

1 A RESOLUTION recognizing February 5, 2021, as National Wear Red Day in  
2 Kentucky.

3 WHEREAS, cardiovascular diseases are the number one killer of women in the  
4 United States; and

5 WHEREAS, cardiovascular diseases kill one woman almost every 80 seconds in the  
6 United States; and

7 WHEREAS, heart disease and stroke can affect all women at any age. Heart attacks  
8 are on the rise in younger generations of women, and younger women are less likely to be  
9 aware of knowing the warning signs of heart attacks and strokes; and

10 WHEREAS, cardiovascular diseases kill one in three women, but about 80 percent  
11 of cardiac events can be prevented through education and lifestyle changes; and

12 WHEREAS, all women are encouraged to move more, eat smart, and manage blood  
13 pressure to reduce their risk of cardiovascular disease; and

14 WHEREAS, the American Heart Association's Go Red for Women movement  
15 motivates women to learn their family history and to meet with a healthcare provider to  
16 determine their risk for cardiovascular diseases and stroke; and

17 WHEREAS, as the trusted, passionate, and relevant force for change to eradicate  
18 heart disease and stroke in women, the American Heart Association's Go Red for Women  
19 movement remains steadfast and committed to meeting the comprehensive health needs  
20 of women at every life stage;

21 NOW, THEREFORE,

22 ***Be it resolved by the Senate of the General Assembly of the Commonwealth of***  
23 ***Kentucky:***

24 ➔Section 1. In recognition of the importance of the ongoing fight against heart  
25 disease and stroke, this body hereby proclaims February 5, 2021, to be National Wear  
26 Red Day in Kentucky, and urges all citizens to show their support for women and the  
27 fight against heart disease by commemorating this day by wearing the color red. By

1 increasing awareness, speaking out about heart disease, and empowering women to  
2 reduce their risk for cardiovascular diseases, we can save thousands of lives each year.

3       ➔Section 2. The Clerk of the Senate is directed to transmit a copy of this  
4 Resolution to Senator Ralph Alvarado.