

1 A RESOLUTION establishing the fourth Wednesday in February to be
2 Hypertrophic Cardiomyopathy Awareness Day in Kentucky.

3 WHEREAS, hypertrophic cardiomyopathy (HCM) is a chronic cardiovascular
4 disease involving the thickening of the heart muscle and can potentially lead to
5 debilitating symptoms and serious complications including heart failure, atrial fibrillation,
6 stroke, and, in rare cases, sudden cardiac death; and

7 WHEREAS, HCM is the most common heritable heart disease, can affect anyone
8 regardless of age, gender, or ethnicity, and has a reported prevalence ranging from one in
9 every 200 to 500 people in the general population; and

10 WHEREAS, an estimated 700,000 people in the United States have HCM, yet 85
11 percent of them may remain undiagnosed; and

12 WHEREAS, HCM shares symptoms with other common cardiovascular and
13 pulmonary diseases such as shortness of breath, chest pain, fatigue, palpitations, and
14 fainting, making it difficult to distinguish HCM from these other diseases; and

15 WHEREAS, the all-cause mortality risk is three to four times higher in patients with
16 HCM than the general population; and

17 WHEREAS, knowing one's medical history and the signs and symptoms of HCM is
18 an important first step in receiving an accurate diagnosis of HCM; and

19 WHEREAS, a healthcare provider may conduct several tests, including an
20 echocardiogram, a cardiac MRI, or genetic testing to confirm a family history of HCM
21 and must examine the heart to diagnose HCM; and

22 WHEREAS, following a diagnosis of HCM, it is important for patients to work
23 with their healthcare provider to learn more about their disease and understand different
24 management options, including prescription medicines and surgical treatment options that
25 may help; and

26 WHEREAS, the fourth Wednesday in February is an appropriate day to observe
27 Hypertrophic Cardiomyopathy Awareness Day;

1 NOW, THEREFORE,

2 *Be it resolved by the House of Representatives of the General Assembly of the*
3 *Commonwealth of Kentucky:*

4 ➔Section 1. The House of Representatives does hereby establish the fourth
5 Wednesday of February to be Hypertrophic Cardiomyopathy Awareness Day.

6 ➔Section 2. The House of Representatives acknowledges the critical importance
7 of hypertrophic cardiomyopathy awareness to improve cardiovascular health in the
8 Commonwealth.

9 ➔Section 3. The House of Representatives supports raising awareness of the
10 consequences of undiagnosed and untreated hypertrophic cardiomyopathy and the need to
11 seek appropriate care for hypertrophic cardiomyopathy as a serious public health issue.

12 ➔Section 4. The House of Representatives respectfully requests the Governor to
13 issue annually a proclamation recognizing the fourth Wednesday in February as
14 Hypertrophic Cardiomyopathy Awareness Day in the Commonwealth of Kentucky and
15 calls upon the people to observe a day with appropriate programs and activities.

16 ➔Section 5. The Clerk of the House of Representatives is directed to transmit a
17 copy of this Resolution to Representative Kimberly Poore Moser for delivery.