



**MOUNTAIN**  
COMPREHENSIVE CARE CENTER  
— [www.mtcomp.org](http://www.mtcomp.org) —

Promod “Mots” Bishnoi, President & CEO  
Interim Joint Committee on Health, Welfare, & Family Services  
July 20<sup>th</sup>, 2022

# WHO WE ARE



- ❑ Mountain Comprehensive Care Center is a **private non-profit** organization with its main office in Prestonsburg, Kentucky, whose mission is to provide quality care that offers recovery and hope.
- ❑ Mountain is licensed as a:
  - Community Mental Health Center
  - Federally qualified health center
  - Private child caring center
  - Private child-placing agency

# WHO WE ARE



- ☐ MCCC is CARF (Commission on Accreditation of Rehabilitation Facilities) accredited.
- ☐ Recently received our 3-year accreditation
- ☐ We had **zero** deficiencies.
- ☐ All sites are licensed by appropriate licensing agencies –  
OIG and DBHDID.

# HOW DID WE GET HERE:



- ☐ Introduction of Medicaid Managed Care in 2011
- ☐ Implementation of Affordable Care Act in 2014
- ☐ Lead to the expansion of behavioral health services
- ☐ Expanded types of services and providers eligible for reimbursement by insurance providers.
- ☐ MCCC responded by providing behavioral health services in an innovative manner, meeting the unmet needs of communities and individuals.

# OPERATION



- ☐ MCCC services a combined 60 Kentucky counties
- ☐ 1,000+ new jobs have been created in the communities we serve
- ☐ We embrace partnerships with homeless shelters, domestic violence shelters, and other local community organizations





# UNMET MENTAL HEALTH NEEDS



- ☐ 3 in 4 Kentuckians live in an area with mental health care shortage
- ☐ More than 25,000 Kentuckians rely on the expanded access to mental health care that we provide.
  
- ☐ MCCC addresses these unmet needs through:
  - ☐ 38 outpatient behavioral health clinics
  - ☐ 12 primary care clinics
  - ☐ 7 residential addiction treatment facilities

# MEETING THE CHALLENGE



- ❑ Staff grew from 275 to 1300+
- ❑ Individuals served grew from 8,000 to 33,000+
- ❑ Outpatient clinics grew from 5 to 38



# SAFETY NET FUNDING



- ☐ Each CMHC has its own contract for safety net services with the Cabinet for Health & Family Services/DBHDID
- ☐ All CMHCs provide those critical safety net services at the local level, under contracts with the state
- ☐ Before managed care and the Affordable Care Act, this was how the vast majority of CMHC services were funded

## MCCC CONTINUES TO SUPPORT COMMUNITIES AS A CMHC



- ☐ We are all still CMHCs
- ☐ We are licensed as CMHCs
- ☐ We bill Medicaid as CMHCs
- ☐ We all still provide those critical safety net services at the local level, under contracts with the state.
- ☐ CMHCs are also quasi-governmental agencies, so we participate and contribute to Kentucky's public pensions.

# FUNDING



- ☐ All CMHCs would agree that the rates need to increase for the safety net services they provide under contract with the DBHDID.
- ☐ Kentuckians need more access to behavioral health services – not less.

# MEDICAID



- ☐ According to the Medicaid Manual from Kentucky's Dept. for Medicaid Services: **CMHCs are allowed to provide services outside their safety net region** unless otherwise prohibited by law.
- ☐ The updated regulations from June of 2022 continue to make it clear that CMHCs can provide behavioral health services outside the safety net regions.
- ☐ MCCC has been invited by local groups for every region we operate.



- ❑ Creating barriers for CMHCs to provide their services will mean:
  - ❑ more waiting lists in other areas.
  - ❑ Judges will continue to be frustrated with the lack of local services
  - ❑ 6-10 week waiting periods for drug court participants
  - ❑ Homeless individuals and survivors of domestic violence will not receive timely services.

Restricting CMHCs to their 1960s regions does nothing more than reduce care and restrict choices for those seeking care.



- CMHCs like Mountain Comp Care should continue to **innovate** and find ways to thrive in the 21<sup>st</sup> century.
- Kentucky's CMHCs should not be locked into static boundaries.



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QUESTIONS?