

Kentucky Department of Insurance
Initial Cost Defrayal
Statement

After reviewing BR 133/ HB 386 as currently drafted, the Department's initial determination is that this bill contains a mandated health benefit that may result in the state being required to make payments to defray costs under 42 U.S.C sec 18031(d)(3) and 45 C.F.R. sec 155.170, as amended. This is due to the provision found on page 2, line 13, which mandates coverage for up to 2 years postpartum. This is understood to be an increase to the current coverage implemented, as required by the ACA, for up to 6 months postpartum. Additionally, the proposed mandate covers screening for any accompanying parent or legal guardian, whereas under the ACA this is a maternal benefit. Therefore, in accordance with KRS 304.17A-099(2), if the bill is enacted this provision will not be effective until it no longer triggers cost defrayal under 42 U.S.C sec 18031(d)(3) and 45 C.F.R. sec 155.170, as amended.

Therefore, a cost defrayal analysis will be performed within the statutorily required timeframe.

Sharon P. Clark

1/20/2026

(Signature of Commissioner/Date)

Fiscal Impact Report – BR133/HB386 *Screening for Perinatal Mood Disorders*

PREPARED FOR THE KENTUCKY DEPARTMENT OF INSURANCE

JANUARY 21, 2026

Table of Contents

Introduction..... 3

Administrative Expense Impact Analysis 3

Premium Impact Analysis..... 4

Total Cost of Health Care Impact Analysis 4

Cost Defrayal Impact Analysis 5

Certification of Accuracy..... 5

ASOP 41 Disclosures..... 6

Bibliography 8

Introduction

Lewis & Ellis, LLC (L&E) was engaged by the Kentucky Department of Insurance (KY DOI) to perform a fiscal impact analysis of BR133/HB386, which would mandate that health benefit plans provide coverage for perinatal mood and anxiety disorder screenings for any accompanying parent or legal guardian of a covered child that is less than 2 years of age.

Kentucky Revised Statute (KRS) 6.948^a mandates that the sponsor of any bill proposing a health benefit mandate must request a financial impact statement from the Kentucky Department of Insurance (DOI). This statement must be completed within 30 days of the request and should include the following:

1. An assessment of the impact of the mandated health benefit on administrative expenses, premiums, and the overall cost of healthcare including any potential future cost savings.
2. Supporting documentation, including studies, written opinions, calculations, and citations that validate the findings and conclusions.
3. An estimate of any potential cost savings in the future, along with an explanation of why the bill would or would not lead to such savings, and
4. A certification confirming the accuracy of the information provided.

Additionally, KRS 6.948 mandates that the sponsor of any bill proposing a health benefit mandate must also request a federal cost defrayal impact statement from the Kentucky DOI. This statement must be completed within 30 days of the request. The federal defrayal cost impact statement shall:

1. Indicate whether a bill or amendment that contains a mandated health benefit may result in the state being required to make payments to defray costs.
2. If applicable, indicate which provision(s) of the bill or amendment may trigger the requirement to make payments to defray the costs.
3. If applicable, include an estimate of the payment amount that the state may be required to make if the bill or amendment is enacted into law.

L&E is tasked with performing the health mandate fiscal impact and federal cost defrayal impact analyses for the Kentucky insurance market, excluding the Kentucky Employee Health Plan (KEHP) and the Kentucky Medicaid programs. The fiscal impact analyses for these programs are performed by other entities. For this analysis, L&E reviewed literature, gathered statistics from public sources^b, and used data from the KY DOI's 2024 Insurer Annual Data report.

Administrative Expense Impact Analysis

The proposed bill is estimated to have **an immaterial (within +/- 0.05%) impact on administrative expenses** as a percent of premium, based upon our analysis of the proposed mandate and our experience with similar health insurance benefits. It is our assumption that insurers either already provide coverage for the mandated benefits or the additional

^a As amended by 2024 House Bill 635.

^bIncluding reports for other states who have considered or passed similar legislation.

administrative requirements imposed by this mandate would not significantly impact the administrative costs relative to current levels.

Premium Impact Analysis

To estimate BR133/HB386’s premium impact, L&E evaluated data from KY DOI’s 2024 Insurer Annual Data report and publicly available sources. L&E used the collected information and data to estimate the aggregate premium impact range.

INFORMATION CONSIDERED

The following information was considered in determining the premium impact estimate:

- Maternal mood disorder screening is covered as a preventive care service at well-baby visits as mandated by the Affordable Care Act (ACA) for at least 6 months postpartum^{1,2,3}.
- Preventive screening for anxiety and depression is also covered as a preventive care service by the ACA for the general adult population during annual preventive visits and/or well-woman visits^{4,5}.
- The cost of adding mood disorder screening to an already existing well-child visit is minimal, estimated at around \$15 on average⁶.

RESULTING PREMIUM IMPACT ESTIMATE

Given the information outlined in the prior subsection of this report, the proposed bill is estimated to have **an immaterial (within +/- 0.05%^c) impact on premium**, based upon our analysis of the proposed mandate.

Total Cost of Health Care Impact Analysis

L&E defines ‘Total Cost of Health Care’ as being equal to the sum of the Allowed Cost (i.e., the amount paid by the insurer plus the amount paid by the insured) and the insurer Non-Benefit Expenses. Additionally, as required by KRS 6.948, L&E considered the impact of potential future cost savings.

POTENTIAL FOR FUTURE COST SAVINGS

L&E acknowledges the potential for long-term cost savings if screenings were to prevent higher-severity claims, such as hospital admissions and emergency care. However, screening for perinatal and postpartum mood disorders could also induce utilization in lower-cost settings, such as outpatient psychotherapy. Additionally, the assumed current level of coverage already in place for these screening services would further dampen the effect of the proposed mandate on the current mix of services. Based on experience and actuarial judgment, L&E estimates the impact of potential future savings as a result of the BR133/HB386 to be immaterial (within +/- 0.05%).

RESULTING TOTAL COST OF HEALTH CARE IMPACT ESTIMATE

The proposed bill is estimated to have **an immaterial (within +/- 0.05%) impact on total cost of health care**, including potential future cost savings, based upon our analysis of the proposed mandate and our experience with similar health insurance benefits.

^c 0.05% premium impact translates to approximately \$0.34 per member per month (PMPM).

Cost Defrayal Impact Analysis

Based on L&E's research and actuarial judgment, L&E determined that this bill contains a mandated health benefit that may result in the state being required to make payments to defray costs under 42 U.S.C sec 18031(d)(3) and 45 C.F.R. sec 155.170, as amended. The provision that may trigger this requirement is found on page 2, line 13, which mandates coverage for up to 2 years postpartum. This is understood to be an increase to the current coverage implemented, as required by the ACA, for up to 6 months postpartum. Additionally, the proposed mandate covers screening for *any* accompanying parent or legal guardian, whereas under the ACA this is a maternal benefit.

The estimated annual cost defrayal payment that the state may be required to make is between \$33K and \$356K, which is based on the portion of the mandate claims cost estimate that is attributed to the individual and small group markets.

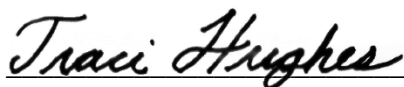
L&E has disclosed its defrayal determination based on its earnest interpretation of federal guidance available as of the date of this report. However, determination of defrayal is ultimately under the regulatory purview of Centers for Medicare and Medicaid Services (CMS).

Certification of Accuracy

L&E believes the estimates are accurate based on the information disclosed in the report. To the extent that there are material inaccuracies, misrepresentations, or lack of adequate disclosure in the data, the results may be accordingly affected. Several of the assumptions made in this analysis are subject to uncertainty and it is expected that actual results could differ from the calculated estimates.



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1/20/2026

(Signature of Commissioner/Date)

ASOP 41 Disclosures

The Actuarial Standards Board (ASB), vested by the U.S.-based actuarial organizations^d, promulgates actuarial standards of practice (ASOPs) for use by actuaries when providing professional services in the United States.

Each of these organizations requires its members, through its Code of Professional Conduct^e, to observe the ASOPs of the ASB when practicing in the United States. ASOP 41 provides guidance to actuaries with respect to actuarial communications and requires certain disclosures which are contained in the following.

Identification of the Responsible Actuary

The responsible actuaries are:

- Bobby Dorman, ASA, MAAA, Vice President & Consulting Actuary
- Traci Hughes, FSA, MAAA, Vice President & Principal

These actuaries are available to provide supplementary information and explanation.

Identification of Actuarial Documents

The date of this document is January 21, 2026. The date (a.k.a. “latest information date”) through which data or other information has been considered in performing this analysis is January 21, 2026.

Disclosures in Actuarial Reports

- The contents of this report are intended for the use of the Kentucky Department of Insurance. The authors of this report are aware that it may be distributed to third parties. Any third party with access to this report acknowledges, as a condition of receipt, that they cannot bring suit, claim, or action against L&E, under any theory of law, related in any way to this material.
- Lewis & Ellis, LLC is financially and organizationally independent from the health insurers and providers involved in this analysis. There is nothing that would impair or seem to impair the objectivity of the work.
- The purpose of this report is to assist the Kentucky Department of Insurance in assessing the financial impact and federal cost defrayal impact of proposed legislation that includes a proposed health benefit mandate.
- The responsible actuaries identified above are qualified as specified in the Qualification Standards of the American Academy of Actuaries.
- L&E has reviewed the data provided by the insurers and Kentucky Department of Insurance for reasonableness, but the data has not been audited. L&E nor the responsible actuaries assume responsibility for these items that may have a material impact on the analysis. To the extent that there are material inaccuracies in, misrepresentations in, or lack of adequate disclosure by the data, the results may be accordingly affected.

^d The American Academy of Actuaries (Academy), the American Society of Pension Professionals and Actuaries, the Casualty Actuarial Society, the Conference of Consulting Actuaries, and the Society of Actuaries.

^e These organizations adopted identical *Codes of Professional Conduct* effective January 1, 2001.

- Several of the assumptions made in this analysis are subject to uncertainty and it is not unexpected that actual results could differ from the calculated estimates.
- L&E is not aware of any subsequent events that may have a material effect on the findings.
- There are no other documents or files that accompany this report.

Actuarial Findings

The actuarial findings of the report can be found in the body of this report.

Bibliography

- ¹ HealthCare.gov. (n.d.). *Preventive care benefits for women*. U.S. Department of Health & Human Services. <https://www.healthcare.gov/preventive-care-women/>
- ² Kaiser Family Foundation. (2024, February 28). *Preventive services covered by private health plans under the Affordable Care Act*. <https://www.kff.org/womens-health-policy/fact-sheet/preventive-services-covered-by-private-health-plans/>
- ³ Turner, K. (2018, September 15). *Well-child visits for infants and young children*. *American Family Physician*, 98(6), 347-353. <https://www.aafp.org/pubs/afp/issues/2018/0915/p347.html>
- ⁴ U.S. Preventive Services Task Force. (2016, January 26). *Screening for depression in adults*. <https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/depression-in-adults-screening?utm>
- ⁵ U.S. Preventive Services Task Force. (2023, June 20). *Screening for anxiety disorders in adults*. <https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/anxiety-adults-screening>
- ⁶ Savoy, M., & O'Gurek, D. (2016, March). Screening your adult patients for depression. *Family Practice Management*, 23(2), 16-20. <https://www.aafp.org/pubs/fpm/issues/2016/0300/p16.html>