

**Kentucky Department of Insurance  
Initial Cost Defrayal  
Statement**

After reviewing BR 122/ HB 178 as currently drafted, the Department's initial determination is that this bill does not contain a mandated health benefit that would result in the state being required to make payments to defray costs under 42 U.S.C sec 18031(d)(3) and 45 C.F.R. sec 155.170, as amended.

Therefore, a cost defrayal analysis will not be performed.

*Sharon P. Clark*

1/13/2026

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(Signature of Commissioner/Date)

# **Fiscal Impact Report – BR122**

## *Psychiatric Collaborative Care Model Reimbursement*

PREPARED FOR THE KENTUCKY DEPARTMENT OF INSURANCE

JANUARY 14, 2026

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## Introduction

Lewis & Ellis, LLC (L&E) was engaged by the Kentucky Department of Insurance (KY DOI) to perform a fiscal impact analysis of BR122, which would mandate that health benefit plans that provide coverage for a treatment of a mental health condition shall provide reimbursement for those benefits that are delivered through the psychiatric collaborative care model.<sup>a</sup>

Kentucky Revised Statute (KRS) 6.948<sup>b</sup> mandates that the sponsor of any bill proposing a health benefit mandate must request a health mandate fiscal impact statement from the Kentucky Department of Insurance (DOI). This statement must be completed within 30 days of the request and should include the following:

1. An assessment of the impact of the mandated health benefit on administrative expenses, premiums, and the overall cost of healthcare including any potential future cost savings.
2. Supporting documentation, including studies, written opinions, calculations, and citations that validate the findings and conclusions.
3. An estimate of any potential cost savings in the future, along with an explanation of why the bill would or would not lead to such savings, and
4. A certification confirming the accuracy of the information provided.

Additionally, KRS 6.948 mandates that the sponsor of any bill proposing a health benefit mandate must also request a federal cost defrayal impact statement from the Kentucky DOI. This statement must be completed within 30 days of the request. The federal defrayal cost impact statement shall:

1. Indicate whether a bill or amendment that contains a mandated health benefit may result in the state being required to make payments to defray costs.
2. If applicable, indicate which provision(s) of the bill or amendment may trigger the requirement to make payments to defray the costs.
3. If applicable, include an estimate of the payment amount that the state may be required to make if the bill or amendment is enacted into law.

L&E is tasked with performing the health mandate fiscal impact and federal cost defrayal impact analyses for the Kentucky insurance market, excluding the Kentucky Employee Health Plan (KEHP) and the Kentucky Medicaid programs. The fiscal impact analyses for these programs are performed by other entities. For this analysis, L&E reviewed literature, gathered statistics from public sources<sup>c</sup>, and used data from the KY DOI's 2024 Insurer Annual Data report.

## Administrative Expense Impact Analysis

The proposed bill is estimated to have **an immaterial (within +/- 0.05%) impact on administrative expenses**, based upon our analysis of the proposed mandate and our experience with similar health insurance benefits. It is our assumption that insurers either already provide

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<sup>a</sup> Coverage may still be subject to prior authorization for medical necessity or other utilization review.

<sup>b</sup> As amended by 2024 House Bill 635.

<sup>c</sup> Including reports for other states who have considered or passed similar legislation.

coverage for the mandated benefits or the additional administrative requirements imposed by this mandate would not significantly impact the administrative costs relative to current levels.

## Premium Impact Analysis

To estimate BR122's premium impact, L&E evaluated data from KY DOI's 2024 Insurer Annual Data report and publicly available sources. L&E used the collected information and data to estimate the aggregate premium impact range.

### COVERAGE FOR PSYCHIATRIC COLLABORATIVE CARE MODEL

The psychiatric collaborative care model is an approach for integrating behavioral health care into primary care settings to treat common conditions such as depression and anxiety. This model is an often less expensive alternative to other outpatient treatments.

Based on L&E's industry knowledge and publicly available research<sup>1</sup>, it is assumed that only a negligible portion of health benefit plans do not already cover and reimburse care provided through a psychiatric collaborative care model.

### RESULTING PREMIUM IMPACT ESTIMATE

Given the level of current coverage and reimbursement assumed, the proposed bill is estimated to have **an immaterial (within +/- 0.05%) impact on premium**, based upon our analysis of the proposed mandate.

## Total Cost of Health Care Impact Analysis

L&E defines 'Total Cost of Health Care' as being equal to the sum of the Allowed Cost (i.e., the amount paid by the insurer plus the amount paid by the insured) and the insurer Non-Benefit Expenses. Additionally, as required by KRS 6.948, L&E considered the impact of potential future cost savings.

### POTENTIAL FOR FUTURE COST SAVINGS

L&E recognizes the potential for long-term savings through enhanced affordability and efficiency in treating mental health benefits through this model. There is existing research indicating that the collaborative care model is generally lower cost or comparable to alternative outpatient mental health treatments.<sup>2 3</sup> Studies across several settings have found that the collaborative care model is cost effective and, in some cases, can reduce healthcare expenditures.<sup>4 5</sup>

Research suggests that the collaborative care model has the potential for long-term cost savings compared to higher-cost alternatives. However, given the level of current coverage and reimbursement assumed, L&E does not anticipate this mandate to materially alter the current mix of services. Therefore, L&E estimates the potential future savings impact of BR122 to be immaterial (within  $\pm 0.05\%$ ).

### RESULTING TOTAL COST OF HEALTH CARE IMPACT ESTIMATE

The proposed bill is estimated to have **an immaterial (within +/- 0.05%) impact on total cost of health care**, including potential future cost savings, based upon our analysis of the proposed mandate and our experience with similar health insurance benefits.

## Cost Defrayal Impact Analysis

Based on L&E’s research and actuarial judgment, L&E determined that this bill does not contain a mandated health benefit that would result in the state being required to make payments to defray costs under 42 U.S.C sec 18031(d)(3) and 45 C.F.R. sec 155.170, as amended. This is based on the understanding that the proposed mandate does not mandate coverage but rather mandates certain reimbursement practices for health benefit plans that do provide coverage for treatment of mental health conditions. Additionally, this is based on the understanding that provider reimbursement and care delivery method mandates do not trigger defrayal.

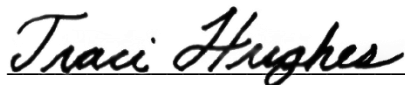
L&E has disclosed its defrayal determination based on its earnest interpretation of federal guidance available as of the date of this report. However, determination of defrayal is ultimately under the regulatory purview of Centers for Medicare and Medicaid Services (CMS).

## Certification of Accuracy

L&E believes the estimates are accurate based on the information disclosed in the report. To the extent that there are material inaccuracies, misrepresentations, or lack of adequate disclosure in the data, the results may be accordingly affected. Several of the assumptions made in this analysis are subject to uncertainty and it is expected that actual results could differ from the calculated estimates.



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1/13/2026

(Signature of Commissioner/Date)

## ASOP 41 Disclosures

The Actuarial Standards Board (ASB), vested by the U.S.-based actuarial organizations<sup>d</sup>, promulgates actuarial standards of practice (ASOPs) for use by actuaries when providing professional services in the United States.

Each of these organizations requires its members, through its Code of Professional Conduct<sup>e</sup>, to observe the ASOPs of the ASB when practicing in the United States. ASOP 41 provides guidance to actuaries with respect to actuarial communications and requires certain disclosures which are contained in the following.

### Identification of the Responsible Actuary

The responsible actuaries are:

- Bobby Dorman, ASA, MAAA, Vice President & Consulting Actuary
- Traci Hughes, FSA, MAAA, Vice President & Principal

These actuaries are available to provide supplementary information and explanation.

### Identification of Actuarial Documents

The date of this document is January 14, 2026. The date (a.k.a. “latest information date”) through which data or other information has been considered in performing this analysis is January 14, 2026.

### Disclosures in Actuarial Reports

- The contents of this report are intended for the use of the Kentucky Department of Insurance. The authors of this report are aware that it may be distributed to third parties. Any third party with access to this report acknowledges, as a condition of receipt, that they cannot bring suit, claim, or action against L&E, under any theory of law, related in any way to this material.
- Lewis & Ellis, LLC is financially and organizationally independent from the health insurers and providers involved in this analysis. There is nothing that would impair or seem to impair the objectivity of the work.
- The purpose of this report is to assist the Kentucky Department of Insurance in assessing the financial impact and federal cost defrayal impact of proposed legislation that includes a proposed health benefit mandate.
- The responsible actuaries identified above are qualified as specified in the Qualification Standards of the American Academy of Actuaries.
- L&E has reviewed the data provided by the insurers and Kentucky Department of Insurance for reasonableness, but the data has not been audited. L&E nor the responsible actuaries assume responsibility for these items that may have a material impact on the analysis. To the extent that there are material inaccuracies in, misrepresentations in, or lack of adequate disclosure by the data, the results may be accordingly affected.

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<sup>d</sup> The American Academy of Actuaries (Academy), the American Society of Pension Professionals and Actuaries, the Casualty Actuarial Society, the Conference of Consulting Actuaries, and the Society of Actuaries.

<sup>e</sup> These organizations adopted identical *Codes of Professional Conduct* effective January 1, 2001.

- Several of the assumptions made in this analysis are subject to uncertainty and it is not unexpected that actual results could differ from the calculated estimates.
- L&E is not aware of any subsequent events that may have a material effect on the findings.
- There are no other documents or files that accompany this report.

**Actuarial Findings**

The actuarial findings of the report can be found in the body of this report.

## Bibliography

- <sup>1</sup> American Psychiatric Association. (2022, June). *Coverage of psychiatric collaborative care model (CoCM) codes by payers*. Retrieved February 5, 2025, from <https://www.psychiatry.org/getmedia/c2b57396-00a3-4d46-90db-7bf3414014d3/Coverage-Psychiatric-CoCM-Codes-Payers.pdf>.
- <sup>2</sup> Unützer, J., Ratzliff, A., & Katon, W. J. (2022). The collaborative care model: An approach for integrating physical and mental health care in Medicaid health homes. *Journal of General Internal Medicine*, 37(Suppl 1), 32–39. <https://doi.org/10.1007/s11606-021-07198-7>.
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- <sup>4</sup> Katon, W., Von Korff, M., Lin, E., Simon, G., Walker, E., Unützer, J., Bush, T., & Russo, J. (2004). The pathways study: A randomized trial of collaborative care in patients with diabetes and depression. *Psychiatric Services*, 54(5), 698–704. <https://doi.org/10.1176/appi.ps.54.5.698>.
- <sup>5</sup> New Jersey Psychiatric Association. (n.d.). *Collaborative care model: Improving outcomes and reducing costs*. Retrieved from <https://www.njpsychiatry.org/wp-content/uploads/2019/10/CCM-Outcomes.pdf>.