

THE KENTUCKY ASSOCIATION OF NURSE PRACTITIONERS  
AND NURSE-MIDWIVES

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August 16, 2022

The Honorable John Schickel  
The Honorable Adam Koenig  
Members, Interim Joint Committee on Licensing, Occupations & Administrative Regulations  
Capitol Annex Room 154  
Frankfort, KY 40601

RE: BR 24 Freestanding Birthing Centers

Dear Chairman Schickel, Chairman Koenig and Committee Members,

On behalf of the membership of the Kentucky Association of Nurse Practitioners and Nurse Midwives (KANPNM), we write to express our strong and long-standing support for legislation to make it much easier to establish freestanding birthing centers in the Commonwealth of Kentucky.

We are grateful to Rep. Jason Nemes for sponsoring this legislation over the past several years, with BR 24 having the most recent bill language. We would also like to thank IJC Committee Co-Chair Senator John Schickel for allowing this important topic to be discussed in the committee hearing on August 24, 2022.

By way of background, KANPNM represents Certified Nurse-Midwives (CNMs) who are one of the categories of Advanced Practice Registered Nurses (APRNs) that are recognized as licensed independent providers in Kentucky. CNMs provide exceptional care across the life span for women.

As advanced practice registered nurses, CNMs are trained in both nursing and midwifery. A master's degree is the minimum requirement for entry into the profession. An increasing number of CNMs pursue additional education to obtain the doctoral degree. CNMs are required to pass a national certification exam before they can be licensed as CNMs; they are also required to complete continuing education hours to maintain their national certification.

CNMs attend births, provide annual exams, reproductive screening education and health exams and treatment of minor health issues throughout the life span. CNMs are the primary providers of health care for women in a midwifery and wellness model. In forty-three (43) other states, CNM practice settings include hospitals, birthing centers, and community clinics.

However, Kentucky has no freestanding birthing centers, thus closing out these practice setting opportunities for our CNMs and reducing choices for women giving birth. Birthing centers provide exceptional care to women and their newborn infants.

These centers have a decreased rate of C-sections in relation to hospital births and therefore have fewer health complications and lower costs.

The philosophy of birthing centers is providing family-centered care, in which mothers and other family members can interact during the labor process. A higher rate of breastfeeding occurs in mothers who give birth in birthing centers than those in a hospital and there are more opportunities for skin-to-skin bonding between mother and infant.

Birthing center health outcomes are better than those in the hospital for low-risk mothers (ACOG, 2015).

Kentucky is regarded nationally as the birthplace of midwifery, thanks to Mary Breckinridge who traveled Appalachia delivering babies nearly 100 years ago. She established the Frontier Nursing Service in 1925 and her midwifery tradition is carried on now by Frontier Nursing University, which educates a significant number of nurse-midwives nationally and internationally.

Unfortunately, the number of Certified Nurse Midwives practicing in Kentucky has been stagnant over the past five years. Many CNMs leave Kentucky to practice in other states where they have the opportunity to practice in freestanding birthing centers. BR 24 would help create significantly more opportunities to decrease this "brain drain" from Kentucky.

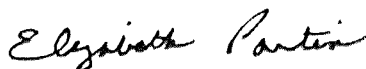
Kentucky's pregnant women deserve to have access to the full range of delivery opportunities which are afforded to women in most other states. Many women anticipating an uncomplicated pregnancy do not want to deliver their baby in a hospital setting, but would prefer a birthing center or home birth. Besides giving women more options, births at birthing centers are significantly less costly than those in a hospital setting.

With approximately 50% of the births in Kentucky from mothers who are covered by Medicaid, the availability of freestanding birth centers could have financial benefits to the state, while affording more choices for safe, high-quality births.

We strongly believe that CNMs are prepared to address the healthcare needs of the women of Kentucky and the healthcare provider shortages by providing superior care to women under the midwifery model of care. By easing the red tape and making it potentially less costly to open a freestanding birthing center in Kentucky, the General Assembly will be taking a significant step toward keeping more CNMs practicing in Kentucky, while affording pregnant women more choice of birthing care and setting.

Thank you for taking up this very important issue and giving it your full consideration. We are happy to provide further information, should you have any questions.

Sincerely,



Elizabeth Partin, DNP, APRN, FAANP  
President



Jill York  
Executive Director