

# America's Health Rankings® for Kentucky

America's Health Rankings® is the result of a partnership between United Health Foundation, American Public Health Association, and Partnership for Prevention™  
**States are ranked on a scale of 1 to 50, where 1 is the highest ranking, 50 the lowest.**

Determinant	Kentucky 2013 Rank	Kentucky 2015 Rank
<b>Overall</b>	#45	#48
<b>All Determinants</b>	#40	#47
<b>Behaviors</b>	#32	#48
<b>Smoking</b>		
Percentage of adults aged 65 and older who smoke at least 100 cigarettes in their lifetime and who currently smoke every day or some days	#39	#48
<b>Chronic Drinking</b>		
Percentage of adults aged 65 and older who consumed more than 60 drinks in the last 30 days for men and more than 30 drinks in the last 30 days for women	#15	#7
<b>Obesity</b>		
Percentage of adults aged 65 and older estimated to be obese with a body mass index (BMI) of 30.0 or higher	#23	#41
<b>Underweight</b>		
Percentage of adults aged 65 and older with fair or better health status estimated to be underweight with a body mass index (BMI) of 18.5 or less	#7	#48
<b>Physical Inactivity</b>		
Percentage of adults aged 65 and older with fair or better health status who report doing no physical activity or exercise (such as running, calisthenics, golf, gardening or walking) other than their regular job in the last 30 days	#40	#47
<b>Dental Visit</b>		
Percentage of adults aged 65 and older who report having visited a dental health professional within the last 12 months	#46	#47
<b>Pain Management</b>		
Percentage of adults aged 65 and older with arthritis who report arthritis or joint pain does not limit their usual activities	#10	#8
<b>Education</b>		
Percentage of adults aged 65 and older with a college degree	#49	#49
<b>Community</b>	#41	#45
<b>Community &amp; Environment - Macro</b>	#46	#47
<b>Poverty</b>		
Percentage of adults aged 65 and older who live in households at or below 100% of the poverty threshold	#47	#47
<b>Volunteerism</b>	#38	#45

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Determinant	Kentucky 2013 Rank	Kentucky 2015 Rank
Percentage of adults aged 65 and older who report volunteering in the past 12 months		
<b>Nursing Home Quality</b>		
Percentage of certified nursing home beds rated 4- or 5-stars	#45	#39
<b>Community &amp; Environment - Micro</b>	#35	#38
<b>Food Insecurity</b>		
Percentage of adults aged 60 and older who are marginally food insecure	#31	#32
<b>Community Support</b>		
Total expenditures captured by the Administration on Aging divided by the number of adults aged 65 and older living in poverty	#47	#45
<b>Policy</b>	#21	#23
<b>Low-Care Nursing Home Residents</b>		
Percentage of nursing home residents who were low-care, according to the broad definition (no physical assistance required for late-loss activities of daily living)	#10	#10
<b>Prescription Drug Coverage</b>		
Percentage of adults aged 65 and older who have a creditable prescription drug plan	#23	#23
<b>Geriatrician Shortfall</b>		
Estimated geriatrician shortfall as a percentage of the minimum required number	#43	#42
<b>Clinical Care</b>	#48	#46
<b>Dedicated Health Care Provider</b>		
Percentage of adults aged 65 and older who report having a personal doctor or health care provider	#22	#16
<b>Flu Vaccine</b>		
Percentage of adults aged 65 and older who received the flu vaccine in the last year	#14	#16
<b>Health Screenings</b>		
Percentage of adults aged 65 to 74 who have had mammograms and/or fecal occult/colonoscopy/sigmoidoscopy screens within the recommended time period	#38	#42
<b>Recommended Hospital Care</b>		
Percentage of hospitalized patients aged 65 and older who received the recommended care for heart attack, heart failure, pneumonia, and surgical procedures	#41	#35
<b>Diabetes Management</b>		
Percentage of Medicare beneficiaries aged 65 to 75 with diabetes receiving a blood lipids test	#19	#18
<b>Home Health Care</b>		
Number of personal care and home health aides per 1,000 adults aged 75 or older	#48	#47

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## **Preventable Hospitalizations**

Number of discharges for ambulatory care-sensitive conditions per 1,000 Medicare beneficiaries #50#50

## **Hospital Readmissions**

Percentage of patients aged 65 or older who were readmitted within 30 days of discharge #49#45

## **Hospice Care**

Percentage of decedents aged 65 and older who were enrolled in hospice during the last 6 months of life after diagnosis of condition with high probability of death #37#44

## **Hospital Deaths**

Percentage of decedents aged 65 and older who died in a hospital #36#43

## **All Outcomes**

#50#50

## **ICU Use**

Percentage of decedents aged 65 and older spending 7 or more days in the intensive care unit (ICU) or critical care unit (CCU) during the last 6 months of life #43#43

## **Falls**

Percentage of adults aged 65 and older who report having had a fall within the last 12 months #46#37

## **Hip Fracture**

Rate of hospitalization for hip fracture per 1,000 Medicare beneficiaries #47#46

## **Health Status**

Percentage of adults aged 65 and older who report their health is very good or excellent #44#44

## **Able-bodied**

Percentage of adults aged 65 and older with no disability #45#46

## **Premature Death**

Number of deaths per 100,000 adults aged 65 to 74 years #49#49

## **Teeth Extractions**

Percentage of adults aged 65 and older who have had all teeth removed due to tooth decay or gum disease #48#45

## **Poor Mental Health Days**

Number of days in the previous 30 that adults aged 65 and older indicate that their mental health was not good #36#48

## **Multiple Chronic Conditions**

Percentage of Medicare beneficiaries with 4 or more chronic conditions #41#45

## **Cognition**

Percentage of adults aged 65 and older who report having a cognitive difficulty #49#43

## **Depression**

Percentage of adults aged 65 and older who were told by a health professional that they have a depressive disorder #43#34