

Transforming Behavioral  
Health in Kentucky  
through Certified  
Community Behavioral  
Health Clinics (CCBHCs)

Medicaid Oversight  
and Advisory Board  
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# Timeline of Community Mental Health Centers (CMHCs)



1963 – President Kennedy signs Community Mental Health Act

1966 – Community Mental Health Centers (CMHCs) created in KY Statute (KRS 210) – first in the nation to cover the entire state. CMHCs to be the planning authority for providing services to all Kentuckians seeking care for mental illness, substance use disorders (SUD) or intellectual/developmental disabilities.

2011 – Managed Care Organizations (MCOs) started in the Kentucky Medicaid program.

2014 – Authorization for Medicaid behavioral health service delivery extended beyond CMHCs to other entities (BHSOs, AODEs and MSGs) offer some services but with fewer requirements around crisis and access.

# Community Mental Health Centers (CMHCs) Services

## CMHCs

1. Established in KRS 210:370-485 to cover entire state
2. Reimbursed based upon the FY 2000 Cost Report
3. Reimbursed based upon units of services provided
4. Must respond 24/7/365 to community crises, mental health crisis
5. MH, SUD, IDD services are required
6. Residential services may be provided

# Timeline of Certified Community Behavioral Health Clinics (CCBHCs)

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- 2014 - the Protecting Access to Medicare Act (PAMA) established the CCBHC Model
- 2017 - CCBHC Medicaid Demonstration was launched in eight (8) states (KY was not one of the original eight)
- 2020 the CCBHC Demonstration was expanded to two (2) more states, KY was one (1) of the two expansion states
- KY go-live date for CCBHC Demonstration was January 1, 2022 for 4 CCBHCs; January 1, 2026 (additional CCBHCs in process)
- 2024 - ten (10) new states were added to the CCBHC Demonstration
- December 31, 2027 - CCBHC Medicaid Demonstration with enhanced match rate is scheduled to end

# **What are Certified Community Behavioral Health Clinics CCBHCs?**

CCBHCs transform community behavioral health systems by delivering comprehensive, coordinated mental health and substance use care while increasing access to and quality of care.

CCBHCs are required to serve anyone with a need for behavioral health care, regardless of age, ability to pay, or place of residence.

# Certified Community Behavioral Health Clinic Required Services

**CCBHCs must provide nine (9) core services ensuring access to comprehensive behavioral health care.** These services include:


1. Crisis mental health services (24-hour mobile crisis teams)
2. Screening, assessment, and diagnosis services
3. Treatment planning
4. Outpatient mental health and substance use disorder services
- 5. Outpatient primary care screening and monitoring**
6. Targeted case management
7. Psychiatric rehabilitation services
8. Peer support services and family support services
9. Outpatient behavioral health care for veterans

# Certified Community Behavioral Health Clinic CCBHC Locations



57% of Kentucky's population are covered by the four (4) CCBHCs





# Certified Community Behavioral Health Clinic CCBHC - Core Service

## Care Coordination

Care coordination is a required service for CCBHCs and is the driver in better health outcomes for individuals served and supported.

- Care coordination is a practice where health care providers intentionally collaborate with all the entities involved in a person's care – it is transformative!
- The goal of care coordination is to provide care that best meets individual needs and preferences. It involves an ongoing partnership in a person's care, where the client's preferences are communicated and facilitated through collaboration across settings with various providers.

# CCBHCs are Transforming Lives through Care Coordination Services in Kentucky

**Care Coordination** is designed to integrate all aspects of an individual's health—physical, behavioral, and social.

**Care Coordinators** play a central role, respecting consumer choice and ensuring collaboration across providers to meet comprehensive health needs.

**Key roles of care coordinators include:**

- Scheduling and following up on appointments (primary care, dental, specialists)
- Providing health education and patient navigation
- Managing care and medications
- Referring to psychiatric or behavioral health services, including opioid use treatment
- Assisting with transportation
- Connecting clients to community or social services



## CCBHs' Care Coordinators

**Care Coordinators** help synchronize care across multiple providers, ensuring seamless and coordinated service delivery.

**Care Coordinators** follow up frequently with our consumers via telephone to check in. Care coordination is an ongoing relationship where trust is being built over time, as the consumer opens up about things going on with their physical health the Care Coordinator will continue to provide referrals for medication management, primary care or specialty care.

When someone is discharged from a crisis setting (hospital, ED, inpatient behavioral health), Care Coordinators follow up to schedule follow-up appointments, ensure medications are continued and providers are notified of changes in medications, provide discharge teaching and help with transportation needs to ensure follow up to next appointment.



# Certified Community Behavioral Health Clinic CCBHC Crisis Services

## Crisis Services: Prevent, Divert, Stabilize

### *What CCBHC Has Enabled in Kentucky*

- **24/7 Mobile Crisis Teams** – rapid, in-person response within 1–2 hours, anywhere in the service area.
- **Crisis Stabilization Units (Adults & Adolescents)** – alternatives to hospitalization, keeping people safe and reducing trauma.
- **“Someone to Contact”** – CCBHCs ensure 988-compliant crisis call, text, and chat services, connecting people to immediate help.
- **On-Site Same Day Clinical Assessment** – risk triage, crisis intervention, and linkage to the right level of care.
- **Coordinated Community Response** – Co-response with law enforcement, schools, and first responders.

# Certified Community Behavioral Health Clinic CCBHC - Crisis Services

## Crisis Services: ROI & System Impact

### *Transformational & Innovative: Why Crisis Services Matter*

- **Emergency Diversion** – fewer unnecessary ER visits, jail bookings, and hospitalizations.
- **Transformational outcomes:** National studies show crisis teams reduce ER use by 22% and overdose deaths by 7%.
- **Innovative partnerships:** Co-response with law enforcement reduces strain on police and courts.
- **Preventing Tragedies, Promoting Wellness** – school safety assessments, law enforcement partnerships, and suicide prevention best practices (Zero Suicide, lethal means counseling).
- **Continuity of Care** – warm handoffs, 24-hour follow-up, and wraparound supports reduce repeat crises.
- **System Transformation** – CCBHCs integrate crisis, medical triage, and follow-up into one unified model—services that would not exist without this investment.
- **Fiscal ROI** – Every dollar invested in crisis services prevents higher costs in ERs, jails, and foster care.

# Certified Community Behavioral Health Clinic Quality and Community Impact

## **Data-Informed Service Delivery**

CCBHCs use data and community health assessments to identify gaps and deliver accountable care to meet needs.

## **Population--Focused Care Including Veterans**

Services are specifically designed to address unique mental health challenges faced by at-risk groups in the community including Veterans for improved access and support.

## **Collaborative Partnerships**

Collaborations with local stakeholders and providers build a cohesive network enhancing service delivery and community impact.

## **Continuous Quality Improvement**

Ongoing use of performance metrics and outcome tracking ensures high-quality, evolving behavioral health services.

# Case Example of CCBHC Demonstration Providing Early Impact: Community Collaboration & Crisis Care Transformation 2024 to 2025



## **Broad Community Collaboration**

Over 100 agencies united to assess community behavioral health needs and develop strategic care priorities in early 2024.

## **Ongoing Collaboration and Strategy Refinement**

Agencies continue bi-monthly meetings to improve strategies, reduce redundancies, and remove barriers together.

## **Significant Compliance Improvements with SAMHSA Model**

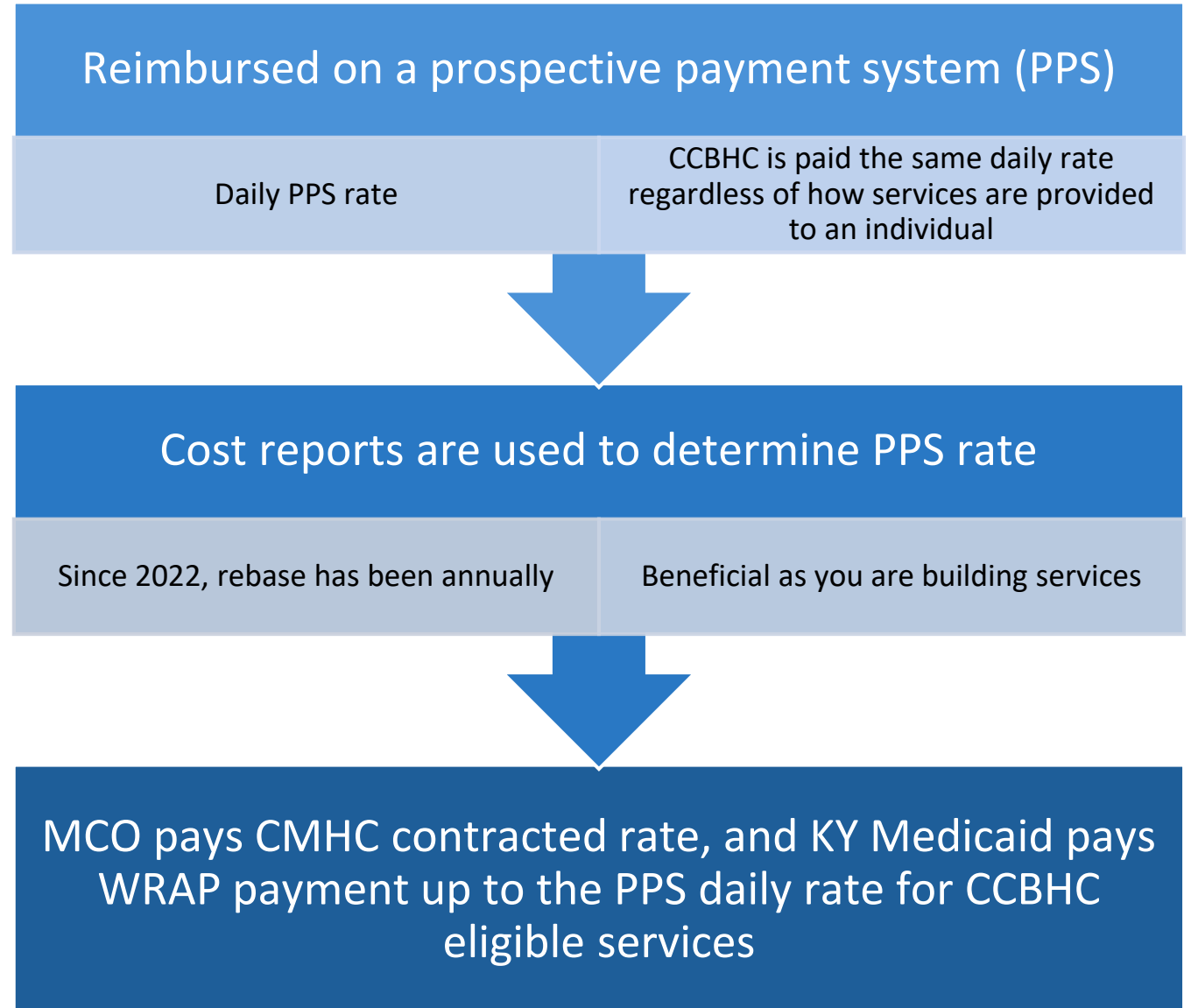
Call Center Hub compliance increased by 53%.

Mobile Outreach compliance improved by 68%,

## **Enhanced Crisis Care Outcomes**

The CCBHC model fosters community engagement, service coordination, and better behavioral health crisis response.

# Certified Community Behavioral Health Clinic Payment Methodology





Certified Community Behavioral Health Clinic  
CCBHC Ask

CCBHC services receive an enhanced federal match (FMAP) equal to the state CHIP rate during the demonstration period that ends 12/31/2027



	Four Current CCBHCs 6-month estimate (Jan-Jun 2028)	Statewide CCBHC 6-month estimate (Jan-June 2028)	Statewide CCBHC annual estimate State Plan Amendment (SPA) required for future
Enhanced FMAP of ~ 8.5% shifting from Federal to State	\$6M	\$12M	\$24M
New cost of CCBHC compared to CMHC Prior to 2022	\$8M	\$16M	\$32M
Total	\$14M	\$28M	\$56M

## Certified Community Behavioral Health Clinic CCBHC Costs

- CCBHC costs 60% less than BHSO per member annually
- CCBHC costs 28% more than CMHC per member annually
- CMHC is the cheapest service overall due to rates being frozen since cost report year 2000

## Medicaid Spend by Provider Type SFY2024 - Top 20

Provider Type Description	Claim Count	Members Served	FFS Paid Amount	MCO Paid Amount	Total Paid Amount	% Paid out of Total	Total Paid Per Member
8 Behavioral Health Service Organization (BHSO)	2,623,595	69,869	\$ 3,673,414.07	\$ 426,396,418.06	\$ 430,069,832.13	2.98%	\$ 6,155.37
10 Behavioral Health Multi-Specialty Group	2,491,282	139,925	\$ 11,899,238.98	\$ 309,510,376.27	\$ 321,409,615.25	2.23%	\$ 2,297.01
16 Community Mental Health Center (14 entities / 10 only CMHC)*	1,069,782	71,990	\$ 5,164,716.32	\$ 126,717,047.94	\$ 131,881,764.26	0.92%	\$ 1,831.95
18 Certified Community Behavioral Health Clinic (4 entities)	919,613	49,997	\$ 65,678,700.39	\$ 51,607,673.28	\$ 117,286,373.67	0.81%	\$ 2,345.87

<https://www.chfs.ky.gov/agencies/dms/tac/Documents/PrimaryCareTACDMSUpdateFeb.pdf>

## Medicaid Spend by Provider Type SFY2024 – Top 20

Provider Type Description	Claim Count	Members Served	FFS Paid Amount	MCO Paid Amount	Total Paid Amount	% Paid out of Total
Hospital	3,906,400	987,335	\$274,275,628.14	\$3,539,748,410.44	\$3,814,024,038.58	26.47%
Pharmacy	26,018,007	1,196,417	\$127,032,826.76	\$2,919,016,302.28	\$3,046,049,129.04	21.14%
Nursing Facility	400,467	24,797	\$1,398,629,121.92	\$477,268.30	\$1,399,106,390.22	9.71%
Support for Community Living (SCL)	2,242,773	16,233	\$915,135,186.74	\$2,264,820.25	\$917,400,006.99	6.37%
Physician - Group	8,769,212	1,133,162	\$33,020,490.26	\$633,953,602.65	\$666,974,092.91	4.63%
Adult Day Care	1,907,837	16,661	\$582,529,984.27	\$0.00	\$582,529,984.27	4.04%
Primary Care Center/Federally Qualified Health Ctr	4,967,148	469,949	\$351,854,628.03	\$106,573,844.16	\$458,428,472.19	3.18%
Behavioral Health Service Organization (BHSO)	2,623,595	69,869	\$3,673,414.07	\$426,396,418.06	\$430,069,832.13	2.98%
Rural Health Clinic	5,317,533	467,868	\$289,800,402.19	\$124,545,015.42	\$414,345,417.61	2.88%
Behavioral Health Multi-Specialty Group	2,491,282	139,925	\$11,899,238.98	\$309,510,376.27	\$321,409,615.25	2.23%
MSEA Supplier	1,023,873	198,411	\$36,193,134.96	\$149,135,095.29	\$185,328,230.25	1.29%
ICF/IID	6,359	440	\$169,823,539.91	\$0.00	\$169,823,539.91	1.18%
Net (Capitation)	3,562,782	57,355	\$0.00	\$164,672,446.42	\$164,672,446.42	1.14%
Psychiatric Hospital	21,976	13,321	\$4,235,641.44	\$143,185,395.34	\$147,421,036.78	1.02%
Certified Nurse practitioner	2,474,910	683,710	\$7,032,890.67	\$132,494,973.40	\$139,527,864.07	0.97%
Community Mental Health Center	1,069,782	71,990	\$5,164,716.32	\$126,717,047.94	\$131,881,764.26	0.92%
Independent Laboratory	1,663,247	465,613	\$3,146,289.64	\$125,657,831.57	\$128,804,121.21	0.89%
Certified Community Behavioral Health Clinic	919,613	49,997	\$65,678,700.39	\$51,607,673.28	\$117,286,373.67	0.81%
Dental - Group	447,749	234,973	\$2,885,582.99	\$103,192,145.69	\$106,077,728.68	0.74%
Dentist - Individual	456,727	238,264	\$1,098,050.44	\$103,821,736.74	\$104,919,787.18	0.73%

# Certified Community Behavioral Health Clinics are Transforming MH/SUD Services in Kentucky

## CCBHCs:

- Expand timely access to care
- Expanding access to SUD services
- Investing in the workforce
- Coordination & integration with primary care
- More availability of crisis services
- Improving collaboration with community agencies
- Meeting the needs of children & families
- Addressing social determinants of health

<https://www.thenationalcouncil.org/resources/2024-ccbhc-impact-report/>