

## Summary

### Key Findings

#### Drug Deaths

**48%**▲

from 8.7 to 12.9 deaths per 100,000 adults age 65 and older between 2018-2020 and 2021-2023.

#### Home Health Care Workers

**28%**▲

from 25.0 to 32.0 aides per 1,000 adults age 65 and older between 2016 and 2023.

#### High-Speed Internet

**6%**▲

from 78.3% to 82.7% of households with adults age 65 and older between 2021 and 2023.

### Strength

- Low prevalence of food insecurity

### Challenge

- High early death rate

Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

## Measures

|                                        |                                                                                         | State Rank | State Value   | U.S. Value |
|----------------------------------------|-----------------------------------------------------------------------------------------|------------|---------------|------------|
| <b>Social and Economic Factors</b>     |                                                                                         | <b>45</b>  | <b>-0.744</b> |            |
| <b>Community and Family Safety</b>     | Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)                                | 45         | 20.9          | 13.8       |
|                                        |                                                                                         |            |               |            |
| <b>Economic Resources</b>              | Food Insecurity (% of adults age 60+)                                                   | 31         | 7.7%          | 8.7%       |
|                                        | Poverty (% of adults age 65+)                                                           | 46         | 12.9%         | 11.3%      |
|                                        | SNAP Reach (Participants per 100 adults age 60+ living in poverty)                      | 38         | 49.4          | 82.8       |
| <b>Social Support and Engagement</b>   | Community Support Expenditures (Dollars per adult age 60+)                              | 37         | \$31          | \$62       |
|                                        | High-Speed Internet (% of households with adults age 65+)                               | 43         | 82.7%         | 86.5%      |
|                                        | Low-Care Nursing Home Residents (% of residents)                                        | 9          | 5.4%          | 8.9%       |
|                                        | Risk of Social Isolation (Index from 1-100)                                             | 47         | 83            | —          |
|                                        | Unpaid Elder Care (% of population age 15+)*                                            | 41         | 22.4%         | 14.1%      |
|                                        | Volunteerism (% of adults age 65+)                                                      | 36         | 23.1%         | 26.3%      |
| <b>Physical Environment</b>            |                                                                                         | <b>20</b>  | <b>0.770</b>  |            |
| <b>Air and Water Quality</b>           | Air Pollution (Micrograms of fine particles per cubic meter)                            | 35         | 8.3           | 8.6        |
|                                        | Drinking Water Violations (Average violations per community water system)               | 29         | 2.1           | 2.8        |
| <b>Climate and Health</b>              | Emergency Management Plan (Policy in place)*                                            | —          | No            | —          |
| <b>Housing and Transit</b>             | Housing Cost Burden (% of households with adults age 65+)                               | 11         | 26.7%         | 33.5%      |
| <b>Clinical Care</b>                   |                                                                                         | <b>47</b>  | <b>-0.688</b> |            |
| <b>Access to Care</b>                  | Avoided Care Due to Cost (% of adults age 65+)                                          | —          | —             | 3.6%       |
|                                        | Geriatric Clinicians (Clinicians per 100,000 adults age 65+)                            | 35         | 29.3          | 39.9       |
|                                        | Home Health Care Workers (Workers per 1,000 adults age 65+)                             | 34         | 32.0          | 62.0       |
| <b>Preventive Clinical Services</b>    | Cancer Screenings (% of adults ages 65-75)                                              | 44         | 69.2%         | 74.1%      |
|                                        | Flu Vaccination (% of adults age 65+)                                                   | —          | —             | 63.4%      |
|                                        | Pneumonia Vaccination (% of adults age 65+)                                             | —          | —             | 70.2%      |
| <b>Quality of Care</b>                 | Dedicated Health Care Provider (% of adults age 65+)                                    | —          | —             | 95.9%      |
|                                        | Hospice Care (% of Medicare decedents)                                                  | 44         | 41.4%         | 46.9%      |
|                                        | Nursing Home Quality (% of beds rated four or five stars)                               | 38         | 28.2%         | 31.1%      |
|                                        | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74) | 47         | 1,908         | 1,477      |
|                                        |                                                                                         |            |               |            |
| <b>Behaviors</b>                       |                                                                                         | <b>44</b>  | <b>-0.964</b> |            |
| <b>Nutrition and Physical Activity</b> | Exercise (% of adults age 65+)                                                          | —          | —             | 29.0%      |
|                                        | Fruit and Vegetable Consumption (% of adults age 65+)                                   | 11         | 8.3%          | 7.3%       |
|                                        | Physical Inactivity (% of adults age 65+ in fair or better health)                      | —          | —             | 31.7%      |
| <b>Sleep Health</b>                    | Insufficient Sleep (% of adults age 65+)                                                | 49         | 33.9%         | 28.1%      |
| <b>Tobacco Use</b>                     | Smoking (% of adults age 65+)                                                           | —          | —             | 8.5%       |
| <b>Health Outcomes</b>                 |                                                                                         | <b>49</b>  | <b>-1.047</b> |            |
| <b>Behavioral Health</b>               | Drug Deaths (Deaths per 100,000 adults age 65+)*                                        | 24         | 12.9          | 13.3       |
|                                        | Excessive Drinking (% of adults age 65+)                                                | —          | —             | 6.9%       |
|                                        | Frequent Mental Distress (% of adults age 65+)                                          | —          | —             | 8.7%       |
|                                        | Suicide (Deaths per 100,000 adults age 65+)                                             | 38         | 22.0          | 17.7       |
| <b>Mortality</b>                       | Early Death (Deaths per 100,000 adults ages 65-74)                                      | 47         | 2,444         | 1,810      |
| <b>Physical Health</b>                 | Falls (% of adults age 65+)                                                             | —          | —             | 27.8%      |
|                                        | Frequent Physical Distress (% of adults age 65+)                                        | —          | —             | 17.0%      |
|                                        | Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)                    | 44         | 59%           | 53%        |
|                                        | Obesity (% of adults age 65+)                                                           | —          | —             | 30.2%      |
|                                        | Teeth Extractions (% of adults age 65+)                                                 | 49         | 22.5%         | 12.1%      |
| <b>Overall</b>                         |                                                                                         | <b>46</b>  | <b>-0.777</b> |            |

\* Unweighted measure that does not contribute to a state's overall rank.

— Data not available, missing or suppressed.