

1           A RESOLUTION establishing the fourth Wednesday in February to be  
2 Hypertrophic Cardiomyopathy Awareness Day in Kentucky.

3           WHEREAS, hypertrophic cardiomyopathy (HCM) is a chronic cardiovascular  
4 disease involving the thickening of the heart muscle and can potentially lead to  
5 debilitating symptoms and serious complications including heart failure, atrial fibrillation,  
6 stroke, and, in rare cases, sudden cardiac death; and

7           WHEREAS, HCM is the most common heritable heart disease, can affect anyone  
8 regardless of age, gender, or ethnicity, and has a reported prevalence ranging from one in  
9 every 200 to 500 people in the general population; and

10           WHEREAS, an estimated 700,000 people in the United States have HCM, yet 85  
11 percent of them may remain undiagnosed; and

12           WHEREAS, HCM shares symptoms with other common cardiovascular and  
13 pulmonary diseases such as shortness of breath, chest pain, fatigue, palpitations, and  
14 fainting, making it difficult to distinguish HCM from these other diseases; and

15           WHEREAS, the all-cause mortality risk is three to four times higher in patients with  
16 HCM than the general population; and

17           WHEREAS, knowing one's medical history and the signs and symptoms of HCM is  
18 an important first step in receiving an accurate diagnosis of HCM; and

19           WHEREAS, a healthcare provider may conduct several tests, including an  
20 echocardiogram, a cardiac MRI, or genetic testing to confirm a family history of HCM  
21 and must examine the heart to diagnose HCM; and

22           WHEREAS, following a diagnosis of HCM, it is important for patients to work  
23 with their healthcare provider to learn more about their disease and understand different  
24 management options, including prescription medicines and surgical treatment options that  
25 may help; and

26           WHEREAS, the fourth Wednesday in February is an appropriate day to observe  
27 Hypertrophic Cardiomyopathy Awareness Day;

1           NOW, THEREFORE,

2       *Be it resolved by the House of Representatives of the General Assembly of the*  
3       *Commonwealth of Kentucky:*

4           ➔Section 1.   The House of Representatives does hereby establish the fourth  
5       Wednesday of February to be Hypertrophic Cardiomyopathy Awareness Day.

6           ➔Section 2.   The House of Representatives acknowledges the critical importance  
7       of hypertrophic cardiomyopathy awareness to improve cardiovascular health in the  
8       Commonwealth.

9           ➔Section 3.   The House of Representatives supports raising awareness of the  
10       consequences of undiagnosed and untreated hypertrophic cardiomyopathy and the need to  
11       seek appropriate care for hypertrophic cardiomyopathy as a serious public health issue.

12          ➔Section 4.   The House of Representatives respectfully requests the Governor to  
13       issue annually a proclamation recognizing the fourth Wednesday in February as  
14       Hypertrophic Cardiomyopathy Awareness Day in the Commonwealth of Kentucky and  
15       calls upon the people to observe a day with appropriate programs and activities.

16          ➔Section 5.   The Clerk of the House of Representatives is directed to transmit a  
17       copy of this Resolution to Representative Kimberly Poore Moser for delivery.