

3. The insurer shall annually evaluate whether a provider qualifies for a PA exemption;
4. The insurer shall notify each provider that qualifies for a PA exemption within 30 days after the annual evaluation;
5. Insurers shall make available to a provider the requirements the provider must meet to participate in the program.

Section 1 (3) would establish several options an insurer may offer, including a PA exemption for prescription drugs, a PA exemption to a health care provider group rather than individually for each provider in that group, and conditioning a provider's eligibility to participate in the program on satisfying one or more of the following criteria:

1. The provider has entered into a value-based care agreement with the insurer;
2. The provider has participated in the program for a minimum period not to exceed one year;
3. The provider complies with interoperability standards and has entered into an electronic health record access agreement with the insurer.
4. Require a provider meet utilization criteria for a health care service in the previous evaluation period in order to qualify for a PA exemption for that service; or
5. Authorizing an insurer to revoke or suspend a provider's PA exemption if the insurer has evidenced the provider has engaged in fraud or abuse, or the provider's utilization meets or exceeds prescribed maximum utilization.

Section 1 would apply to any insurer or its private review agent providing or performing utilization review in connection with a health benefit plan and any private review agent performing utilization review functions on behalf of a person providing and administering health benefit plans.

HB 423 SCS 1 would have a negative fiscal impact on local governments that provide health insurance requiring prior authorization for health care services. The fiscal impact of HB 423 SCS 1 is unchanged from the fiscal impact of HB 423 GA. According to the Fiscal Impact Report for HB 423 submitted February 18, 2025 almost 60% of health plans use a prior authorization exemption program. That report projects 2025 Kentucky average premium per member per month (PMPM) at \$711.60, and an impact from the bill on premiums PMPM at \$0.05 - \$5.29.

Most health insurance plans, and the Kentucky Employees Health Plan (KEHP) in which many local governments participate, do require prior authorization for numerous services, and for certain prescription drugs. Foregoing prior authorization could result in increased utilization of health care services and so cause insurance premiums to increase, which would have a negative fiscal impact on local governments. The American Medical Association believes prior authorization requirements often cause delays in necessary health care, leading to poorer health outcomes and often more expensive treatments. If this is the case it's possible that eliminating prior authorization requirements would have a positive fiscal impact on local governments in the long term.

Data Source(s): Kentucky League of Cities; Kentucky Association of Counties; LRC staff; Internet research re: the American Medical Association; Fiscal Impact Report – BR 278/HB 423, February 18, 2025

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