

BOARDS AND COMMISSIONS
KENTUCKY BOARD OF LICENSED DIABETES EDUCATORS
(Amended After Comments)

201 KAR 45:130. Continuing education.

RELATES TO: KRS 309.337, 309.339

STATUTORY AUTHORITY: KRS 309.331

CERTIFICATION STATEMENT:

NECESSITY, FUNCTION, AND CONFORMITY: KRS 309.337 requires licensees to provide documentation of the successful completion of board-approved continuing education credits and that waivers and extensions of continuing education may be approved at the discretion of the board. KRS 309.331(1) requires the board to promulgate administrative regulations establishing continuing education requirements. This administrative regulation establishes continuing education requirements for licensed diabetes educators.

Section 1. Accrual of Continuing Education Hours.

(1)

(a) The annual continuing education accrual period shall be from November 1 of each year to October 31 of the next year.

(b) Prior to renewal of a diabetes educator license or apprentice diabetes educator permit for the next licensure period, a licensee or permit holder shall have earned at least fifteen (15) hours of approved continuing education.

(2) No more than fifteen (15) hours of continuing education shall be carried over into the next continuing education period.

(3) It shall be the responsibility of each licensee to finance the costs of continuing education.

Section 2. Methods of Acquiring Continuing Education Hours.

(1) Continuing education hours for license or permit renewal shall have a substantial emphasis on diabetes and be presented at a professional level that enhances the quality and effectiveness of diabetes self-management education.

(2) A licensee or permit holder shall obtain continuing education courses from any of the following continuing education providers or programs approved by the providers:

(a) American Association of Diabetes Educators (AADE);

(b) American Diabetes Association (ADA);

(c) Academy of Nutrition and Dietetics (AND);

(d) Accreditation Council for Pharmacy Education (ACPE);

(e) Accreditation Council for Continuing Medical Education (ACCME-AMA);

(f) American Nurses Credentialing Center (ANCC);

(g) American Academy of Family Physicians (AAFP);

(h) American Academy of Nurse Practitioners (AANP);

(i) American Academy of Optometry (AAO);

(j) American Academy of Physician Assistants (AAPA);

(k) American Association of Clinical Endocrinologists (AACE);

(l) American College of Endocrinology (ACE);

(m) American College of Sports Medicine (ACSM);

(n) American Medical Association (AMA) or its Kentucky affiliate;

(o) American Nurses Association (ANA);

(p) American Occupational Therapy Association (AOTA);

(q) American Physical Therapy Association (APTA);

(r) American Psychological Association (APA);

- (s) Commission on Dietetic Registration (CDR);
- (t) Council on Continuing Medical Education (CCME-AOA);
- (u) Council on Podiatric Medical Education (CPME-APMA);
- (v) International Diabetes Federation (IDF);
- (w) National Association of Clinical Nurse Specialists (NACNS);
- (x) National Association of Social Workers (NASW);
- (y) Kentucky Board of Nursing (KBN);
- (z) Kentucky Board of Pharmacy;
- (aa) Kentucky Board of Medical Licensure;
- (bb) Kentucky Nurses Association (KNA); or
- (cc) National Board for Certification in Occupational Therapy (NBCOT®).

Section 3. Recordkeeping of Continuing Education Hours.

- (1) A licensee or permit holder shall maintain a record of all continuing education courses attended for at least two (2) years after attending the course.
- (2) Appropriate documentation to be kept shall include:
 - (a) Proof of attendance;
 - (b) Date of activity;
 - (c) Description of activity;
 - (d) Total hours of instruction, excluding breaks; and
 - (e) The name of the continuing education provider or program approved by the providers listed in Section 2.(2) above..
- (3)
 - (a) Each licensee or permit holder shall sign a statement on the Renewal Application form incorporated by reference in 201 KAR 45:120, indicating compliance with the continuing education requirements.
 - (b) A license or permit shall not be renewed without the licensee signing this sworn statement.

Section 4. Reconsideration.

- (1) A licensee or permit holder may request the board to reconsider its denial of a continuing education course. The request shall be filed with the board in writing.
- (2)
 - (a) A licensee or permit holder shall file the request for reconsideration pursuant to KRS Chapter 13B within thirty (30) calendar days of notification of the denial.
 - (b) The request will be reviewed by the board at its next regularly scheduled meeting.

Section 5. Auditing of Continuing Education.

- (1) During the annual renewal period, the board shall conduct a random audit of up to fifteen (15) percent of current licensees and permit holders.
- (2) Each licensee or permit holder selected for audit shall submit documentation of completion of continuing education units from the current license year to the board no later than the end of the current license period.
- (3) A licensee or permit holder who fails to comply with the audit request or the continuing education requirements shall be subject to disciplinary action.

E. BLAIR LYKINS, Board Chair

APPROVED BY AGENCY: February 11, 2026
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