



Health and Welfare and Family Services Interim Joint Committee Meeting

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Background

- ▶ In 2014, the Kentucky Department of Education (KDE) received a Project AWARE (Advancing Wellness and Resilience Education) grant through the Now is the Time initiative.
- ▶ KDE used this five-year grant to:
 1. Train adults on responding to mental health (MH) issues when interacting with school-aged youth;
 2. Connect children, youth and families who may require support to appropriate mental health services; and,
 3. Implement Youth Mental Health First Aid (YMHFA) in state and local training programs.



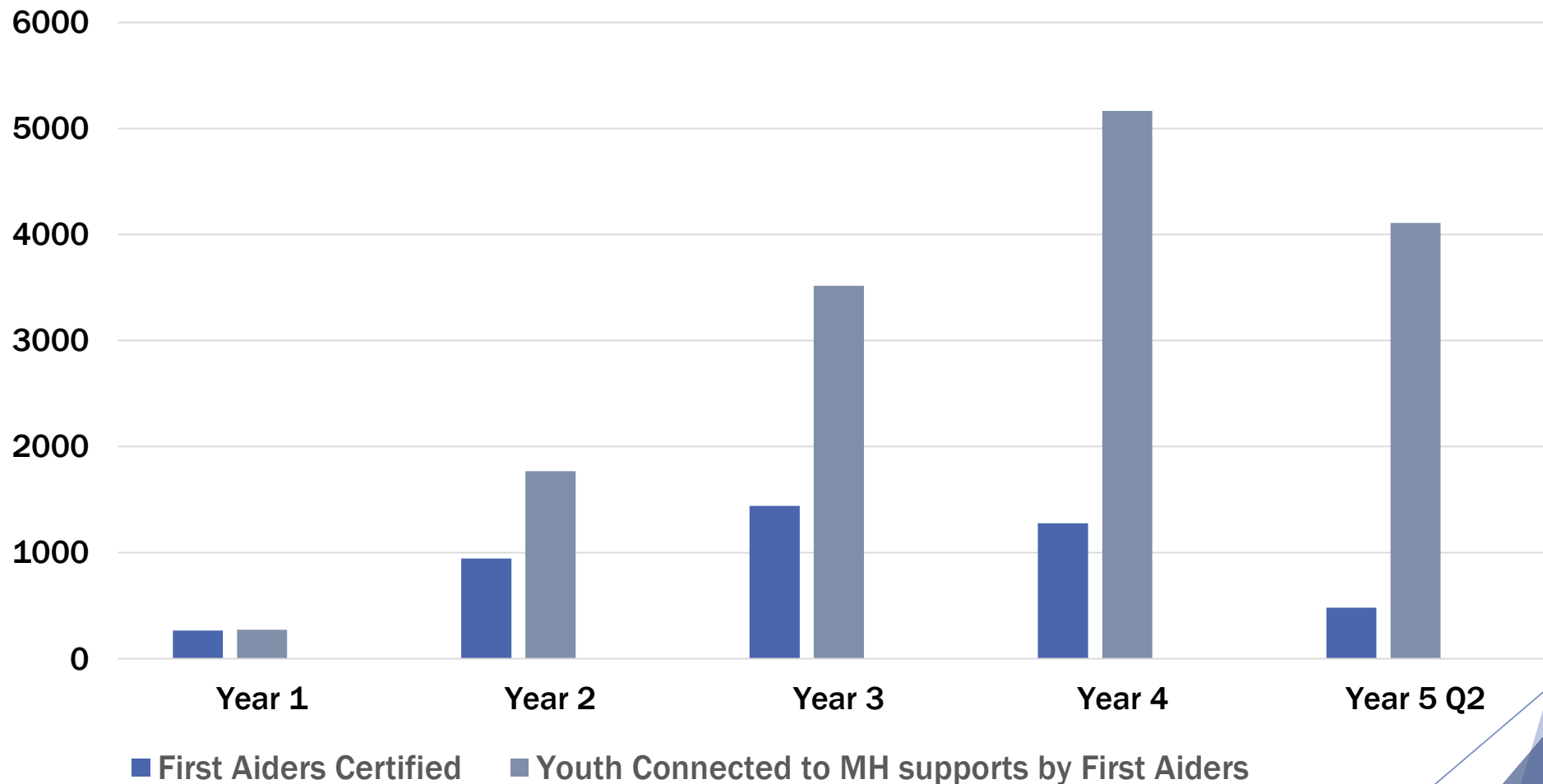
School Climate Transformation Grants (SCT) and AWARE Can Support the Goals of Other State Initiatives:

- ▶ **SB 1 “School Safety and Resiliency Act”**
 - Aspects of the Act that support the psychological safety of schools
- ▶ **Forthcoming recommendations for the State Interagency Council (SIAC) Social Emotional Health Task Force**
 - Due June 2019



Impact of YMHFA Training to Date

- ▶ Over 4,400 First Aiders Certified and Nearly 15,000 MH Referrals by First Aiders



Trauma-Informed Practices for Educators (TIPE) Training



Region	Educators Trained	TIPE Trainers Trained
Central KY Educational Cooperative & KSD	1615	24
Northern KY Educational Co-op	47	6
Ohio Valley Educational Co-op	58	10
Green River Regional Educational Co-op	104	15
Western KY Educational Co-op	51	6
KY Educational Development Corporation	64	6
KY Valley Educational Co-op	18	5
Southeast/South Central Educational Co-op	1958	15
Jefferson County Public Schools & KSB	192	44
KY State PBIS Network Staff	13	7

Successes Using TIPE Strategies

- ▶ Promotion of corrective emotional relationships
- ▶ Creation of consistency and predictability in routines
- ▶ Trauma informed safety plans
- ▶ Self-regulation strategies
- ▶ 1:1 work with students known to have trauma exposure
- ▶ Infusion of trauma informed strategies into behavior intervention plans



Examples of Spread and Scale

- ▶ Jefferson County Public Schools – Scaling up through staff training and supporting staff resilience
- ▶ Bullitt County Public Schools – A mini-learning collaborative
- ▶ Warren County Public Schools – Integrating TIPE into Positive Behavior Interventions & Supports (PBIS)
- ▶ Daviess County Schools – Building a strong core group of Trauma Champions and intentionally infusing TIPE at multiple levels through modeling and training
- ▶ Fayette County Public Schools – Building up mental health capacity to meet need



Project AWARE and SCT Grants

- ▶ Fall 2018, KDE was awarded the SCT grant
- ▶ Spring 2019, KDE was awarded a second Project AWARE grant, including three new pilot districts:
 - Bullitt County
 - Henderson County
 - Warren County



AWARE and SCT Grants Will Support:

- ▶ **TIPE Learning Collaboratives**
- ▶ **Training to support the integration of mental health referral pathways and cultural competency into Positive Behavior Interventions and Supports (PBIS)**
- ▶ **Youth Mental Health First Aid (YMHFA)**
- ▶ **A single State Management Team to ensure ongoing alignment and coordination of both projects**



Project AWARE 2019 Key Features

- ▶ State and Local Collaborative Partnerships
- ▶ Comprehensive Plan for School and Community-Based Mental Health (MH) Services
- ▶ Immediate On-Site MH Response to Students in Schools
- ▶ Coordinated MH Referral, Services and Follow-Up for Youth and Their Families
- ▶ Workforce Development Training Plan for MH, and Trauma Awareness and Literacy
- ▶ Program, Process and Funding Coordination and Integration
- ▶ Student and Family Engagement
- ▶ Local Community Resources



State Collaborative Partnerships

- ▶ Kentucky Department of Education
- ▶ Kentucky Department of Behavioral Health, Developmental and Intellectual Disabilities
- ▶ University of Kentucky Center on Trauma and Children
- ▶ University of Kentucky Human Development Institute
- ▶ Kentucky State University Center for Research on the Eradication of Educational Disparities (CREED)
- ▶ Student Voice Team of the Prichard Committee



Goals for Project AWARE 2019

- ▶ **Goal 1:** Increase the MH awareness and literacy of school staff, administrators, parents, agency partners and community members who interact with school-aged youth by training individuals to respond effectively to youth MH needs.



Goals for Project AWARE 2019

- ▶ **Goal 2: Increase statewide capacity and sustainability of the school and behavioral health treatment workforces to implement and integrate trauma-informed principles into practice.**



Goals for Project AWARE 2019

- ▶ **Goal 3: Increase access to evidence-based, culturally competent, and developmentally appropriate community- and school-based behavioral health services and supports in each partner school district.**



Goals for Project AWARE 2019

- ▶ **Goal 4: Enhance resiliency among school-age youth by integrating and implementing social-emotional learning skills into the general education curricula and increase family and student engagement.**



Goals for Project AWARE 2019

- ▶ **Goal 5: Increase access and use of school-based MH promotion, prevention, early intervention and treatment strategies by creating or enhancing a proactive multi-tiered system of support (MTSS) in schools, which integrates academic, positive behavior and MH supports to meet the needs of students**



Anticipated Impact:

- ▶ **Project AWARE 2019 will serve 37,556 students through universal, targeted and direct interventions.**
- ▶ **Through the provision of training and other supports, the project will impact 375 school administrators, 3292 school staff, and over 1000 parents and community members.**



Blending PBIS and School Mental Health

(Interconnected Systems Framework/ISF)



Before	After
Each school works out their own plan with a MH agency	District has a systemic, collaborative agreement with local MH providers for all schools in their district
Universal screening for behavioral/MH needs may or may not exist in each school; if existent, various screeners utilized	District establishes at least annual, culturally relevant universal behavioral/MH screening using consistent, pre-selected screeners that are age-appropriate for each building
Behavioral staff are not used in a manner that reflects MTSS framework	Job descriptions are written to support the ISF goals/objectives
Stakeholders may/may not be aware of available interventions and supports or view them as punishments	ISF practices are embedded into district handbooks, explaining available interventions and supports and collaborative partnerships available throughout the school district that are there to support all students as needed

Questions?

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