

BOARDS AND COMMISSIONS

Board of Licensure and Certification for Dietitians and Nutritionists (New Administrative Regulation)

201 KAR 33:081. Scope of practice.

RELATES TO: KRS 310.005, 310.021, 310.031, 310.041

STATUTORY AUTHORITY: KRS 310.041

CERTIFICATION STATEMENT:

NECESSITY, FUNCTION, AND CONFORMITY: KRS 310.041 requires the board to promulgate administrative regulations to implement KRS 310.005, 310.021, 310.031, 310.040, 310.041, 310.042, 310.050, 310.070, and 310.990. This administrative regulation establishes the scope of practice for a licensed dietitian or certified nutritionist.

Section 1. Scope of Practice. A licensed dietitian shall practice dietetics or nutrition consistent with the skills and procedures in the Commission on Dietetic Registration's: Revised 2024 Scope and Standards of Practice for the Registered Dietitian Nutritionist. A certified nutritionist shall practice nutrition consistent with the nutritionist's level of training and competence in the practice of nutrition.

Section 2. Incorporation by Reference.

(1) The following material is incorporated by reference: "Commission on Dietetic Registration's: Revised 2024 Scope and Standards of Practice for the Registered Dietitian Nutritionist", revised 2024, is incorporated by reference.

(2) This material may be inspected, copied, or obtained, subject to applicable copyright law, at the Kentucky Board of Licensure and Certification for Dietitians and Nutritionists, 500 Mero Street, Frankfort, Kentucky 40601, Monday through Friday, 8 a.m. to 4:30 p.m. This material is also available on the board's Web site at <https://bdn.ky.gov>.

201 KAR 33:081

ERIN ELIASSEN, Chair

APPROVED BY AGENCY: July 15, 2026

FILED WITH LRC: July 16, 2026 at 3:30 p.m.

PUBLIC HEARING AND COMMENT PERIOD: A public hearing on this administrative regulation shall be held on October 27, 2026, at 1:00 P.M. Eastern Time, at the Mayo-Underwood Building, 500 Mero Street, Frankfort, Kentucky in PPC Conference Room 127CW. Individuals interested in being heard at this hearing shall notify this agency in writing by five workdays prior to the hearing, of their intent to attend. If no notification of intent to attend the hearing was received by that date, the hearing may be cancelled. A transcript of the public hearing will not be made unless a written request for a transcript is made. If you do not wish to be heard at the public hearing, you may submit written comments on the proposed administrative regulation. Written comments shall be accepted through October 31, 2026. Send written notification of intent to be heard at the public hearing or written comments on the proposed administrative regulation to https://ppc.ky.gov/reg_comment.aspx or the contact person.

CONTACT PERSON: Name: Sara Boswell Janes, Title: Staff Attorney III, Agency: Department of Professional Licensing, Office of Legal Services Address: 500 Mero Street Phone Number: (502) 782-2709 (office) Fax: (502) 564-4818 Email: Sara.Janes@ky.gov Link to public comment portal: https://ppc.ky.gov/reg_comment.aspx