

1 A CONCURRENT RESOLUTION continuing the Make America Healthy Again  
2 Kentucky Task Force to explore ways to integrate the principles of the Make America  
3 Healthy Again movement to improve health outcomes of Kentuckians.

4 WHEREAS, improving public health and reducing the prevalence of chronic  
5 diseases are critical to the health and well-being of Kentucky citizens and to the state's  
6 prosperity; and

7 WHEREAS, the Make America Healthy Again (MAHA) movement promotes  
8 health freedom by allowing individuals to make informed choices about their health care;  
9 and

10 WHEREAS, the MAHA movement supports reducing the prevalence of chronic  
11 diseases by improving lifestyle and dietary choices; and

12 WHEREAS, there is strong evidence that poor diet and lack of exercise contribute  
13 to the high rates of chronic diseases in Kentucky; and

14 WHEREAS, approximately 74 percent of adults in the United States are overweight  
15 or obese; and

16 WHEREAS, Kentucky has one of the highest adult obesity rates compared to other  
17 states, with approximately 30 percent of adults classified as obese; and

18 WHEREAS, Kentucky has a childhood obesity rate of approximately 20 percent for  
19 children between the ages of 10 and 17 years old; and

20 WHEREAS, in 2023, the leading cause of death in Kentucky was heart disease,  
21 with an age-adjusted death rate of 197.1 per 100,000 residents, and as much as 80 percent  
22 of heart disease and stroke is preventable with lifestyle changes; and

23 WHEREAS, the MAHA movement advocates for increasing public access to  
24 nutritious and unprocessed foods to promote a diet that supports good health; and

25 WHEREAS, the MAHA movement advocates for minimizing population exposure  
26 to environmental toxins and pollutants that contribute to respiratory diseases, heart  
27 disease, and other chronic conditions; and

1           WHEREAS, the MAHA movement calls for transparent, science-based health  
2 policies and recommendations that are in the best interest of the public and are free from  
3 undue corporate influence;

4           NOW, THEREFORE,

5 ***Be it resolved by the Senate of the General Assembly of the Commonwealth of***  
6 ***Kentucky, the House of Representatives concurring therein:***

7           ➔Section 1. The General Assembly supports the goals of the Make America  
8 Healthy Again movement, and in doing so:

9           (1) Supports policies that increase access to clean, whole foods across Kentucky  
10 to enhance nutrition and reduce diet-related diseases;

11           (2) Encourages access to local, fresh produce in schools, communities, and  
12 markets through initiatives like farmers' markets and farm-to-school programs;

13           (3) Encourages public health efforts to educate Kentuckians on healthy living,  
14 good nutrition, and chronic disease prevention;

15           (4) Urges state and local health agencies to collaborate with schools and  
16 community organizations to expand public health programs that focus on empowering  
17 individuals and families with knowledge on how to manage their own health through  
18 good nutrition, regular physical activity, and avoidance of harmful substances;

19           (5) Urges legislative and regulatory updates to align agricultural and health  
20 policies, including:

21           (a) Creating incentives for the production and consumption of nutritious foods in  
22 Kentucky;

23           (b) Encouraging Kentuckians to make healthy food choices, including reducing  
24 reliance on highly processed, high sugar products, through education and policy  
25 incentives; and

26           (c) Addressing environmental health risks to improve overall public health  
27 outcomes;

1 (6) Recognizes the role of immunity as a factor in public health policy alongside  
2 other preventive measures; and

3 (7) Encourages state health officials to consider evidence of immunity from prior  
4 illness as part of broader health guidelines and emergency response plans.

5 ➔Section 2. (1) The Legislative Research Commission shall establish the  
6 Make America Healthy Again Kentucky Task Force.

7 (2) The duties of the task force shall include but are not limited to:

8 (a) Exploring ways that Kentucky can integrate the MAHA movement principles  
9 into state laws, policies, and programs to improve the overall health of Kentuckians,  
10 including the "Take Back Your Health" and "Eat Real Food" initiatives;

11 (b) Reviewing strategies that Kentucky may use to improve health outcomes  
12 through:

- 13 1. Encouraging dietary and lifestyle changes;
- 14 2. Expanding public awareness efforts on healthy nutrition and lifestyles;
- 15 3. Reducing public exposure to environmental toxins; and
- 16 4. Increasing public awareness and input into state health policies; and

17 (c) Building on recommendations from the 2025 Make America Healthy Again  
18 Kentucky Task Force relating to:

19 1. Healthy food initiatives including:

20 a. The Food is Medicine collaboration of the Kentucky Department of  
21 Agriculture and the Kentucky Hospital Association;

22 b. The purchase of healthy foods with Supplemental Nutritional Assistance  
23 Program (SNAP) dollars and the connections between SNAP and the Medicaid program;

24 c. Improvement of healthy meals and nutrition education in schools; and

25 d. Increased access to foods that are not ultra-processed;

26 2. Physical health and wellness including:

27 a. Strengthening of school physical education requirements;

- 1       b.    Improving local school wellness policies; and
- 2       c.    Strengthening efforts to improve the overall health of Kentuckians; and
- 3       3.    Functional medicine including:
- 4       a.    Increasing health care provider education on integrating nutrition and diet
- 5 strategies for improving health outcomes for chronic disease;
- 6       b.    Improving health insurance coverage of functional medicine programs; and
- 7       c.    Encouraging the integration of functional medicine principles in preventative
- 8 health initiatives.

9       ➔Section 3.   The Make America Healthy Again Kentucky Task Force shall be  
10 composed of the following members with final membership of the task force being  
11 subject to the consideration and approval of the Legislative Research Commission:

12       (1)   Three members of the House of Representatives appointed by the Speaker of  
13 the House of Representatives, one of whom shall be designated by the Speaker of the  
14 House of Representatives as a co-chair of the task force;

15       (2)   Three members of the Senate appointed by the President of the Senate, one of  
16 whom shall be designated by the President of the Senate as a co-chair of the task force;

17       (3)   One member of the House of Representatives appointed by the Minority Floor  
18 Leader of the House; and

19       (4)   One member of the Senate appointed by the Minority Floor Leader of the  
20 Senate.

21       ➔Section 4.   The Make America Healthy Again Kentucky Task Force shall at a  
22 minimum meet monthly during the 2026 Interim of the General Assembly and shall  
23 submit recommendations to the Governor and to the Legislative Research Commission  
24 for referral to the Interim Joint Committee on Families and Children by December 1,  
25 2026.

26       ➔Section 5.   Provisions of this Resolution to the contrary notwithstanding, the  
27 Legislative Research Commission shall have the authority to alternatively assign the

1 issues identified herein to an interim joint committee or subcommittee thereof, and to  
2 designate a study completion date.

3       ➔Section 6. The Clerk of the Senate is directed to transmit a copy of this  
4 Resolution to the Governor, each member of Kentucky's Congressional delegation, and  
5 the secretary of the Cabinet for Health and Family Services, the Commissioner of the  
6 Kentucky Department of Agriculture, and the commissioner of the Kentucky Department  
7 of Education, for review and consideration in advancing the goals of the Make America  
8 Healthy Again movement to make Kentucky healthy again.