

**MAHA-KY TASK FORCE
FUTURE ACTIONS
FOR DISCUSSION**

12-16-25

#1 – Compile recommendations from task force members, include any additional recommendations from Co-Chairs and produce report

- Press Release to include recommendations and emphasize the escalation of the conversation in the Commonwealth around nutrition, nutrition counseling, food as medicine, etc.
- Report and attendant documents would emphasize the voluntary programs that are occurring in these areas and highlight opportunities for others
- Take credit for elevating and escalating the conversation in the Commonwealth.

#2 – Mirror legislation in other states such as Texas and California

Texas Legislation

Key Provisions of SB 25 (The "Make Texas Healthy Again" Act) Legislation Link:

<https://legiscan.com/TX/text/SB25/id/3247967>

SB 25 is the central piece of the legislation, enacting a variety of public health policies.

- **Mandatory Food Warning Labels:** Effective January 1, 2027, food products sold in Texas that contain one of 44 specified additives (including certain artificial colors, bleached flour, BHA, and titanium dioxide) must have a warning label. The label must state: "**WARNING:** This product contains an ingredient that is not recommended for human consumption by the appropriate authority in Australia, Canada, the European Union, or the United Kingdom".
- **Nutrition Education:** The law mandates the creation of nutrition and wellness curricula for K-12 schools and requires institutions of higher education and medical schools to offer or require coursework in nutrition and metabolic health.
- **Healthcare Professionals** The law requires continuing medical education in nutrition and metabolic health for licensed healthcare professionals, including physicians, physician assistants, and nurses.
- **Physical Activity in Schools:** It requires minimum daily levels of physical activity for students in grades K-5 and prohibits using physical activity restrictions as a penalty for academic performance or behavior.

- **Texas Nutrition Advisory Committee:** The bill establishes an advisory committee to examine the impact of nutrition and ultra-processed foods on chronic diseases and develop nutritional guidelines for the state.
- **Enforcement:** The law does not create a private right of action but empowers the Texas Attorney General to enforce the labeling requirements, with civil penalties of up to \$50,000 per day for each non-compliant product.

Other Texas Related Legislation

- **[SB 314](#) (School Meal Restrictions):** This bill prohibits schools from serving free or reduced-price meals that contain certain additives and artificial ingredients.
- **[SB 379](#) (SNAP Benefit Restrictions):** This law, effective in 2026, prohibits individuals from using Supplemental Nutrition Assistance Program (SNAP) benefits to purchase sweetened drinks and candy.

California Legislation

- California Assembly Bill 1264, also known as the "Real Food, Healthy Kids Act," requires the gradual elimination of certain ultra-processed foods and specific food dyes from meals served in California public schools.
- The law, signed by Governor Gavin Newsom on October 8, 2025, defines ultra-processed food for school purposes and outlines a multi-year implementation timeline, beginning with a ban on six synthetic food dyes effective December 31, 2027.
- Legislation Link: [CA AB1264 | 2025-2026 | Regular Session | Chaptered.](#)

#3 –Support Commissioner Shell’s current initiatives (Appalachia Proud, Ky Proud, Food is Medicine.)