

**JUSTICE AND PUBLIC SAFETY CABINET**  
**Department Of State Police**  
**(Amendment)**

**502 KAR 45:150. Physical Fitness Test (PFT).**

RELATES TO: KRS 16.040

STATUTORY AUTHORITY: KRS 16.040

NECESSITY, FUNCTION, AND CONFORMITY: KRS 16.040 requires that persons appointed as officers be physically able to safely perform essential job tasks. This administrative regulation establishes the procedure to determine if the applicants are capable of performing the essential job tasks of an officer during basic trooper cadet training.

Section 1. An applicant shall be required to take the Physical Fitness Test.

Section 2. The Physical Fitness Test shall consist of a series of physical fitness tests used to determine if applicants can perform the essential job tasks required during basic training at the Kentucky State Police Academy.[]

Section 3. The Physical Fitness Test shall be structured so that all applicants are required to perform the same tasks and be rated in the same manner.

Section 4. The Physical Fitness Test score shall constitute forty (40) percent of an applicant's score before TAPS points are applied.

Section 5. As soon as practical after the Physical Fitness Test, an applicant shall be advised of his or her score.

(22 Ky.R. 1005; Am. 1307; eff. 1-8-1996; 23 Ky.R. 3095; 3566; 3765; eff. 4-15-1997; 48 Ky.R. 1338; eff. 5-31-2022.)

*COL. PHILLIP J. BURNETT, JR., Commissioner*

APPROVED BY AGENCY: August 24, 2021

FILED WITH LRC: August 26, 2021 at 4:30 p.m.

PUBLIC HEARING AND COMMENT PERIOD: A public hearing on this administrative regulation shall be held on 2:00 p.m. on November 23, 2021 at 4449 Kit Carson Drive, Funderburk Building, Richmond, Kentucky 40475. Individuals interested in being heard at this hearing shall notify this agency in writing by five workdays prior to the hearing, of their intent to attend. If no notification of intent to attend the hearing is received by that date, the hearing may be canceled. This hearing is open to the public. Any person who wishes to be heard will be given an opportunity to comment on the proposed administrative regulation. A transcript of the public hearing will not be made unless a written request for a transcript is made. If you do not wish to be heard at the public hearing, you may submit written comments on the proposed administrative regulation. Written comments shall be accepted through 11:59 p.m. on November 30, 2021. Send written notification of intent to be heard at the public hearing or written comments on the proposed administrative regulation to the contact person below.

CONTACT PERSON: Amy Barker, Assistant General Counsel, 125 Holmes Street, Frankfort, Kentucky 40601, phone (502) 564-8207, fax (502) 564-6686, email [Justice.RegContact@ky.gov](mailto:Justice.RegContact@ky.gov).