

BOARDS AND COMMISSIONS

Board of Cosmetology

(Amended at ARRS Committee)

201 KAR 12:082. Education requirements and school administration.

RELATES TO: KRS 317A.020, 317A.050, 317A.090

STATUTORY AUTHORITY: KRS 317A.060, 317A.090

CERTIFICATION STATEMENT: This is to certify that this administrative regulation complies with 2025 RS HB 6, Section 8.

NECESSITY, FUNCTION, AND CONFORMITY: KRS 317A.060(1)(h) requires the Board of Cosmetology to promulgate administrative regulations governing the hours and courses of instruction at schools of cosmetology, esthetic practices, and nail technology. KRS 317A.090 establishes licensing requirements for schools of cosmetology, esthetic practices, and nail technology. This administrative regulation establishes requirements for the hours and courses of instruction, reporting, education requirements, and administrative functions required for students and faculty for schools of cosmetology, esthetic practices, and nail technology.

Section 1. Subject Areas. The regular courses of instruction for cosmetology students shall contain courses relating to the subject areas identified in this section.

- (1) Basics:
 - (a) History and Career Opportunities;
 - (b) Life Skills;
 - (c) Professional Image; and
 - (d) Communications.
- (2) General Sciences:
 - (a) Infection Control: Principles and Practices;
 - (b) General Anatomy and Physiology;
 - (c) Skin Structure, Growth, and Nutrition;
 - (d) Skin Disorders and Diseases;
 - (e) Properties of the Hair and Scalp;
 - (f) Basic Chemistry; and
 - (g) Basics of Electricity.
- (3) Hair Care:
 - (a) Principles of Hair Design;
 - (b) Scalp Care, Shampooing, and Conditioning;
 - (c) Hair Cutting;
 - (d) Hair Styling;
 - (e) Braiding and Braid Extensions;
 - (f) Wig and Hair Additions;
 - (g) Chemical Texture Services; and
 - (h) Hair Coloring.
- (4) Skin Care:
 - (a) Hair Removal;
 - (b) Facials;
 - (c) Facial Makeup; and
 - (d) Application of Artificial Eyelashes.
- (5) Nails:
 - (a) Manicuring;
 - (b) Pedicuring;
 - (c) Nail Tips and Wraps;

- (d) Monomer Liquid and Polymer Powder Nail Enhancements;
 - (e) Light Cured Gels;
 - (f) Nail Structure and Growth; and
 - (g) Nail Diseases and Disorders.
- (6) Business Skills:
- (a) Preparation for Licensure and Employment;
 - (b) On the Job Professionalism; and
 - (c) Salon Businesses.

Section 2. A school or program of instruction of any practice licensed or permitted in KRS Chapter 317A or 201 KAR Chapter 12 shall teach the students about the various supplies and equipment used in the usual salon practices.

Section 3. Instructional Hours.

- (1) A cosmetology student shall receive not less than 1,500 hours in clinical class work and scientific lectures with a minimum of:
- (a) 375 lecture hours for science and theory;
 - (b) 1,085 clinic and practice hours; and
 - (c) Forty (40) hours on the subject of applicable Kentucky statutes and administrative regulations.
- (2) A cosmetology student shall not perform chemical services on the public until the student has completed a minimum of 250 hours of instruction.

Section 4. Training Period for Cosmetology Students, Nail Technician Students, Esthetician Students, and Apprentice Instructors.

- (1) A training period for a student shall be no more than nine (9) hours per day, forty (40) hours per week.
- (2) A student shall be allowed thirty (30) minutes per eight (8) hour day or longer for meals or a rest break. This thirty (30) minute period shall not be credited toward a student's instructional hours requirement.

Section 5. Laws and Regulations.

- (1) At least one (1) hour per week shall be devoted to the teaching and explanation of the Kentucky law as set forth in KRS Chapter 317A and 201 KAR Chapter 12.
- (2) Schools or programs of instruction of any practice licensed or permitted in KRS Chapter 317A or 201 KAR Chapter 12 shall provide a copy of KRS Chapter 317A and 201 KAR Chapter 12 to each student upon enrollment.

Section 6. Nail Technician Curriculum. The nail technician course of instruction shall include the following:

- (1) Basics:
- (a) History and Opportunities;
 - (b) Life Skills;
 - (c) Professional Image; and
 - (d) Communications.
- (2) General Sciences:
- (a) Infection Control: Principles and Practices;
 - (b) General Anatomy and Physiology;
 - (c) Skin Structure and Growth;
 - (d) Nail Structure and Growth;
 - (e) Nail Diseases and Disorders;
 - (f) Basics of Chemistry;
 - (g) Nail Product Chemistry; and
 - (h) Basics of Electricity.

- (3) Nail Care:
 - (a) Manicuring;
 - (b) Pedicuring;
 - (c) Electric Filing;
 - (d) Nail Tips and Wraps;
 - (e) Monomer Liquid and Polymer Powder Nail Enhancements;
 - (f) UV and LED Gels; and
 - (g) Creative Touch.
- (4) Business Skills:
 - (a) Seeking Employment;
 - (b) On the Job Professionalism; and
 - (c) Salon Businesses.

Section 7. Nail Technology Hours Required.

- (1) A nail technician student shall receive no less than 450 hours in clinical and theory class work with a minimum of:
 - (a) 150 lecture hours for science and theory;
 - (b) Twenty-five (25) hours on the subject of applicable Kentucky statutes and administrative regulations; and
 - (c) 275 clinic and practice hours.
- (2) A nail technician student shall have completed sixty (60) hours before providing services to the general public. Clinical practice shall be performed on other students or mannequins during the first sixty (60) hours.

Section 8. Apprentice Instructor Curriculum. The course of instruction for an apprentice instructor of any practice licensed or permitted in KRS Chapter 317A or 201 KAR Chapter 12 shall include no less than 750 hours, 425 hours of which shall be in direct contact with students. 325 hours of the required theory instruction may be taken in person or online, in the following areas:

- (1) Orientation;
- (2) Psychology of student training;
- (3) Introduction to teaching;
- (4) Good grooming and professional development;
- (5) Course outlining and development;
- (6) Lesson planning;
- (7) Teaching techniques (methods);
- (8) Teaching aids, audio-visual techniques;
- (9) Demonstration techniques;
- (10) Examinations and analysis;
- (11) Classroom management;
- (12) Recordkeeping;
- (13) Teaching observation;
- (14) Teacher assistant; and
- (15) Pupil teaching (practice teaching).

Section 9. Supervision.

- (1) An apprentice instructor shall be under the immediate supervision and instruction of a licensed instructor while providing any instruction for students. "Immediate supervision" requires that a licensed instructor is physically present in the same room and overseeing the activities of the apprentice instructor at all times.
- (2) An apprentice instructor shall not assume the duties and responsibilities of a licensed supervising instructor.

(3) An apprentice instructor shall not teach any practices defined in KRS Chapter 317A or 201 KAR Chapter 12 outside of the board licensed school in which the individual is enrolled.

Section 10. Instructors Online Theory Course. All online theory instruction completed to comply with Section 8 of this administrative regulation shall be administered from an approved digital platform at a licensed Kentucky school of cosmetology, esthetic practices, or nail technology.

Section 11. Schools may enroll persons for a special supplemental course in any subject.

Section 12. Esthetician Curriculum. The regular course of instruction for esthetician students shall consist of courses relating to the subject areas identified in this section.

(1) Basics:

- (a) History and Career Opportunities;
- (b) Professional Image; and
- (c) Communication.

(2) General Sciences:

- (a) Infection Control: Principles and Practices;
- (b) General Anatomy and Physiology;
- (c) Basics of Chemistry;
- (d) Basics of Electricity; and
- (e) Basics of Nutrition.

(3) Skin Sciences:

- (a) Physiology and Histology of the Skin;
- (b) Disorders and Diseases of the Skin;
- (c) Skin Analysis; and
- (d) Skin Care Products: Chemistry, Ingredients, and Selection.

(4) Esthetics:

- (a) Treatment Room;
- (b) Basic Facials;
- (c) Facial Massage;
- (d) Facial Machines;
- (e) Hair Removal;
- (f) Advanced Topics and Treatments;
- (g) Application of Artificial Eyelashes; and
- (h) Makeup.

(5) Business Skills:

- (a) Career Planning;
- (b) The Skin Care Business; and
- (c) Selling Products and Services.

Section 13. Esthetician Hours Required.

(1) An esthetician student shall receive no less than 750 hours in clinical and theory class work with a minimum of:

- (a) 250 lecture hours for science and theory;
- (b) Thirty-five (35) hours on the subject of applicable Kentucky statutes and administrative regulations; and
- (c) 465 clinic and practice hours.

(2) An esthetician student shall have completed 115 hours before providing services to the general public. Clinical practice shall be performed on other students or mannequins during the first 115 hours.

Section 14. Shampoo Styling License Subject Areas. The regular courses of instruction for blow drying services license students shall contain courses relating to the subject areas identified in this section.

- (1) Basics:
 - (a) History and Career Opportunities;
 - (b) Life Skills;
 - (c) Professional Image; and
 - (d) Communications.
- (2) General Sciences:
 - (a) Infection Control: Principles and Practices;
 - (b) General Anatomy and Physiology of head, neck, and scalp;
 - (c) Skin Disorders and Diseases of head, neck, and scalp;
 - (d) Properties of the Hair and Scalp; and
 - (e) Basics of Electricity.
- (3) Hair Care:
 - (a) Principles of Hair Design;
 - (b) Scalp Care, Shampooing, and Conditioning;
 - (c) Hair Styling;
 - (d) Blow drying;
 - (e) Roller Placement;
 - (f) Finger waves or pin curls;
 - (g) Thermal curling;
 - (h) Flat iron styling;
 - (i) Wig and Hair Additions; and
 - (j) Long hair styling.
- (4) Business Skills:
 - (a) Preparation for Licensure and Employment;
 - (b) On the Job Professionalism; and
 - (c) Salon Businesses.

Section 15. Shampoo Styling License Hours Required.

- (1) A shampoo styling services license student shall receive no less than 300 hours in clinical and theory class work with a minimum of:
 - (a) 100 lecture hours for science and theory;
 - (b) Twenty-five (25) hours on the subject of applicable Kentucky statutes and administrative regulations; and
 - (c) 175 clinic and practice hours.
- (2) A shampoo styling services license student shall have completed sixty (60) hours before providing services to the general public. Clinical practice shall be performed on other students or mannequins during the first sixty (60) hours.

Section 16. Extracurricular Events. Each cosmetology, nail technician, and esthetician student shall be allowed up to sixteen (16) hours for field trip activities pertaining to the profession of study, sixteen (16) hours for attending educational programs, and sixteen (16) hours for charitable activities, totaling not more than forty-eight (48) hours and not to exceed nine(9) hours per day. Attendance or participation shall be reported to the board within ten (10) business days of the field trip, education show, or charitable event on the Certification of Student Extracurricular Event Hours form.

Section 17. Student Records. Each school shall:

- (1) Maintain a legible and accurate daily attendance record used only for the verification and tracking of the required contact hours for education for all full-time students, part-

time students, and apprentice instructors with records that shall be recorded using a digital biometric time keeping program as follows:

- (a) All beginning, end, break, and lunch times shall be recorded; and
- (b) All instructors shall comply with the biometric time keeping system;
- (2) Keep a record of each student's practical work and work performed on clinic patrons;
- (3) Maintain a detailed record of all student enrollments, withdrawals, and dismissals for a period of five (5) years; and
- (4) Make records required by this section available to the board and its employees upon request.

Section 18. Certification of Hours.

- (1) Schools shall forward to the board digital certification of a student's hours completed within ten (10) business days of a student's withdrawal, dismissal, completion, or the closure of the school.
- (2) No later than the tenth day of each month, a licensed school shall submit to the board via electronic delivery a certification of each student's or apprentice instructor's total hours obtained for the previous month and the total accumulated hours to date for all individuals enrolled. Amended reports shall not be accepted by the board without satisfactory proof of error. Satisfactory proof of error shall require, at a minimum, a statement signed by the school manager certifying the error and the corrected report.

Section 19. No Additional Fees. Schools shall not charge the enrolled individual additional fees beyond the agreed upon contracted amount.

Section 20. Instructor Licensing and Responsibilities.

- (1) A person employed by a school or program for the purpose of teaching or instruction shall be licensed by the board as an instructor and shall post his or her license as required by 201 KAR 12:060.
- (2) A licensed instructor or apprentice instructor shall supervise all students during a class or practical student work.
- (3) An instructor or apprentice instructor shall render services only incidental to and for the purpose of instruction.
- (4) Licensed schools shall not permit an instructor or apprentice instructor to perform services in the school for compensation.
- (5) An instructor shall not permit students to instruct or teach other students in the instructor's absence.
- (6) Except as provided in subsection (7) of this section, schools may not permit a demonstrator to teach in a licensed school.
- (7) A properly qualified, licensed individual may demonstrate a new process, preparation, or appliance in a licensed school if a licensed instructor is present.
- (8) Licensed schools or programs of instruction in any practice licensed or permitted in KRS Chapter 317A or 201 KAR Chapter 12 shall, at all times, maintain a minimum faculty to student ratio of one (1) instructor for every twenty-five (25) students supervised. Apprentice instructors shall not be considered students for purposes of computation of the faculty to student ratio.
- (9) Licensed schools or programs of instruction in any practice licensed or permitted in KRS Chapter 317A or 201 KAR Chapter 12 shall, at all times, maintain a minimum ratio of one (1) instructor for every two (2) apprentice instructors enrolled and supervised.
- (10) Within ten (10) business days of the termination, employment, and other change in school faculty personnel, a licensed school shall notify the board of the change.
- (11) All instructors on staff within a licensed school shall be designated as full-time, part-time, or substitute instructors to the board when reporting employment.

(12) An instructor shall not provide instruction regarding "basic exfoliation during dermaplane techniques" or "dermaplaning" unless the instructor shall have submitted evidence demonstrating the completion of courses and specialized training regarding dermaplaning that is deemed sufficient by the board to safely instruct students regarding these techniques.

Section 21. School Patrons.

- (1) All services rendered in a licensed school to the public shall be performed by students. Instructors may teach and aid the students in performing the various services.
- (2) A licensed school shall not guarantee a student's work.
- (3) A licensed school shall display in the reception room, clinic room, or any other area in which the public receives services a sign to read: "Work Done by Students Only." The letters shall be a minimum of one (1) inch in height.

Section 22. Enrollment.

- (1) Any person enrolling in a school or program for instruction in any practice licensed or permitted in KRS Chapter 317A or 201 KAR Chapter 12 shall furnish proof that the applicant has:
 - (a) A high school diploma;
 - (b) A General Educational Development (GED) diploma; or
 - (c) Results from the Test for Adult Basic Education indicating a score equivalent to the successful completion of grade 12.
 - (d) Apprentice instructors shall provide proof of individual licensure issued at minimum one (1) year prior to enrollment date to demonstrate compliance with the applicable requirements set forth in KRS 317A.050.
- (2) The applicant shall provide with the enrollment a passport-style photograph taken within thirty (30) days of submission of the application.
- (3) A student or apprentice instructor enrolling in a licensed school who desires to transfer hours from an out-of-state school shall, prior to enrollment, provide to the board certification of the hours to be transferred from the state agency that governs the out-of-state school.
- (4) If the applicant is enrolled in a board approved program at an approved Kentucky high school, the diploma, GED, or equivalency requirement of this section shall not be necessary until examination.
- (5) All enrollments shall be accompanied by the proper fee as established in 201 KAR 12:260.

Section 23. Certificate of Enrollment.

- (1) Schools shall submit to the board a digital enrollment, accompanied by the applicant's proof of education and proof of licensure if enrolling as an apprentice instructor, as established in Section 22 of this administrative regulation, within ten (10) business days of enrollment.
- (2) All identification information submitted on the school's digital enrollment shall exactly match a state or federal government-issued identification card to take the examination. If corrections shall be made, the school shall submit the Enrollment Correction Application digitally and the enrollment correction fee in 201 KAR 12:260 within ten (10) days of the erroneous submission. Students with incorrect enrollment information shall not be registered for an examination.

Section 24. Student Compensation.

- (1) Schools shall not pay a student a salary or commission while the student is enrolled at the school.
- (2) Licensed schools shall not guarantee future employment to students.

(3) Licensed schools shall not use deceptive statements and false promises to induce student enrollment.

(4) An apprentice instructor may receive compensation as a teaching assistant.

Section 25. Hours of Operation. All schools shall report hours of operation to the board. Any change of hours or closures shall be reported no less than ten (10) business days in advance of change or closure.

Section 26. Transfers. An individual desiring to transfer to another licensed school shall:

(1) Within ten (10) days, notify the school in which the individual is presently enrolled of the withdrawal in writing; and

(2) Complete a digital enrollment as required for the new school.

Section 27. Refund Policy. A school shall include the school's refund policy in all enrollment contracts.

Section 28. Student Complaints. A student or apprentice instructor may file a complaint with the board concerning the school in which the individual is enrolled, by following the procedures outlined in 201 KAR 12:190.

Section 29. Student Leave of Absence. The school shall report an individual's leave of absence to the board within ten (10) business days. The leave shall be reported:

(1) In writing from the individual to the school; and

(2) Clearly denote the beginning and end dates for the leave of absence.

Section 30. Withdrawal. Within ten (10) business days from a student or apprentice instructor's withdrawal, a licensed school shall report the name of the withdrawing individual to the board.

Section 31. Credit for Hours Completed. The board shall credit hours previously completed in a licensed school as follows:

(1) Full credit (hour for hour) for hours completed within five (5) years of the date of school enrollment; and

(2) No credit for hours completed five (5) or more years from the date of school enrollment.

Section 32. Program Transfer Hours. An individual transferring valid hours between board licensed schools or a current licensee choosing to enroll into a licensed school to learn the practice of cosmetology, esthetics, shampoo styling, or nail technology shall complete and submit the Program Hour Transfer Request form. With exceptions as listed in subsections (1) and (2) of this section, an individual shall not transfer hours from one (1) discipline to another. Upon receiving a completed Program Hour Transfer Request form, the board shall treat the transferred valid hours or license as earned credit hours in a cosmetology program subject to the following:

(1)

(a) Transfer of a current esthetics license shall credit the transferee no more than 400 hours in a cosmetology program.

(b) Transfer of a current nail technologist license shall credit the transferee no more than 200 hours in a cosmetology program.

(c) Transfer of a current shampoo styling license shall credit the transferee no more than 300 hours in a cosmetology program.

(d) Transfer of a current barber license shall credit the transferee no more than 750 hours in a cosmetology program.

(2) Credit hours transferred pursuant to this section shall only take effect upon the transferee's completion of the remaining hours necessary to complete a cosmetology program.

Section 33. Emergency Alternative Education. Digital theory content may be administered by a licensed school if authorized by the Executive Director due to a world health concern or crisis or other national, regional, state, or local emergency. The Executive Director may determine when emergency alternative education shall begin and end based on the effect of any declared state of emergency on education standards or by consideration of the nature of the emergency, and shall make determinations in compliance with state and national declarations of emergency. The necessary compliance steps for implementation are as follows:

- (1) Full auditable attendance records shall be kept showing actual contact time spent by a student in the instruction module.
- (2) Milady or Pivot Point supported digital curriculum platforms or recorded video conference participation shall be used.
- (3) Schools shall submit an outline to the board within ten (10) days of the occurrence of the alternative education defining the content scope to be taught or completed, and a plan for a transition into a digital training environment. Plans may be submitted for approval by the board to be kept for future use if emergency alternative education is allowable.
- (4) Completion certificates showing final scoring on digital modules shall be maintained in student records.
- (5) Schools and students shall comply with Section 4 of this administrative regulation on accessible hours.
- (6) A student shall not accrue more than the total required theory instruction hours outlined in the instructional sections in emergency alternative education time as established in Sections 3(1)(a), 7(1)(a), 13(1)(a), and 15(1)(a) of this administrative regulation.
- (7) The board may determine eligibility for accruals based on duration of the crisis and applicable time limits for alternative emergency education availability.

Section 34. Incorporation by Reference. The following material is incorporated by reference:

- (1)
 - (a) "Certification of Student Extracurricular Event Hours", December 2024;
 - (b) "Enrollment Correction Application", December 2024; and
 - (c) "Program Hour Transfer Request Form", December 2024.

(2) This material may be inspected, copied, or obtained, subject to applicable copyright law, at the Kentucky Board of Cosmetology, 1049 US Hwy 127 S, Annex #2, Frankfort, Kentucky 40601, Monday through Friday, 8 a.m. to 4:30 p.m. This material is also available on the board's Web site at kbc.ky.gov.

(201 KAR 012:082. 2 Ky.R. 182; eff. 11-12-1975; 3 Ky.R. 388; eff. 12-1-1976; 7 Ky.R. 483; 640; eff. 2-4-1981; 11 Ky.R. 1441; eff. 5-14-1985; 16 Ky.R. 1605; eff. 4-12-1990; 22 Ky.R. 613; 1452; eff. 1-25-1996; 23 Ky.R. 2195; 2969; eff. 3-14-1997; 30 Ky.R. 962; 1565; 1910; eff. 2-16-2004; 40 Ky.R. 374; 1027; eff. 12-6-2013; 44 Ky.R. 1113; 1502; eff. 2-2-2018; 44 Ky.R. 2364; 45 Ky.R. 17; eff. 8-6-2018; 45 Ky.R. 1727, 2335; eff. 3-8-2019; 46 Ky.R. 2303, 2888; eff. 7-30-2020; TAm eff. 3-24-2021; 48 Ky.R. 1627, 2196; eff. 5-3-2022; 48 Ky.R. 403, 1046; eff. 1-31-2023; 51 Ky.R. 1884; 52 Ky.R. 373; eff. 12-2-2025.)

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