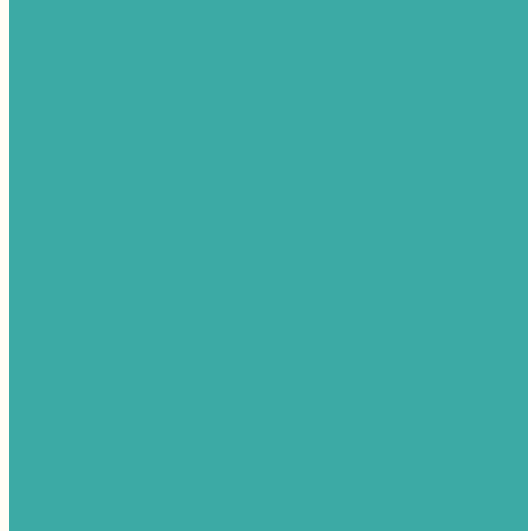




Kentucky's Health & Historical Trends

July 10, 2025



America's Health Rankings

Kentucky's 2024 Annual Report Rankings

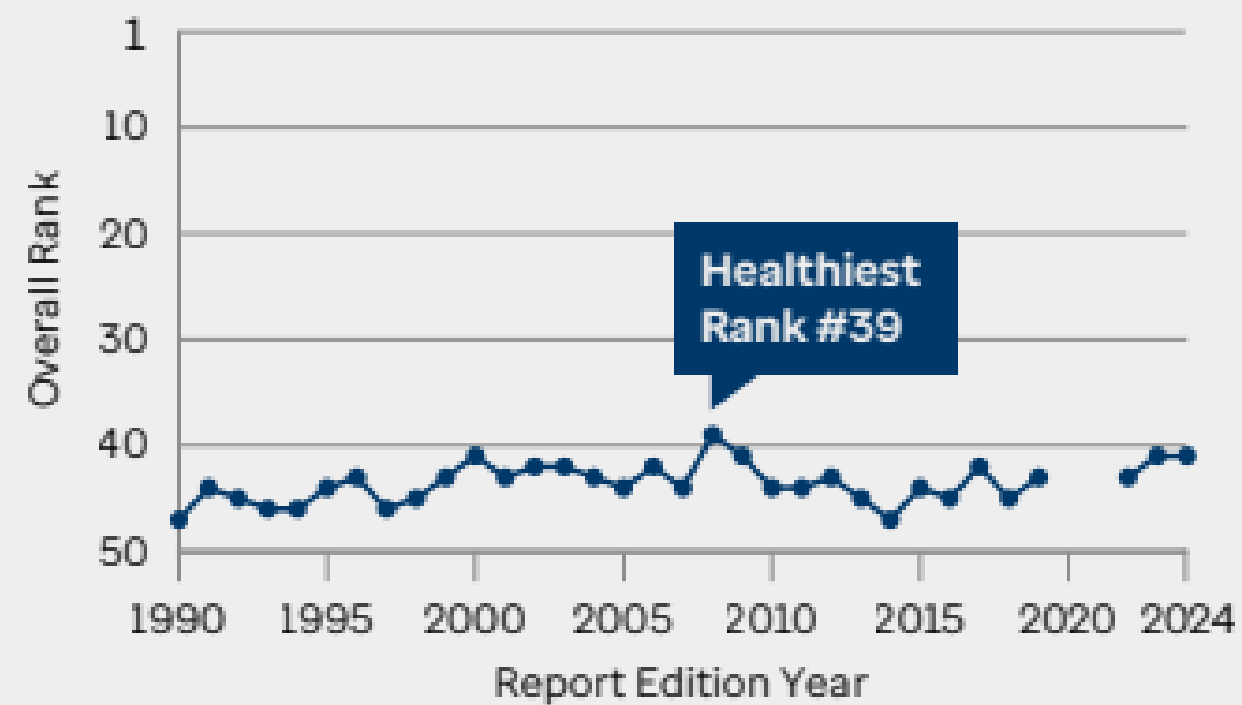


Overall Rank: 41



Health Outcomes: 44

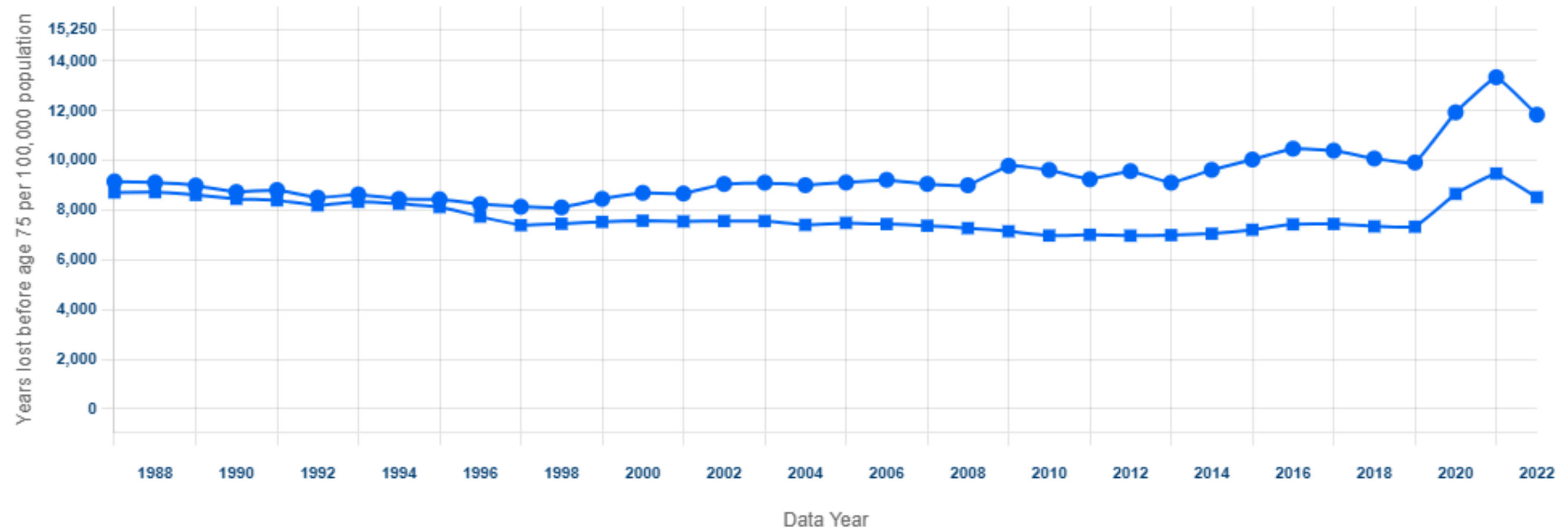
Annual Report Rank History



Premature Death in Kentucky



Years of potential life lost before age 75 per 100,000 population (1-year estimate)



● Kentucky
■ United States

Source: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death by Single Race Files via CDC WONDER Online Database

[Compare States](#) +

Chart from America's Health Rankings



Kentucky

State Health Department Website: chfs.ky.gov/agencies/dph

Key Findings

Drug Deaths

117%▲

from 23.2 to 50.3 deaths per 100,000 population between 2013 and 2022.

Uninsured

62%▼

from 14.3% to 5.4% of the population between 2013 and 2023.

Unemployment

51%▼

from 8.4% to 4.1% of civilian workers between 2013 and 2023.

Premature Death

30%▲

from 9,110 to 11,846 years lost before age 75 per 100,000 population between 2013 and 2022.

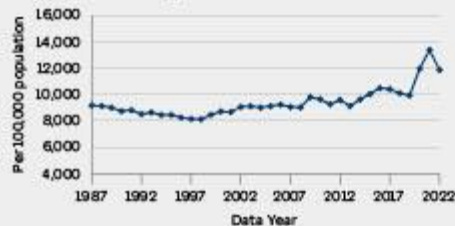
35 Years of Data

Annual Report Rank History



Premature Death

Years lost before age 75



Overall Rank

41

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		44	-0.602	
Community and Family Safety	Homicide (Deaths per 100,000 population)	35	8.4	76
	Occupational Fatalities (Deaths per 100,000 workers)	44	6.0	4.2
	Public Health Funding (Dollars per person)	33	\$108	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	43	75	—
	Food Insecurity (% of households)	45	14.5%	12.2%
	Income Inequality (80-20 Ratio)	42	5.04	4.87
Education	Fourth Grade Reading Proficiency (% of public school students)	29	31.1%	32.1%
	High School Completion (% of adults age 25+)	38	89.5%	89.8%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	42	19.6%	14.5%
	High-Speed Internet (% of households)	41	92.2%	93.8%
	Residential Segregation - Black/White (Index from 0-100)	20	62	—
	Volunteerism (% of population age 16+)	34	22.6%	23.2%
	Voter Participation (% of U.S. citizens age 18+)	21	60.4%	59.5%
Physical Environment		12	0.500	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	35	8.3	8.6
	Drinking Water Violations (Average violations per community water system)	29	2.1	2.8
	Water Fluoridation (% of population served)	1	99.7%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	30	1	—
	Heat and Worker Health (Cases per 10,000 full-time workers)*	13	0.2	—
Housing and Transit	Drive Alone to Work (% of workers age 16+)*	42	76.7%	69.2%
	Housing With Lead Risk (% of housing stock)	23	14.3%	16.4%
	Severe Housing Problems (% of occupied housing units)	14	12.9%	16.8%
Clinical Care		30	-0.181	
Access to Care	Avoided Care Due to Cost (% of adults)	—	—	10.6%
	Dental Care Providers (Number per 100,000 population)	32	59.5	65.8
	Mental Health Providers (Number per 100,000 population)	27	32.81	344.9
	Primary Care Providers (Number per 100,000 population)	16	31.71	283.4
	Uninsured (% of population)	12	5.4%	7.9%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	39	64.1%	66.9%
	Colorectal Cancer Screening (% of adults ages 45-75)	10	64.0%	61.8%
	Dental Visit (% of adults)	42	60.3%	66.0%
	Flu Vaccination (% of adults)	—	—	42.9%
	HPV Vaccination (% of adolescents ages 13-17)	47	47.9%	61.4%
Quality of Care	Dedicated Health Care Provider (% of adults)	—	—	84.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	46	3,305	2,665
Behaviors		38	-0.425	
Nutrition and Physical Activity	Exercise (% of adults)	—	—	30.4%
	Fruit and Vegetable Consumption (% of adults)	—	8.9%	7.4%
	Physical Inactivity (% of adults)	—	—	24.2%
Sexual Health	Chlamydia (Cases per 100,000 population)	16	40.68	495.0
	High-Risk HIV Behaviors (% of adults)	16	5.5%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	47	21.8	13.6
Sleep Health	Insufficient Sleep (% of adults)	46	39.3%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)*	—	—	7.7%
	Smoking (% of adults)	—	—	12.1%
Health Outcomes		44	-0.466	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	45	50.3	32.4
	Excessive Drinking (% of adults)	—	—	16.7%
	Frequent Mental Distress (% of adults)	—	—	15.4%
	Non-Medical Drug Use (% of adults)	46	20.9%	17.6%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	46	11,846	8,522
	Premature Death Racial Disparity (Ratio)	6	1.2	1.6
Physical Health	Frequent Physical Distress (% of adults)	—	—	12.6%
	Low Birth Weight (% of live births)	33	8.9%	8.6%
	Low Birth Weight Racial Disparity (Ratio)	13	1.8	2.1
	Multiple Chronic Conditions (% of adults)	—	—	10.7%
	Obesity (% of adults)	—	—	34.3%
Overall		41	-0.360	

* Additional measure that does not contribute to a state's overall rank.
— Data not available, missing or suppressed.



Visit AmericasHealthRankings.org for the full list of measures, source details and methodologies.

2024 Annual Report



Multiple Chronic Conditions Trends



Percentage of adults who had three or more of the following chronic health conditions: arthritis, asthma, chronic kidney disease, chronic obstructive pulmonary disease, cardiovascular disease (heart disease, heart attack or stroke), cancer (excluding non-melanoma skin cancer), depression or diabetes

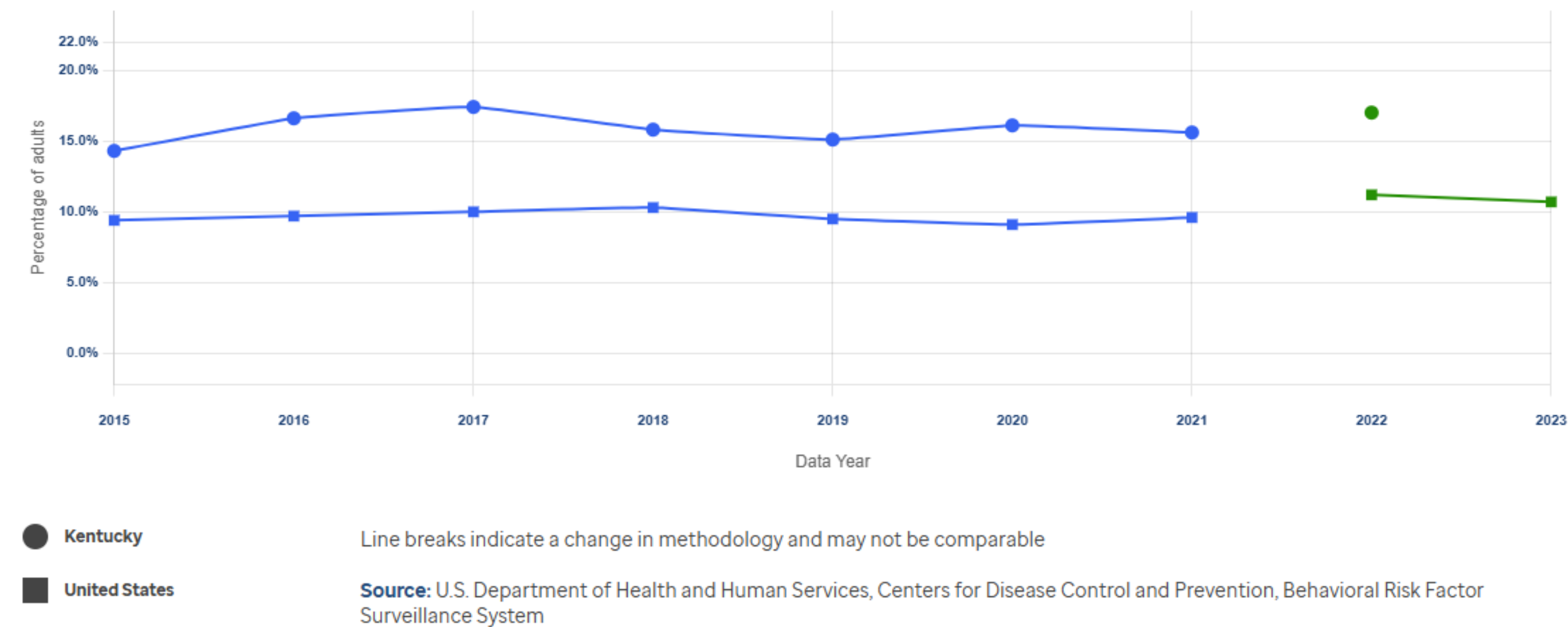


Chart from America's Health Rankings



Diabetes Trends



Percentage of adults who reported ever being told by a health professional that they had diabetes (excluding prediabetes and gestational diabetes)

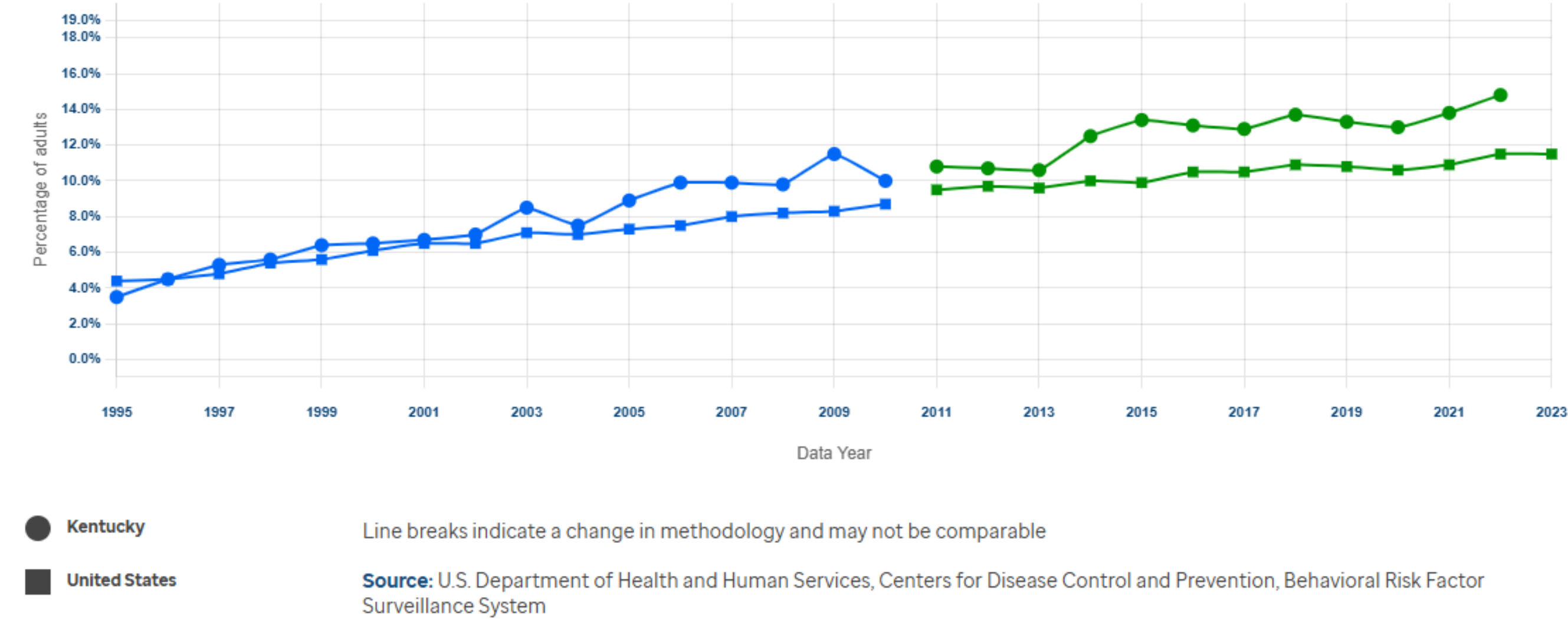


Chart from America's Health Rankings

Kentucky Department for Public Health 2025 Diabetes Report:
13.7% of Kentucky adults had diabetes in 2023

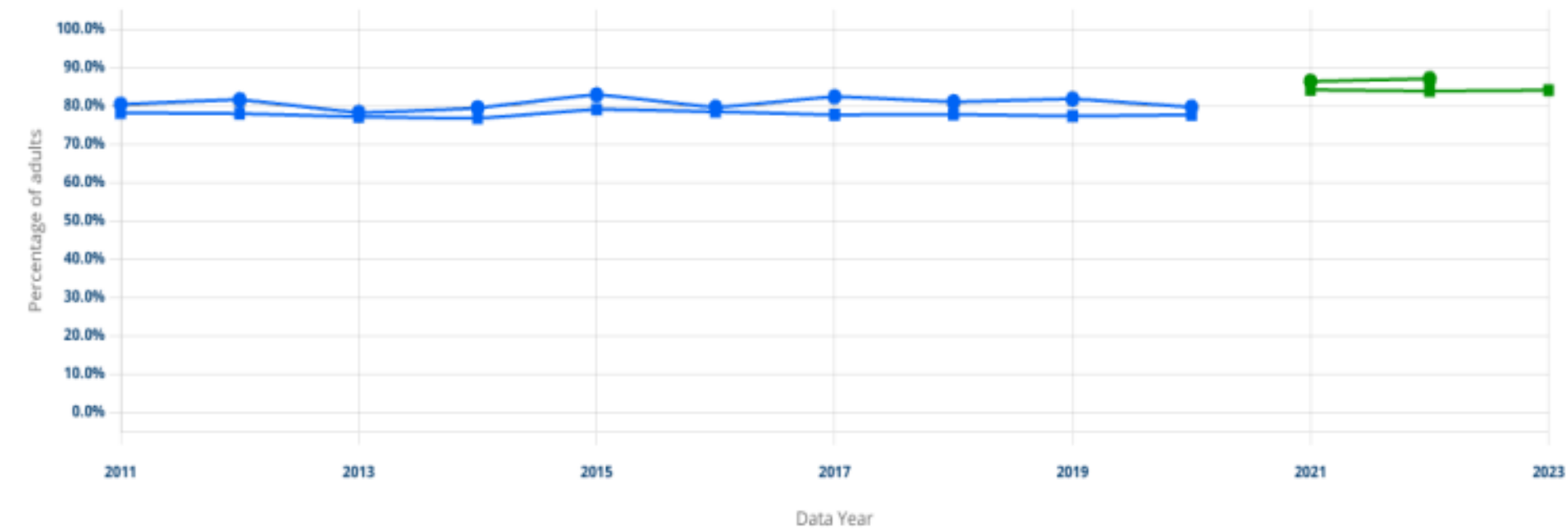


Dedicated Health Care Provider Trends

Percentage of adults who reported having a personal doctor or health care provider

Population:

General Population



● Kentucky

■ United States

Line breaks indicate a change in methodology and may not be comparable

Source: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, Behavioral Risk Factor Surveillance System

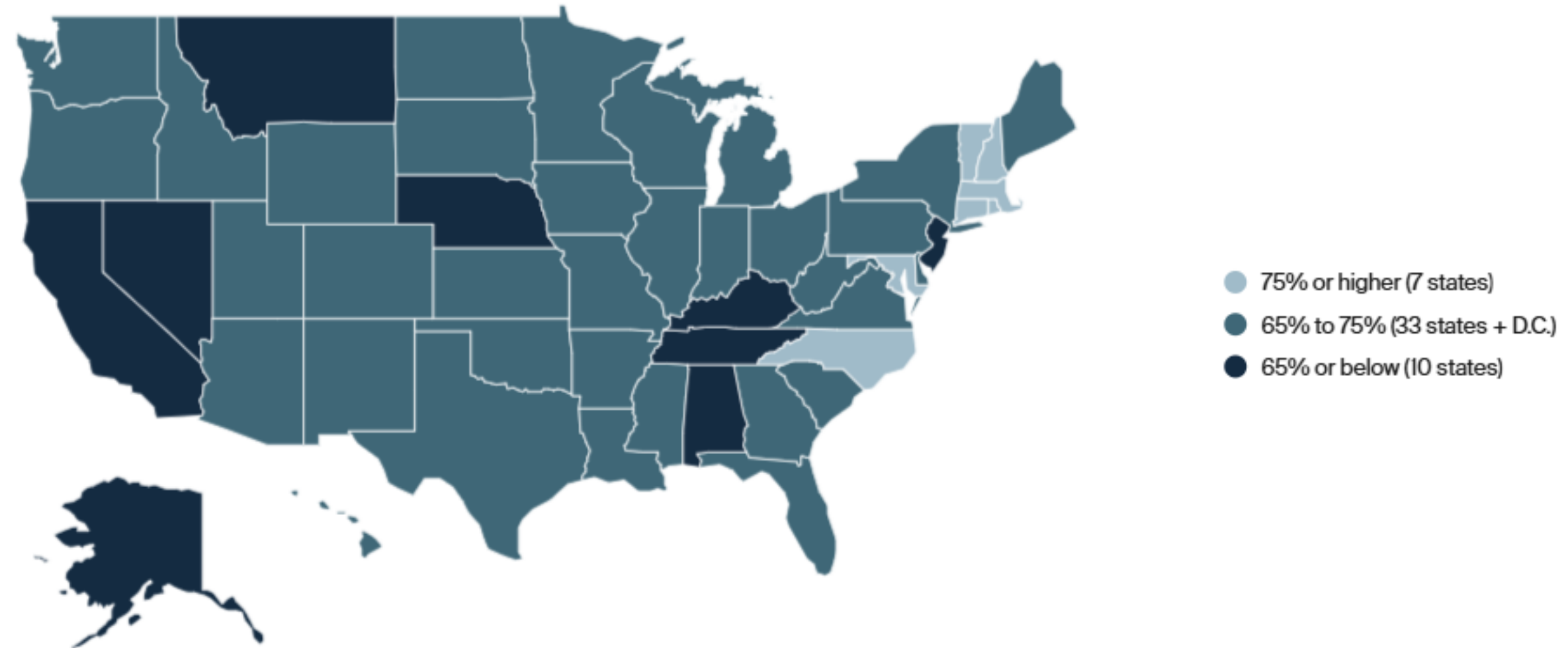
The **2022 Kentucky Physician Report** produced by the UK Center of Excellence in Rural Health notes that:

- **43 of 120 KY counties** meet the criteria for a **primary care physician health provider shortage area**.
- Almost half of Kentucky primary care physicians work in Fayette and Jefferson County.



The number of children who have received all doses of recommended early childhood vaccines is below 75 percent in most states.

Children ages 19–35 months who received all recommended doses of seven key vaccines, by state (2023)*



 Download data

* The combined seven-vaccine series protects against diphtheria, pertussis, tetanus, polio, measles, mumps, rubella, hepatitis B, Haemophilus influenzae type b, varicella, and pneumococcal infections.

Data: National Immunization Survey (NIS), 2023, analysis by authors.

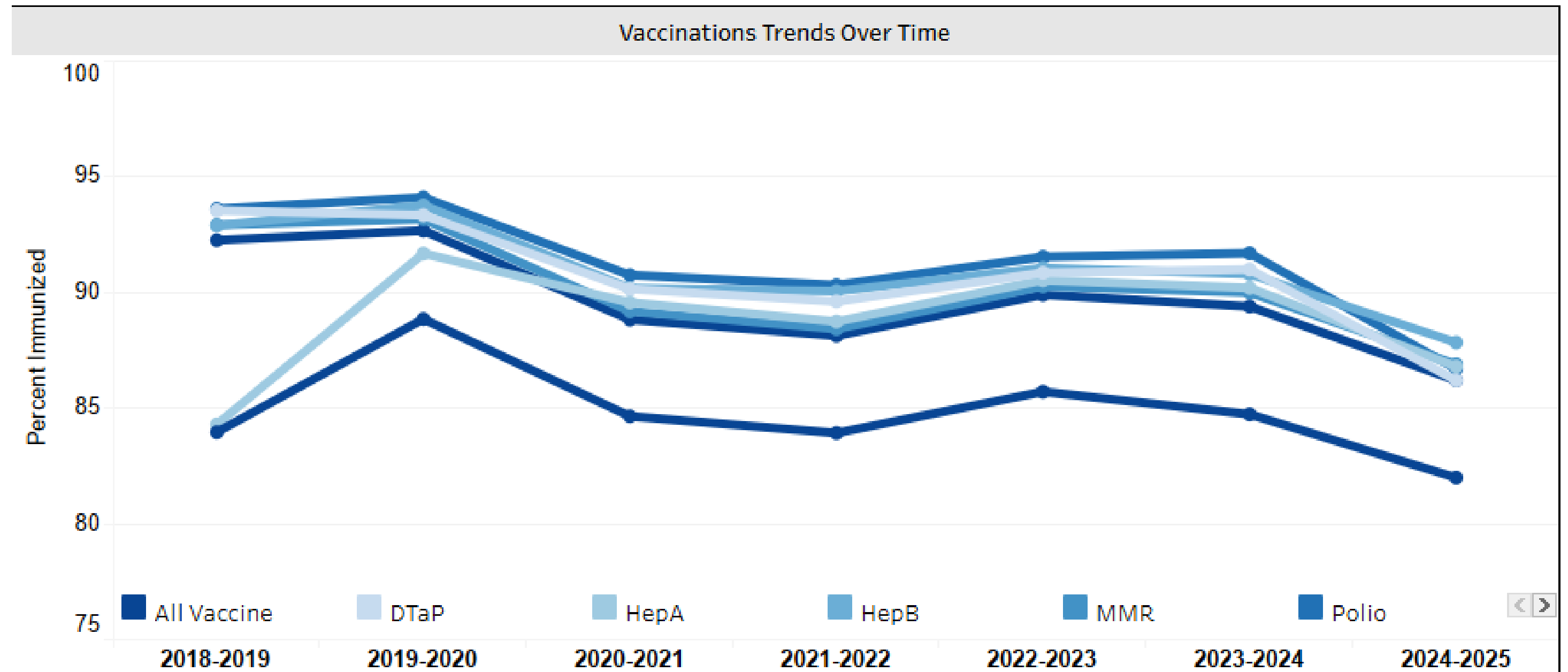
Source: David C. Radley, Kristen Kolb, and Sara R. Collins, *2025 Scorecard on State Health System Performance: Fragile Progress, Continuing Disparities* (Commonwealth Fund, June 2025).

<https://doi.org/10.26099/w0ns-ae34>



Kindergarten Immunizations

From the Kentucky School Immunization Survey



America's Health Rankings

Kentucky's 2025 Senior Report Rankings



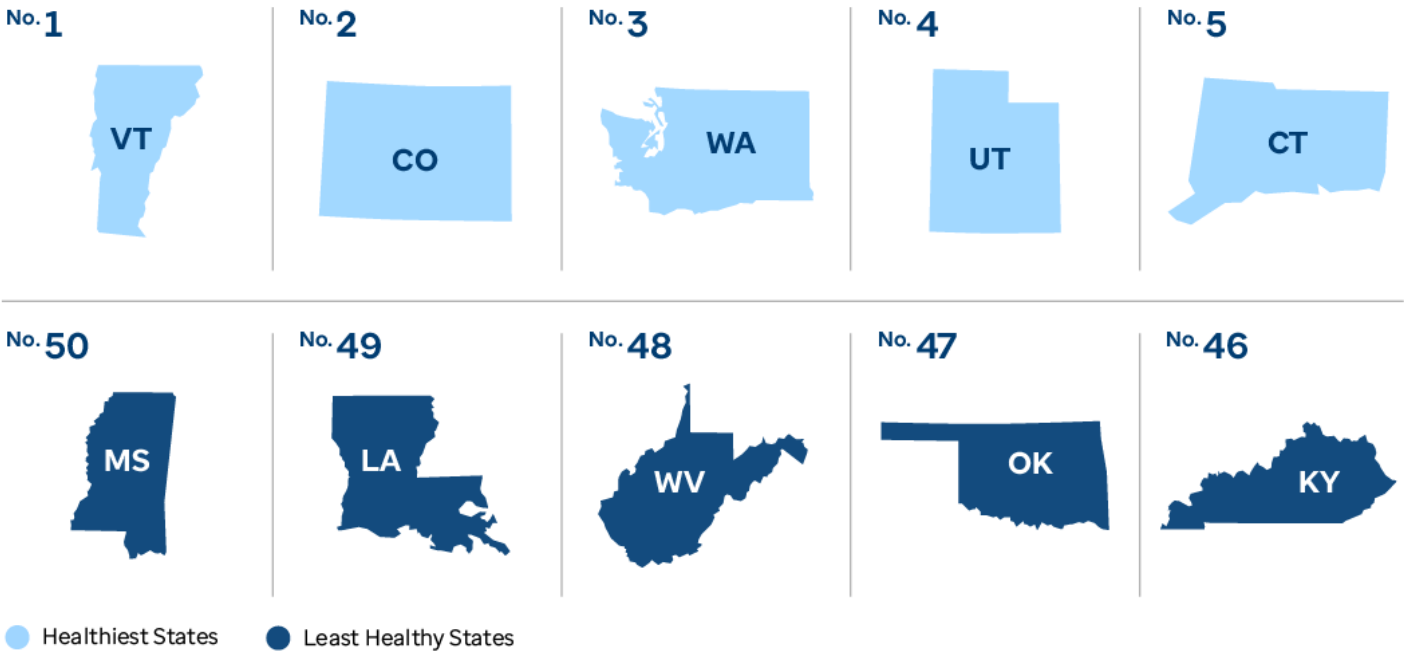
Overall Rank: 46



Health Outcomes: 49

2025 Senior Report State Rankings

Healthiest and least healthy states for older adults ranked across Social and Economic Factors, Physical Environment, Clinical Care, Behaviors and Health Outcomes.



Source: America's Health Rankings composite measure, 2025.



Questions?

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Healthy-KY.org



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KENTUCKY**

