

1 A RESOLUTION declaring May Mental Health Month in Kentucky.

2 WHEREAS, mental health is essential to everyone's overall health and well-being;

3 and

4 WHEREAS, all Americans experience times of difficulty and stress in their lives;

5 and

6 WHEREAS, prevention is an effective way to reduce the burden of mental health

7 conditions; and

8 WHEREAS, there is strong research that diet, exercise, sleep, and stress

9 management can help all Americans protect their health and well-being; and

10 WHEREAS, mental health conditions are real and prevalent in our nation and in

11 this Commonwealth; and

12 WHEREAS, with effective treatment, those individuals with mental health

13 conditions can recover and lead full, productive lives; and

14 WHEREAS, each business, school, government agency, healthcare provider,

15 organization, and citizen shares the burden of mental health problems and has a

16 responsibility to promote mental wellness and support prevention efforts;

17 NOW, THEREFORE,

18 *Be it resolved by the House of Representatives of the General Assembly of the*

19 *Commonwealth of Kentucky:*

20 ➔Section 1. The House of Representatives declares May as Mental Health Month
21 in Kentucky.

22 ➔Section 2. The House of Representatives calls upon the citizens, government
23 agencies, public and private institutions, business, and schools to recommit their
24 communities to increasing awareness and understanding of mental health.

25 ➔Section 3. The Clerk of the House of Representatives is directed to transmit a
26 copy of this Resolution to Representative Kimberly Poore Moser.