

1 A RESOLUTION declaring May 2021 to be Mental Health Month in Kentucky.

2 WHEREAS, mental health is essential to everyone's overall health and well-being;
3 and

4 WHEREAS, mental health conditions are real and prevalent in our nation and in
5 this Commonwealth; and

6 WHEREAS, one in five people struggle with mental health issues throughout
7 America; and

8 WHEREAS, all Americans experience times of difficulty and stress in their lives;
9 and

10 WHEREAS, the Coronavirus pandemic has caused increased stress and anxiety for
11 many Kentuckians; and

12 WHEREAS, 25.7 percent of Kentuckians have struggled with depression and 17.2
13 percent have struggled with frequent mental distress in 2020; and

14 WHEREAS, prevention is an effective way to reduce the burden of mental health
15 conditions; and

16 WHEREAS, with effective treatment, those individuals with mental health
17 conditions can recover and lead full, productive lives; and

18 WHEREAS, Kentucky ranks 19th out of the 50 states for providing access to
19 mental health services; and

20 WHEREAS, each business, school, government agency, healthcare provider,
21 organization, and citizen shares the burden of mental health problems and has a
22 responsibility to promote mental wellness and support prevention efforts;

23 NOW, THEREFORE,

24 ***Be it resolved by the Senate of the General Assembly of the Commonwealth of***
25 ***Kentucky:***

26 ➔Section 1. The Senate declares May 2021 to be Mental Health Month in
27 Kentucky.

1 ➔Section 2. The Senate calls upon citizens, government agencies, public and
2 private institutions, businesses, and schools to commit their communications to
3 increasing awareness and understanding of mental health.

4 ➔Section 3. The Clerk of the Senate is directed to transmit a copy of this
5 Resolution to Senator Ralph Alvarado.