

1 A RESOLUTION designating February 2, 2024, as Wear Red Day.

2 WHEREAS, cardiovascular disease is the leading cause of death in women,  
3 claiming more lives than all forms of cancer combined, and yet only 44 percent of  
4 women recognize that cardiovascular disease is their greatest health threat; and

5 WHEREAS, among females aged 20 years and older, nearly 45 percent are living  
6 with some form of cardiovascular disease, and less than half of women entering  
7 pregnancy in the United States have optimal cardiovascular health; and

8 WHEREAS, cardiovascular disease is the leading cause of maternal death in the  
9 United States; and

10 WHEREAS, most cardiac and stroke events can be prevented through education  
11 and lifestyle changes, such as moving more, eating smart, and managing blood pressure;  
12 and

13 WHEREAS, in 2020, stroke caused the deaths of 90,627 females in the United  
14 States, which was approximately 56.5 percent of total stroke deaths; and

15 WHEREAS, women are often less likely to receive bystander cardiopulmonary  
16 resuscitation (CPR) because rescuers often fear accusations of inappropriate touching,  
17 sexual assault, or injuring the victim; and

18 WHEREAS, there are significant biological differences between men and women,  
19 and clinical trials have not always adequately enrolled women or analyzed sex-specific  
20 differences in the data, and as of 2020, only 38 percent of cardiovascular clinical research  
21 trial participants were women; and

22 WHEREAS, since 2004, the American Heart Association's Go Red for Women  
23 movement has addressed the awareness and clinical care gaps of women's greatest health  
24 threat, cardiovascular disease, and, on the cusp of the American Heart Association's  
25 100th anniversary, continues to make bold moves to save lives and pioneer scientific  
26 discoveries;

27 NOW, THEREFORE,

1 *Be it resolved by the Senate of the General Assembly of the Commonwealth of*  
2 *Kentucky:*

3       ➔Section 1. The Senate does hereby designate February 2, 2024, as Wear Red  
4 Day.

5       ➔Section 2. The Senate recognizes the importance of the ongoing fight against  
6 heart disease and stroke.