PROJECT AWARE Kentucky: Advancing Wellness and Resilience in Education

Kentucky Department of Education - SEA (State Educational Agency) Program

Project activities will increase student access to behavioral health services through improved coordination of state and local resources, and will train school personnel and other adults who interact with youth to detect and respond to mental health needs, including how to encourage adolescents and their families to seek and obtain treatment.

**PROGRAM INPUTS**

**What goes into the program?**

- NITT-AWARE-SEA Federal Grant
- State Management Team
- LEA Management Teams/Fayette/Pulaski/Jefferson
- Partnership for Families and Children
- Center for Trauma and Children
- MHFA/YMHFA Trainers (Mental Health First Aid/Youth Mental Health First Aid)
- School Personnel/Teachers/Counselors
- Community and school-based mental health providers
- Families
- Students

**PROGRAM ACTIVITIES**

**What goes on in the program?**

- Provide leadership through state and local management teams
- Develop standards of culturally and linguistically appropriate mental health services
- Deliver MHFA/YMHFA Training
- Implement PBIS (Positive Behavior Intervention Supports) with fidelity
- Develop and implement behavioral health referral system
- Expand school mental health services
- Expand community-based mental health services
- Promote behavioral health awareness among parents, school personnel and students

**PROGRAM OUTCOMES**

**What outcome indicators indicate success?**

**Initial**

- Established State and Local Management Teams
- Increased number of adults trained in Youth Mental Health First Aid
- Increased awareness of mental health needs of school-age children among school personnel and parents
- Increased awareness of impact of trauma among school personnel
- Increased student referrals to appropriate behavioral health services

**Intermediate**

- Increased number of schools implementing PBIS with fidelity
- Decreased out-of-school suspension days
- Decreased disparities in disciplinary practices
- Decreased disparities in access to culturally and linguistically appropriate behavioral health services
- Decreased bullying

**Long-term Outcomes**

Kentucky students have access to:

- Comprehensive, multi-tiered systems of services and supports to promote safe schools and positive school climate
- An effective mental/behavioral health referral system to school and community-based mental health services that are culturally appropriate.
- A comprehensive, coordinated, and integrated program for advancing wellness and resilience in school-aged youth.