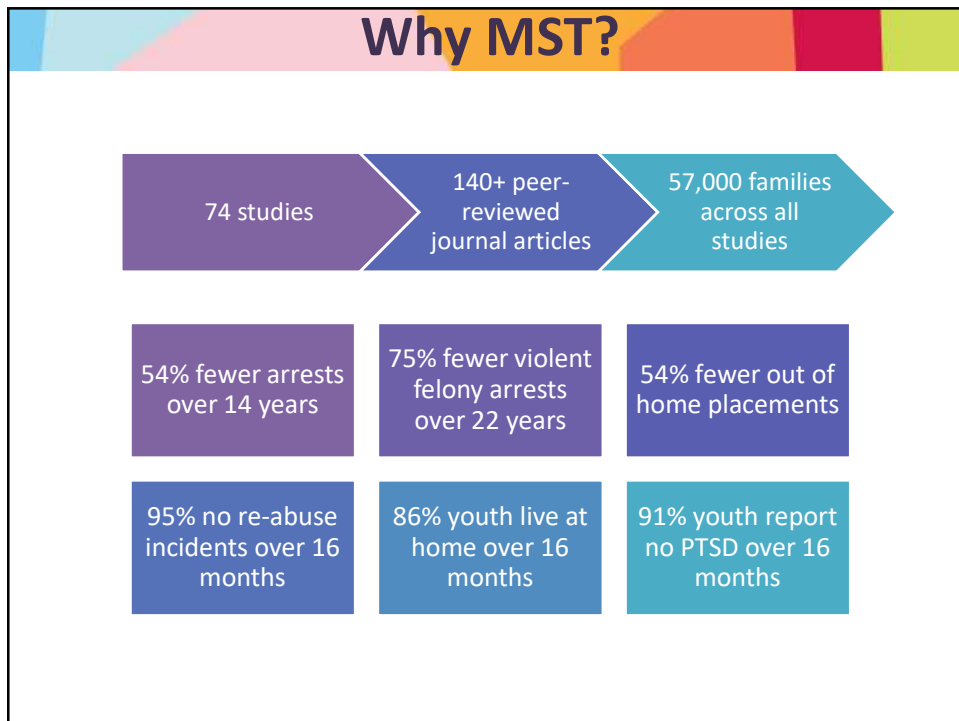




home
of the innocents

**Multisystemic Therapy
(MST)**

Why MST?



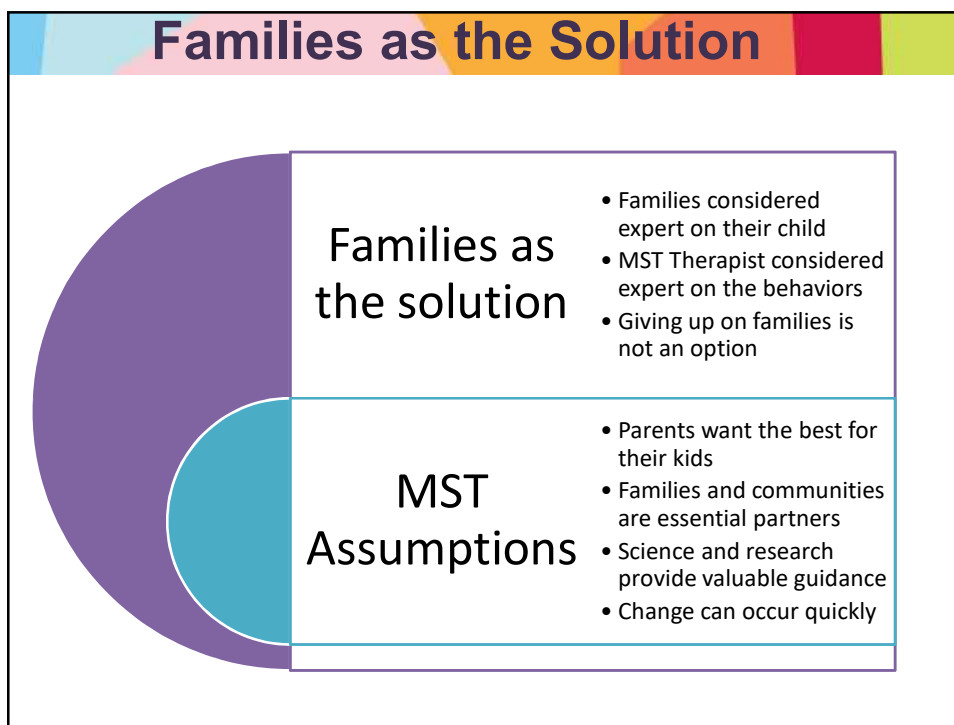
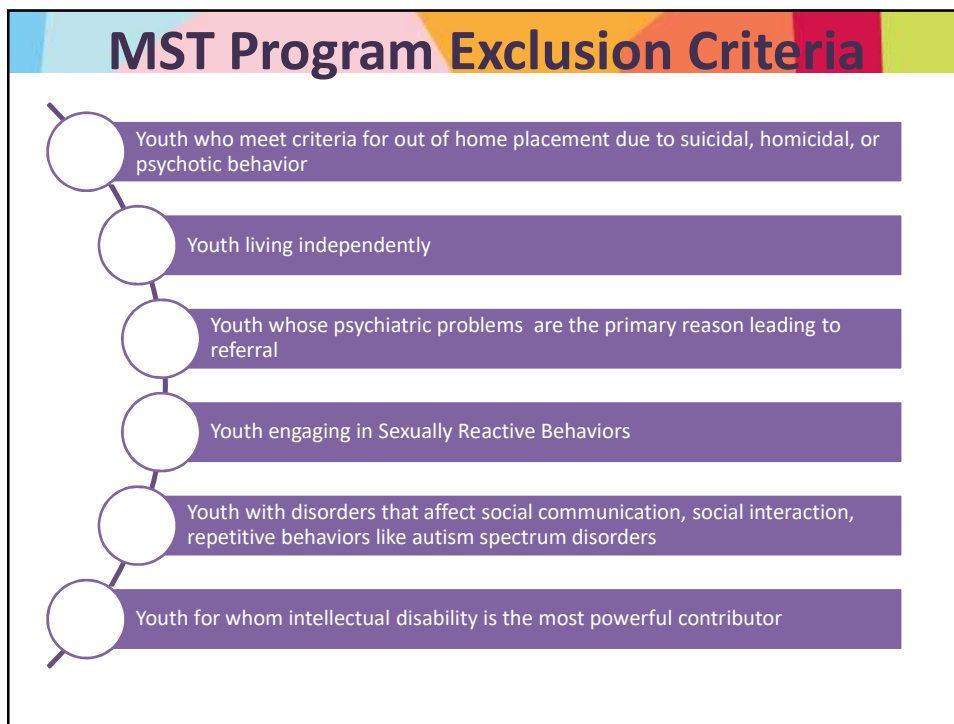
74 studies	140+ peer-reviewed journal articles	57,000 families across all studies
54% fewer arrests over 14 years	75% fewer violent felony arrests over 22 years	54% fewer out of home placements
95% no re-abuse incidents over 16 months	86% youth live at home over 16 months	91% youth report no PTSD over 16 months

What is MST?

The Model	The Structure	The Team
<ul style="list-style-type: none"> • Evidence-based • Empowers youth and families to function long-term • Reduces delinquent and anti-social behaviors • Views client as a network of systems including family, peers, school, and neighborhood 	<ul style="list-style-type: none"> • Therapist works with youth and family at home, in school, in the community • Caseloads are small to allow for high intensity • Average length of treatment is 3-5 months • Oversight is provided by MST to ensure outcomes are achieved 	<ul style="list-style-type: none"> • 1 Supervisor, 3 Therapists, MST Expert from MST Institute • Single therapist works with 4-6 families at a time • 24/7/365 team availability, on call, immediate crisis management • Work is done where and when it's convenient for the family

MST Program Admission Criteria

- Youth 12-17
- Chronic or violent juvenile offender
- At risk of out of home placement or transitioning back
- On-going multiple system involvement due to high risk behaviors
- Less intensive treatment has been ineffective



Outcomes July 1, 2020-June 30, 2021

	7/2/20-9/30/20	70/1/20-12/30/20	12/31/20-3/31/21	4/1/21-6/30/21
Total cases discharged	1	9	8	10
Total cases full treatment	1	8	6	9
Percent of Youth Living at Home	100%	50%	83.33%	100%
Percent of youth in school	100%	50%	66.67%	88.89%
Percent with no new arrests	100%	75%	83.33%	88.89%
Avg Length of treatment days	52	64.25	86.5	102
Percent discharged for lack of engagement	100%	44%	25%	0%
Percent of youth placed	0	22%	0	0

Lessons Learned:

- It takes time for the team to hit it's stride
- Turnover can be an issue due to intensity of service
- Therapists have to get creative to keep families engaged

Counties Served

All services rendered will be within a 90-minute drive time radius of Home of the Innocents Main Campus at 1100 East Market Street, Louisville, KY 40206

Counties Served currently:

Jefferson	Marion
Anderson	Meade
Breckinridge	Nelson
Bullitt	Oldham
Franklin	Shelby
Grayson	Spencer
Hardin	Trimble
Henry	Washington
Larue	Woodford