

## Certificate of Need

Samantha Scotti, Project Manager, National Conference of State Legislatures

Kentucky General Assembly, Special Committee Certificate of Need Task Force

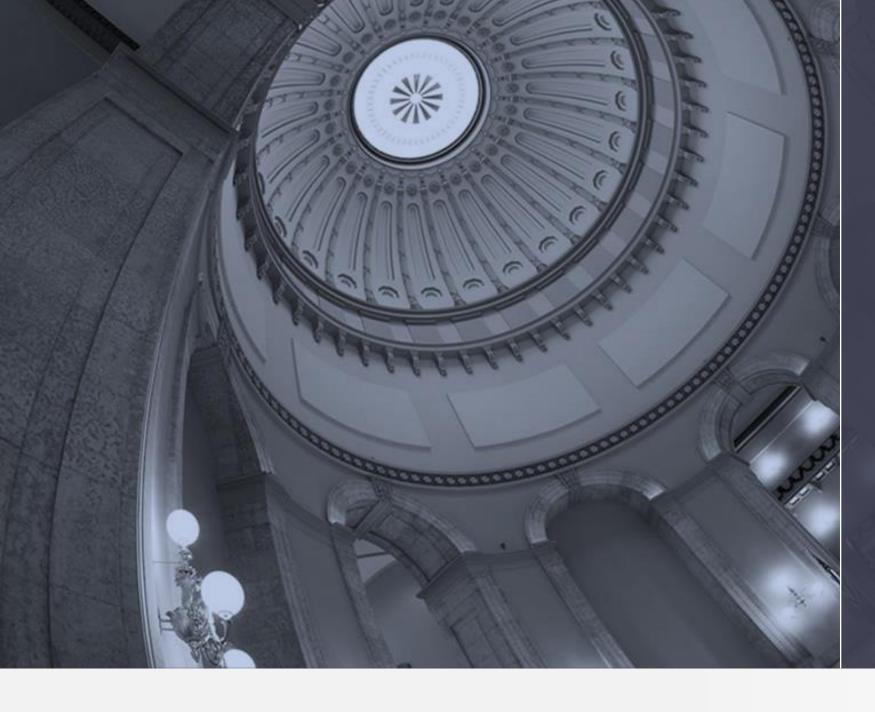
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## **Presentation Overview**





Strengthening the Legislative Institution

## How NCSL Strengthens Legislatures







NCSL provides trusted, nonpartisan policy research and analysis



Connections

NCSL links legislators and staff with each other and with experts



**Training** 

NCSL delivers training tailored specifically for legislators and staff



State Voice in D.C.

NCSL represents and advocates on behalf of states on Capitol Hill



Meetings

NCSL meetings facilitate information exchange and policy discussions





Certificate of Need: Background and National Overview

#### What is Certificate of Need?



- Certificate of Need (CON) laws require health care facilities to seek state approval prior to major capital expenditures or projects.
- For example:
  - Constructing a new hospital.
  - A nursing home expanding their bed capacity.
  - Health systems opening a new ambulatory care center or initiating new services like a burn unit.



### Certificate of Need State Laws (as of June 2023)



- CON Law
- Variation of CON
  Law
- No CON Law
- No Data



### Certificate of Need: Key Terms





**Oversight Entity:** a state body, such as a department of health, office of health facility licensing, division of health planning, or other entity that operates the certificate of need program.



**Regulated Facilities:** any real property or equipment owned, leased or used by the health care institution which CON review is applied to (often includes reference to specific facility types, e.g., hospitals).



**Regulated Health Services**: clinically related (i.e., diagnostic, curative or rehabilitative) services provided in or through health-care facilities.



**Capital Expenditure:** an expenditure made by or on behalf of the health facility that is not chargeable as an expense of operation or maintenance and includes acquisition by purchase, transfer, lease or comparable arrangement.



Licensed Beds/ Bed Capacity: the total number of inpatient beds in a facility licensed by the respective state agency.



**Review Cycle:** the timeframe set for the review and initial decision on applications for CON applications that have been deemed complete.



**Service Area:** means the current and project service areas to which the facility is, or will be, providing services.





CON Deep Dive - State Examples

## State Example: Tennessee



#### **Oversight Entity**

- Tennessee Department of Health:
  - Health Services Development Agency – reviews CON applications.
  - Division of Health Planning sets standards and requirements for demonstrating CON.

#### **Regulated Facilities**

- Nursing homes
- Hospitals and mental health hospitals
- Outpatient diagnostic centers
- Recuperation centers
- Ambulatory surgical treatment centers

#### **Regulated Activities**

- Constructing, developing, or establishing a health care facility.
- Changing the licensed bed/ bed capacity of a facility.
- Initiating services such as a burn unit, open heart surgery or organ transplantation.

## State Example: Virginia



#### **Oversight Entity**

- Virginia Department of Health:
  - Division of Certificate of Public Need within the Office of Licensure and Certification

#### **Regulated Facilities**

- General hospitals
- Nursing homes
- Intermediate care facilities (with exceptions)
- Extended care facilities
- Psychiatric hospitals and intermediate care facilities for individuals with substance abuse

#### **Regulated Activities**

- Establishing a new medical care facility.
- Increasing the number of licensed beds or operating rooms.
- Relocating beds from an existing facility to another.
- Introducing new nursing home services.

## State Example: Ohio



#### **Oversight Entity**

- Ohio Department of Health:
  - Office of Health Assurance and Licensing/Health Care Services Section

#### **Regulated Facilities**

- Long-term care facilities, including:
  - a nursing home
  - the portion of any facility that is certified as a skilled nursing facility

#### **Regulated Activities**

- Establishing, developing or constructing new long-term care facilities.
- Replacing an existing facility.
- Increasing long-term care bed capacity.
- Relocating long-term care beds from one site to another.

#### Certificate of Need Variations



State Examples

#### Arizona

- Regulated Facilities & Activities:
   Requires CON application for ambulance services and ambulances.
- Oversight Entity: Arizona
   Department of Health Services,
   Bureau of Emergency Medical
   Services & Trauma System

#### Minnesota

- Regulated Facilities & Activities:
   Maintains moratoria for select facilities, including hospitals, with process to obtain exceptions from moratoria.
- Oversight Entity: Minnesota
   Department of Health, and the legislature retains the decision to grant an exception.

#### Wisconsin

- Regulated Facilities & Activities:
   Maintains moratoria for hospital and psychiatric or chemical dependency beds, with process to obtain exceptions from moratoria.
- Oversight Entity: Wisconsin
   Department of Health Services





Recent Certificate of Need Legislation

## Recent Certificate of Need Legislation





## Substantial Reforms



## **Targeted Modifications**

Florida, Montana and South
 Carolina enacted legislation limiting CON oversight to long-term care facilities.

 Washington enacted legislation exempting rural health clinics in home health shortage areas from CON review.



### Additional Requirements

 <u>Illinois</u> and <u>Nevada</u> enacted legislation requiring health facilities to seek CON approval prior to closing a facility.

## Recent Certificate of Need Legislation: Task Forces and Study Committees



#### Georgia

Senate Study Committee on Certificate of Need Reform

- Goal: look at the effect of CON on access to health care, costs, and how CON affects rural areas.
- Recommendations
   (forthcoming): recommend
   any action or legislation
   which the committee deems
   necessary or appropriate.

#### Connecticut

Certificate of Need Task Force

- Goal: studying and recommending the effect of CON on 10 matters.
- Recommendation: recently published report includes multiple recommendations responding to each of the 10 matters.

#### **South Carolina**

Certificate of Need Study
Committee

- Goal: examining the effect of CON repeal on health care quality and access in rural areas.
- Recommendations
   (forthcoming): recommend
   action on any of the rural
   health care access measures
   studied, may include
   legislative, regulatory, or
   policy changes.





## Research and Studies

#### Certificate of Need: Research and Studies



## Certificate of Need Laws: A Systematic Review and Cost-effectiveness Analysis

Reviewed 90 articles
 to summarize the
 evidence on how CON
 laws affect regulatory
 costs, health
 expenditures, health
 outcomes, and access
 to care.

## The Association of Hospital Cost-Inefficiency with Certificate-of-Need Regulation

 Compared the costinefficiency of urban, acute care hospitals in states with CON laws against those in states without CON requirements using data from 1,552 hospitals in 37 states over four years.

## Does Certificate of Need Really Contain Hospital Costs in the United States?

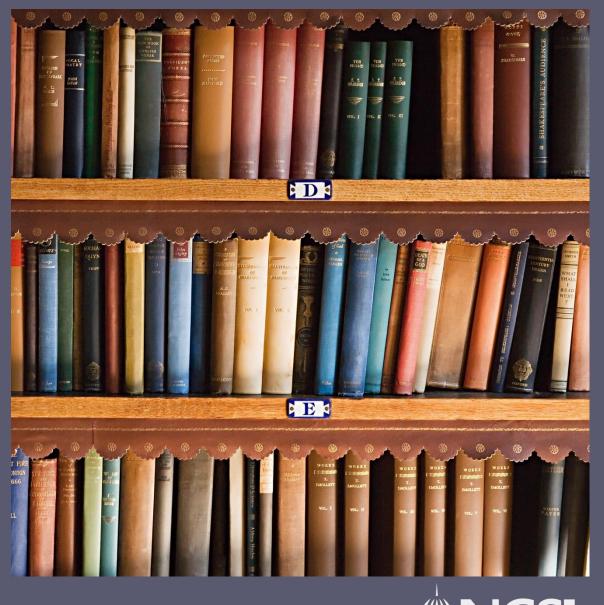
Examined the impact
 of CON laws on
 hospital costs by
 looking at data for
 1,957 acute care
 hospitals in 301
 standard metropolitan
 statistical areas
 (SMSAs).

# Association of State Certificate of Need Regulation With Volumes, Market Share and Outcomes

Examined if there an association between CON laws and markers of hospital procedural activity and quality of care by analyzing Medicare beneficiaries who underwent 1 of 10 specified procedures.

#### Additional Resources

- Certificate of Need Webpage, (NCSL)
- Health Costs, Coverages and Delivery Database, (NCSL)
- Repeal or Retool? States Assess
   Certificate of Need Laws (NCSL)









## Reach out anytime!

Email

Phone

Samantha.scotti@ncsl.org

303.856.1440