





# Testimony to the Interim Health, Welfare and Family Services Committee

Jill Seyfred, Executive Director

### Our focus

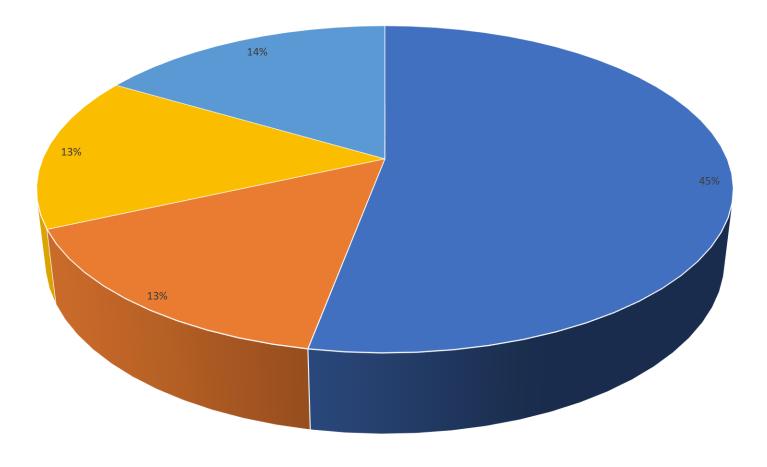
- Primary prevention of child abuse
- By moving upstream:
  - Awareness
  - Education
  - Strengthening Families
  - Advocacy
  - Shared responsibility by ALL!





According to the national Chapter Snapshot, conducted by Prevent Child Abuse America, of its chapters, there are 16 states currently engaged in the work of corporal punishment including: FL, GA, IA, IN, KS, KY, MD, MI, MO, NH, NJ, NY, OK, OR, UT, & VT

#### "I would support a US law that prohibits school personnel from paddling or spanking children" N= 507 KY responses Prevent Child Abuse America national survey - May, 2020





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1-800-CHILDREN Parent Helpline Corporal Punishment in Kentucky Schools

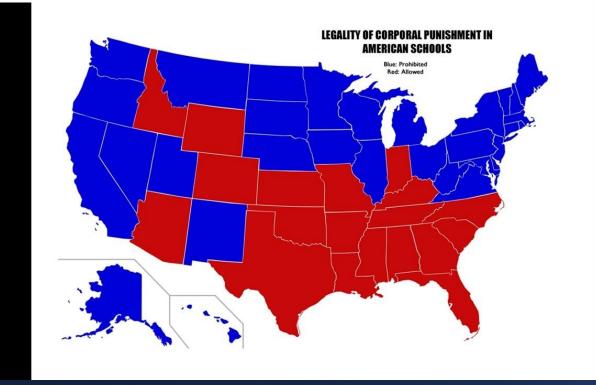
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The content of these slides reflects my own personal and professional opinion and recommendation. It does not represent the views of my employers.

## United States School Corporal Punishment

KY is 1 of 19 states still permits school CP



### **Corporal Punishment Definition**

- "any punishment in which physical force is used intended to cause pain or discomfort as a means to modifying behavior"
- School CP- generally hitting student buttocks with a board/paddle
- Paddles are wooden boards typically 2-2.5 feet long, 3-5 in wide, and ½ in thick





### School Corporal Punishment

If an adult hit another adult with such a board, it would be considered assault. The board would be considered a weapon.

School CP is a form of state sanctioned violence against children

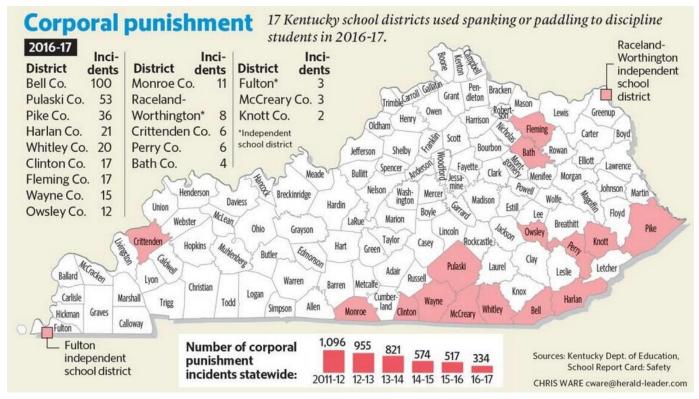
Almost 1 in 4 children report injury from school CP



### Kentucky School Corporal Punishment Disparities

#### Historically-

- Boys
- Students with disabilities
- Free and reduced lunch
- Geographic variability



#### School CP Causes Trauma

School CP children report feeling angry, embarrassed, and afraid School CP is linked with higher depressive symptoms School CP witnessed or heard by others can be traumatic

A school environment free and safe from emotional and physical harm is critical for effective teaching and learning





## KDE and Trauma-Informed Discipline

- School CP- not viewable via a trauma informed lens as required by KRS 158.4416
- KDE attempting to reduce the trauma inflicted by school CP by disallowing its use on homeless children and those with IEP
- Requires counseling for students to mitigate the trauma





## KDE and Trauma-Informed Discipline

Given the KDE now requires counseling in the setting of school CP to try to "undo" the harm and prohibits the practice for certain groups of students, why wouldn't we want to protect ALL of Kentucky kids from this harmful, trauma-inflicting practice??

## School CP Interferes with Learning

- CP students have lower academic achievement
- Lower GPA
- Lower performance on achievement tests
- Given pandemic-related decline in student achievement, KY kids cannot withstand any additional factors that negatively impact learning





School CP Interferes with Key Relationships Teaches violence as a way to solve problems KY administrators/ educators as role models for students

Direct opposition to Trauma Informed Approach in KY Schools

TRAUMA INFORMED SCHOOL or TRAUMA INFLICTING SCHOOLS? Corporal Punishment is Ineffective

- Decades of research suggests CP does NOT improve children's behavior
- Children receiving CP become more aggressive
- Children receiving CP have an increase in problematic behaviors over time
- Inability to self regulate
- Interferes with development of secure and trusting relationships with adults



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### KY schools are Successful WITHOUT CP



- 152 districts do NOT use CP
- 19 districts are permissive or unclear about CP
- School-wide approach to improving school climate- Positive Behavioral Interventions and Supports (PBIS):
  - improves school achievement
  - improves attendance
  - increases positive student behavior
  - enhances student mental health

School CP linked with decreased feelings of belonging/less motivation at school

Professional Organizations Opposing School Corporal Punishment

- American Academy of Pediatrics
- American Academy of Child and Adolescent Psychology
- National Association of Secondary School Principals
- American Psychological Association
- American School Counselor Association
- National Association of School Psychologists
- National Association for the Education of Young Children
- American Bar Association
- American Civil Liberties Association
- National Association for State Boards of Education
- American Public Health Association
- National Association for the Advancement of Colored People
- National Association of Social Workers
- National Education Association
- National Parent Teachers Association
- Society for Adolescent Medicine

## COVID-19 Pandemic

Supportive environments in schools are critical for learning

Trauma is at an all-time high

KY Maltreatment rate of 17/1000 children- 2 TIMES the National rate

School personnel can play a crucial role in supporting students

Children must be able trust they are in a safe environment

Ongoing support of positive discipline methods

### SUMMARY

NO evidence to suggest that CP improves academic achievement or mental health outcomes

SIGNIFICANT risks of trauma induced by CP

Majority of school districts in US and in KY have found discipline methods that do NOT include hitting children with boards

MAKE KY the 32<sup>nd</sup> state to protect children from being hit with boards in schools!

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