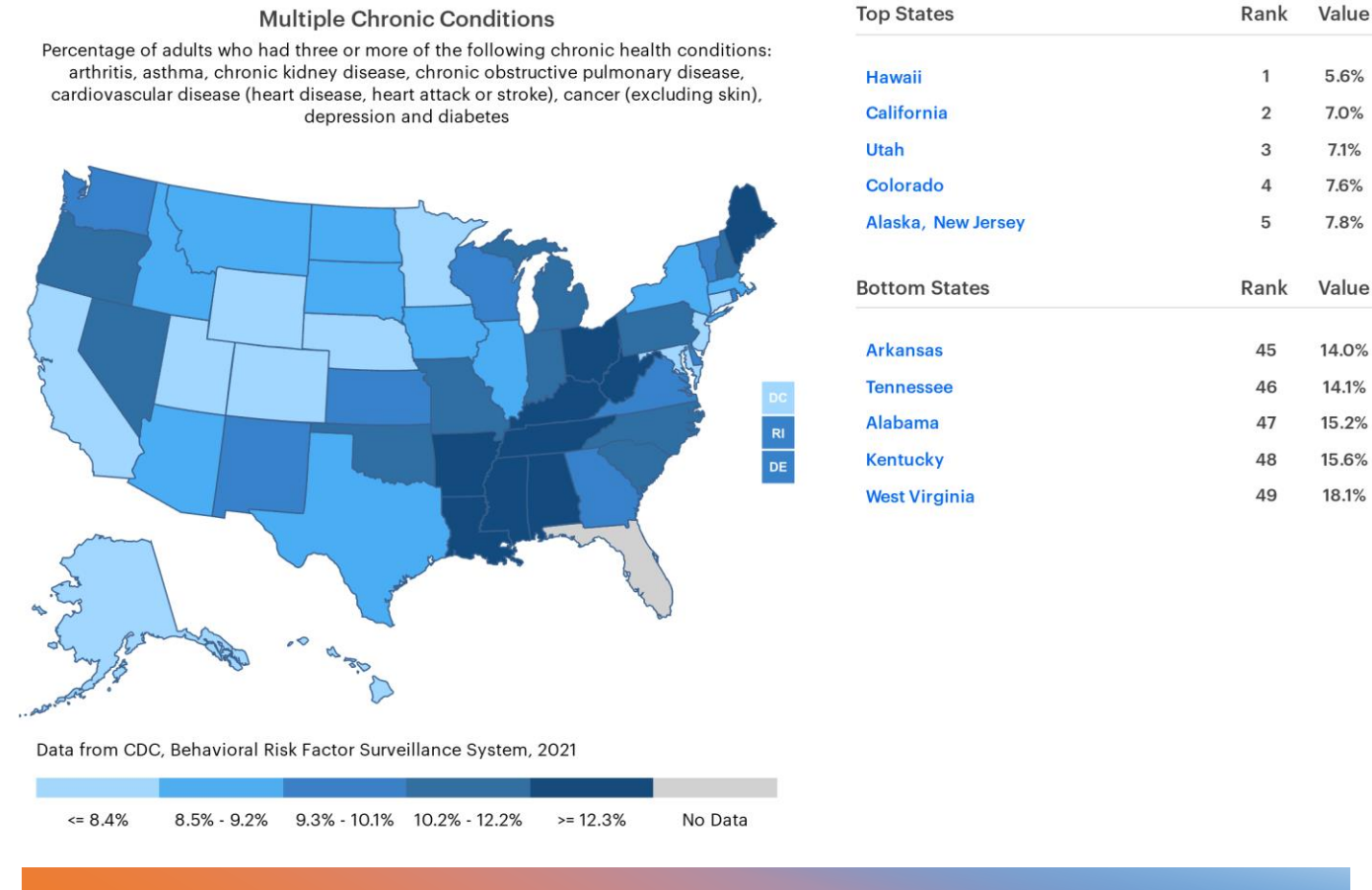
614,000 expansion members
(as of July 31, 2023)

Over 69,000 enrolled providers

\$16.8 billion in total SFY 2023 expenditures
(administrative and benefits combined)

Multiple Chronic Conditions by State

Percentage of adults who had three or more of the following chronic health conditions: arthritis, asthma, chronic kidney disease, chronic obstructive pulmonary disease, cardiovascular disease (heart disease, heart attack or stroke), cancer (excluding skin), depression and diabetes



Chronic Disease in Kentucky

Kentucky ranks 48th in the nation with 15.6% of population with three or more of the following chronic conditions:

- Arthritis
- Asthma
- Chronic kidney disease
- Chronic obstructive pulmonary disease
- Cardiovascular disease
- Cancer
- Depression
- Diabetes

House Bill 1, 2022 (pg. 86)

1. The Department for Medicaid Services shall implement a pilot program to manage and reduce the adverse outcomes of chronic diseases such as diabetes experienced by individuals enrolled in the Medicaid program.
2. The pilot program shall include strategies to effectuate behavioral health change such as real-time monitoring via cellphones and additional evidence-based measures.
3. The Department for Medicaid Services shall require each managed care organization participating in the Kentucky Medicaid program to provide chronic disease management services as implemented through the pilot program as part of the contracted services.

Section 34.1.B of all Managed Care Contracts

Management of Chronic Conditions: The contractor shall provide care coordination support to enrollees who have been identified as having emerging risk factors and/or one (1) targeted chronic condition. The contractor shall provide services to enrollees that aim to reduce healthcare costs and improve quality of life for enrollees who have a chronic condition through integrative care. Care coordination should help enrollees to address potential co-morbidities or other complications and help to avoid complications.

Remote Patient Monitoring

- Approximately 111 companies offer remote patient monitoring (RPM) [Remote Patient Monitoring \(RPM\) Companies | Healthcare IT Today](#)
- Department cannot directly contract with one of the companies that offers RPM outside of the procurement process
- Medicaid does cover RPM for a variety of conditions, including but not limited to:
 - Pregnancy
 - Diabetes
 - Heart disease
 - Cancer
 - Hypertension
 - Any condition that the department determines would be appropriate and effective for RPM

Current Managed Care Organization (MCO) Pilot Programs

- Varies from MCO to MCO – average pilot programs among all MCOs is 5
- 5 MCOs have pilot projects related to diabetes
- Other pilot programs include but are not limited to:
 - Hypertension
 - Heart failure
 - Coronary artery disease
 - Asthma
 - Depression
 - Kidney disease

MCO Pilot Programs with RPM

- Aetna's RPM - provides real-time member outreach, access, and monitoring for chronic health conditions utilizing connectivity via iPhone and transmitting member data from peripheral devices such as blood pressure cuffs, weight scale, glucometer, pulse oximeter
- Anthem utilizes the Lark diabetes app
- United utilizes digital and remote monitoring for members with hypertension and diabetes



QUESTIONS?